

Regional Health Assessment

of Older Adults in

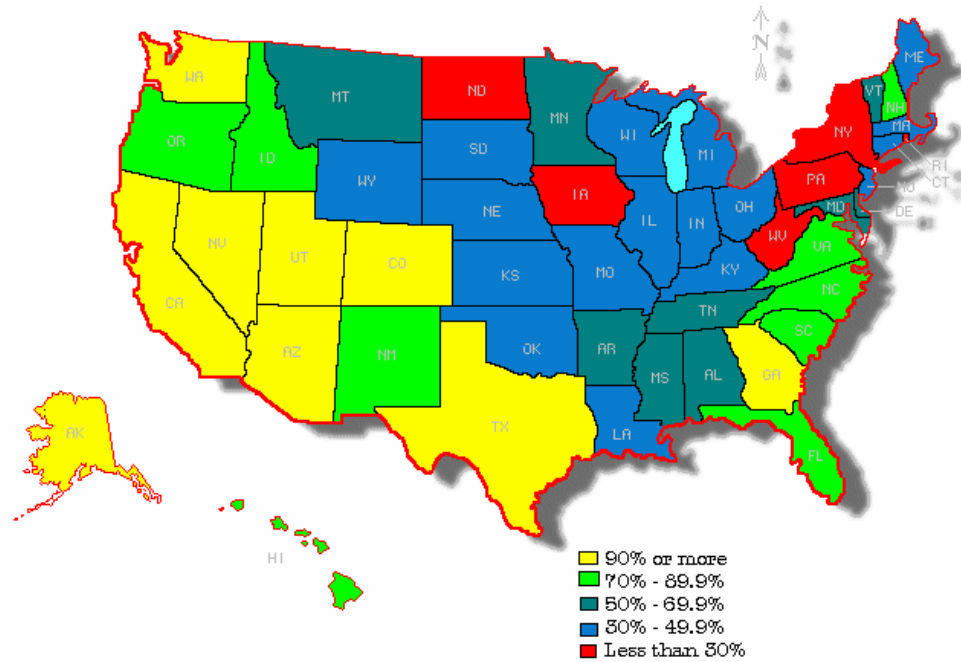
Western North Carolina



The NC Center for Health and Aging completed a regional health assessment of older adults in WNC in 2005. One part of the assessment included a review of secondary data for local, regional, state and national comparisons of key variables of interest. Data sources included Log onto NC (LINC), US Census 2000, Behavioral Risk Factor Surveillance Survey (BRFSS), NC State Center for Health Statistics (NCSCHS), and the NC Health Professions Data System, Sheps Center for Health Services Research.

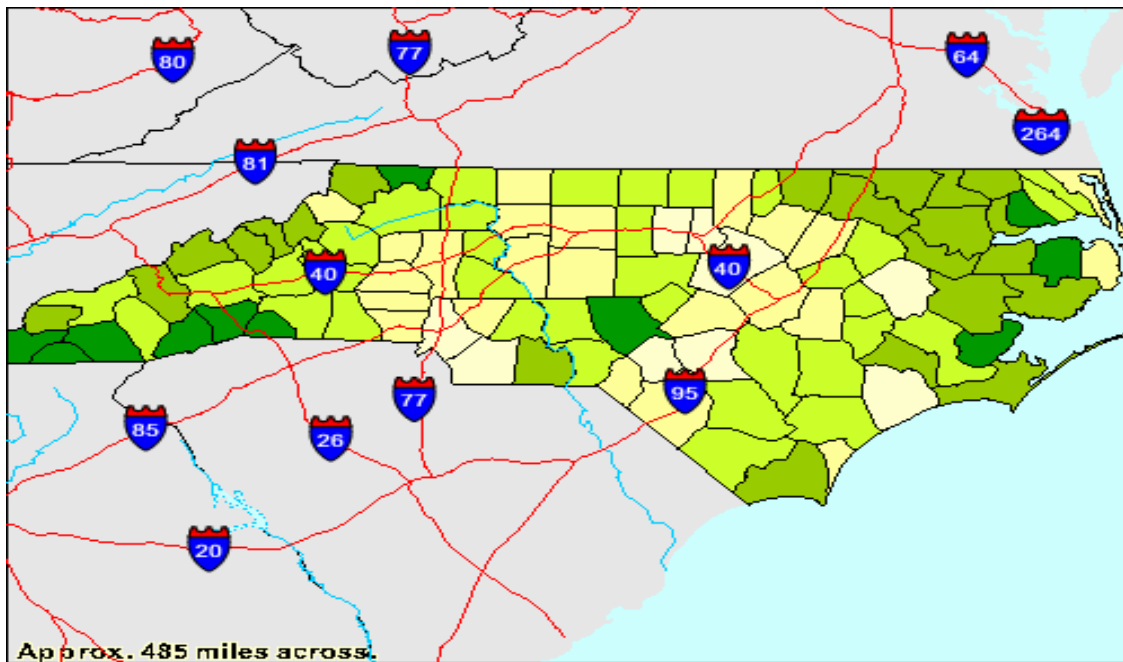
On the following pages are selected slides with accompanying data from the assessment. Sources are listed on either the data table or power point slide.

Percent Increase in Population 65+ 1995 - 2020



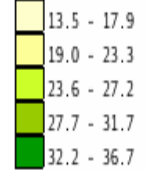
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Source: U.S. Census Bureau



Data Classes

Percent



Features

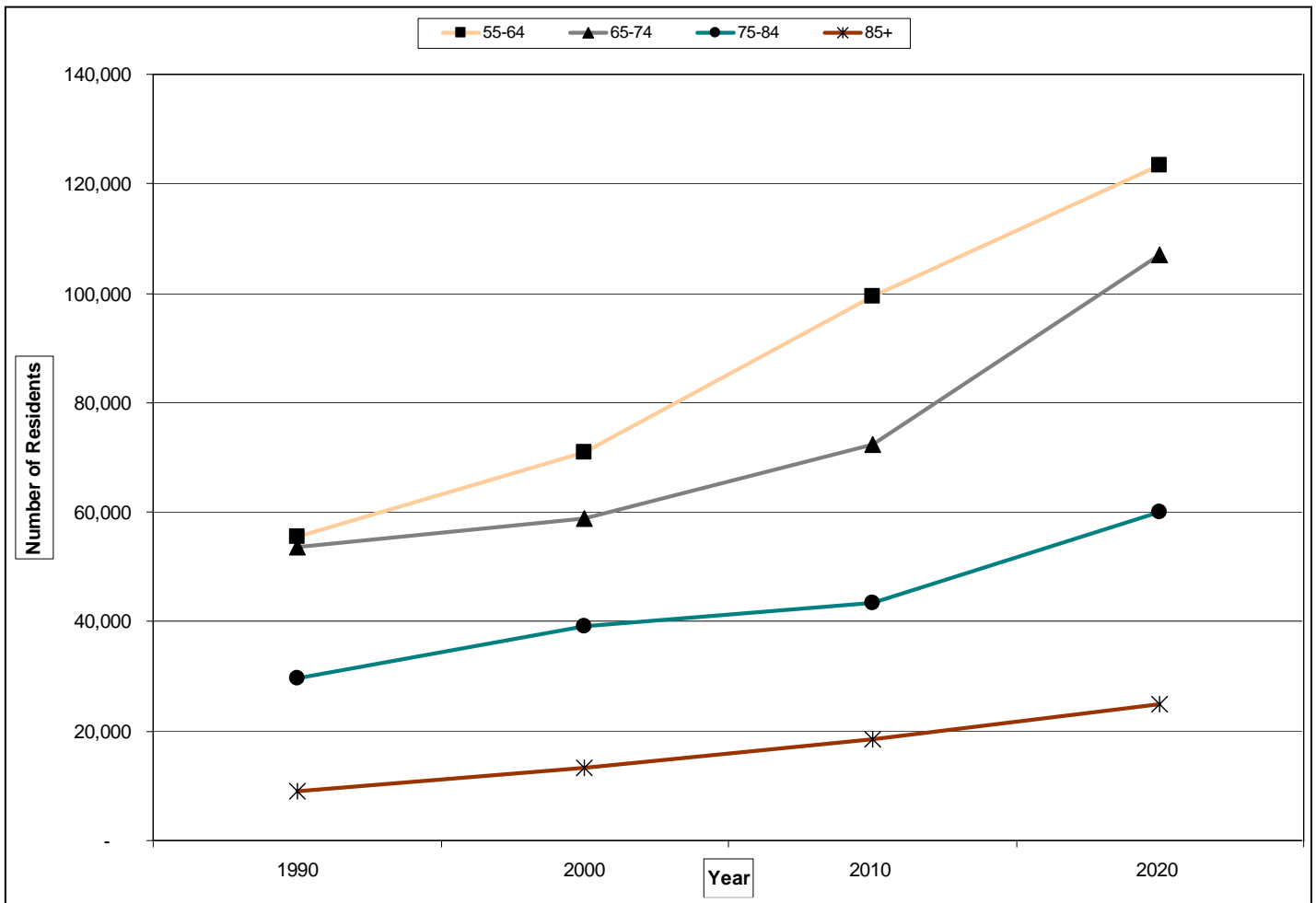
- Major Road
- Street
- Stream/Waterbody
- Stream/Waterbody

Items in gray text are not visible at this zoom level

55+ Population of the Western Region 1990-2020, by Age Group

Age	55-64	65-74	75-84	85+
1990	55,555	53,615	29,773	8,914
2000	71,049	58,878	39,260	13,268
2010	99,426	72,401	43,393	18,495

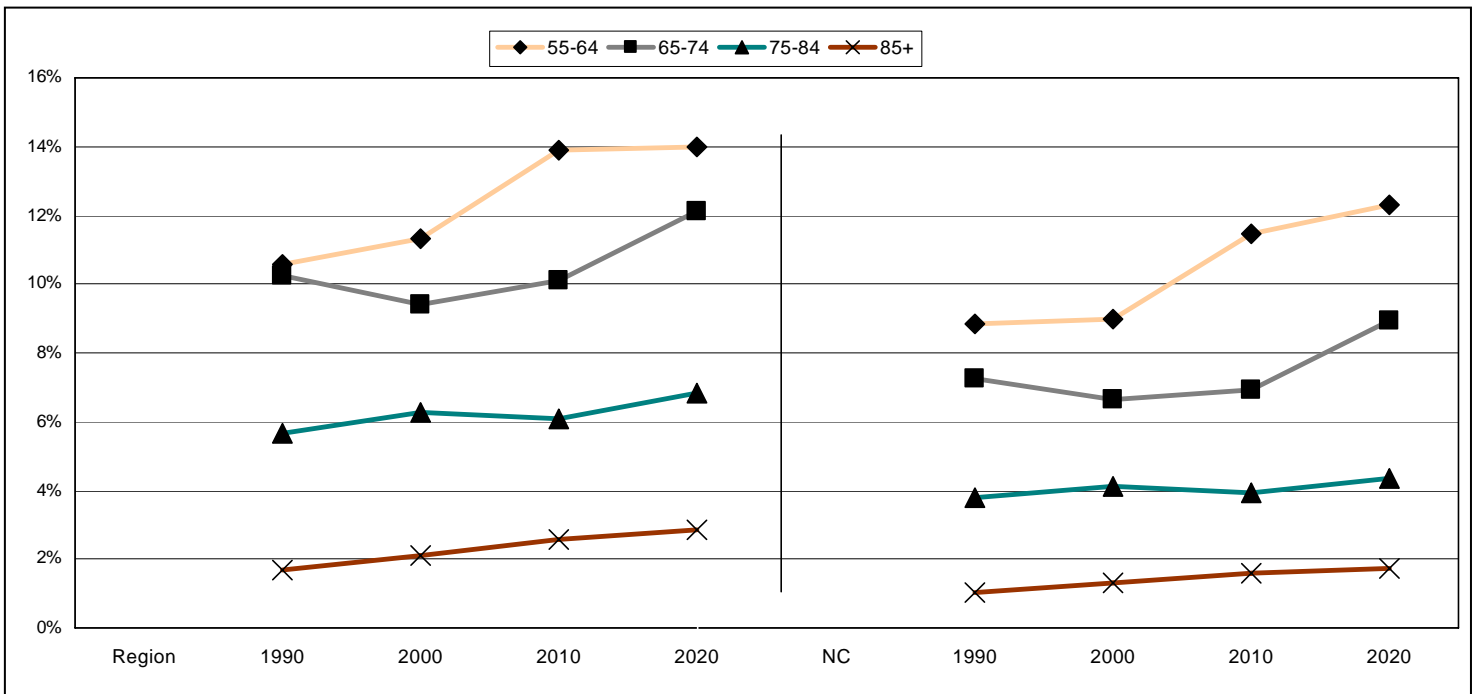
LINC (Log onto North Carolina), North Carolina State Demographics 5-05



Percent of Residents within Senior Age Groups, Western Region and NC, 1990-2020

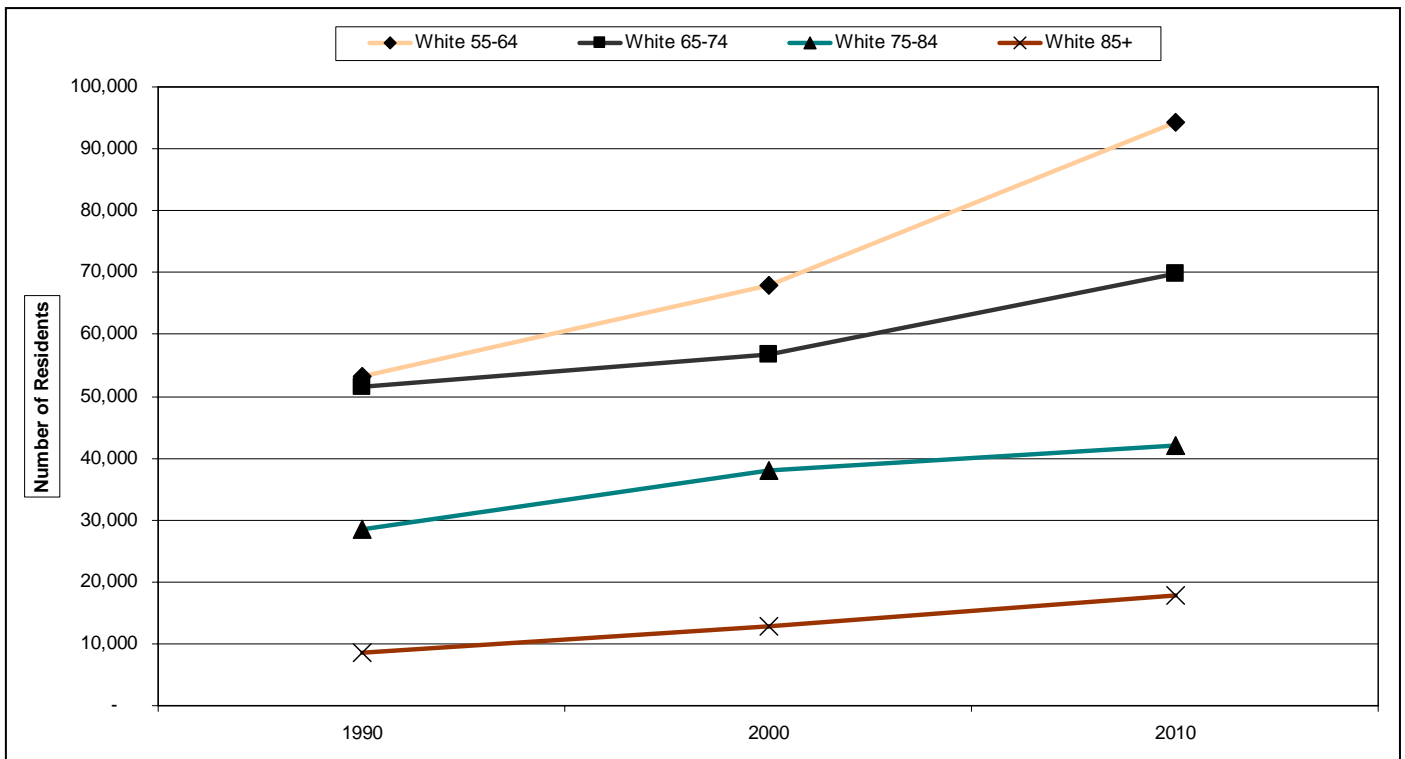
Age	55-64	65-74	75-84	85+
Region				
1990	10.6%	10.2%	5.7%	1.7%
2000	11.3%	9.4%	6.3%	2.1%
2010	13.9%	10.1%	6.1%	2.6%
2020	14.0%	12.1%	6.8%	2.8%
NC				
1990	8.8%	7.3%	3.8%	1.0%
2000	9.0%	6.6%	4.1%	1.3%
2010	11.4%	6.9%	3.9%	1.6%
2020	12.3%	8.9%	4.4%	1.7%

LINC (Log onto North Carolina), North Carolina Demographics, 5-05



White Population of the Western Region by Age, 1990-2010			
Age	1990	2000	2010
55-64	53,166	67,966	94,251
65-74	51,557	56,744	69,721
75-84	28,516	37,906	41,951
85+	8,500	12,789	17,916

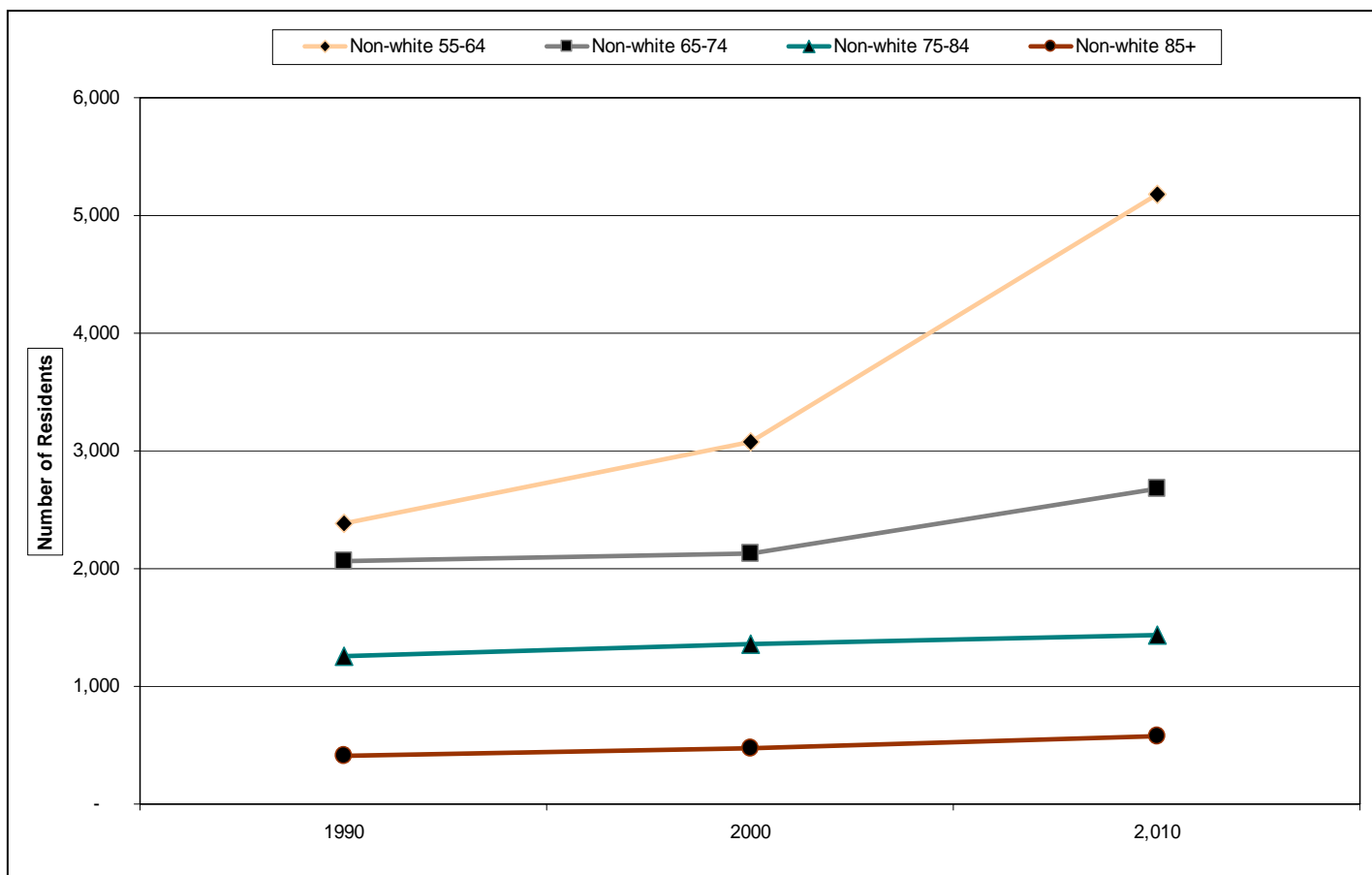
LINC (Log onto North Carolina), 5-05



Non-White Population of the Western Region by Age, 1990-2010

Age	1990	2000	2010
55-64	2,389	3,083	5,175
65-74	2,058	2,134	2,680
75-84	1,257	1,354	1,442
85+	414	479	579

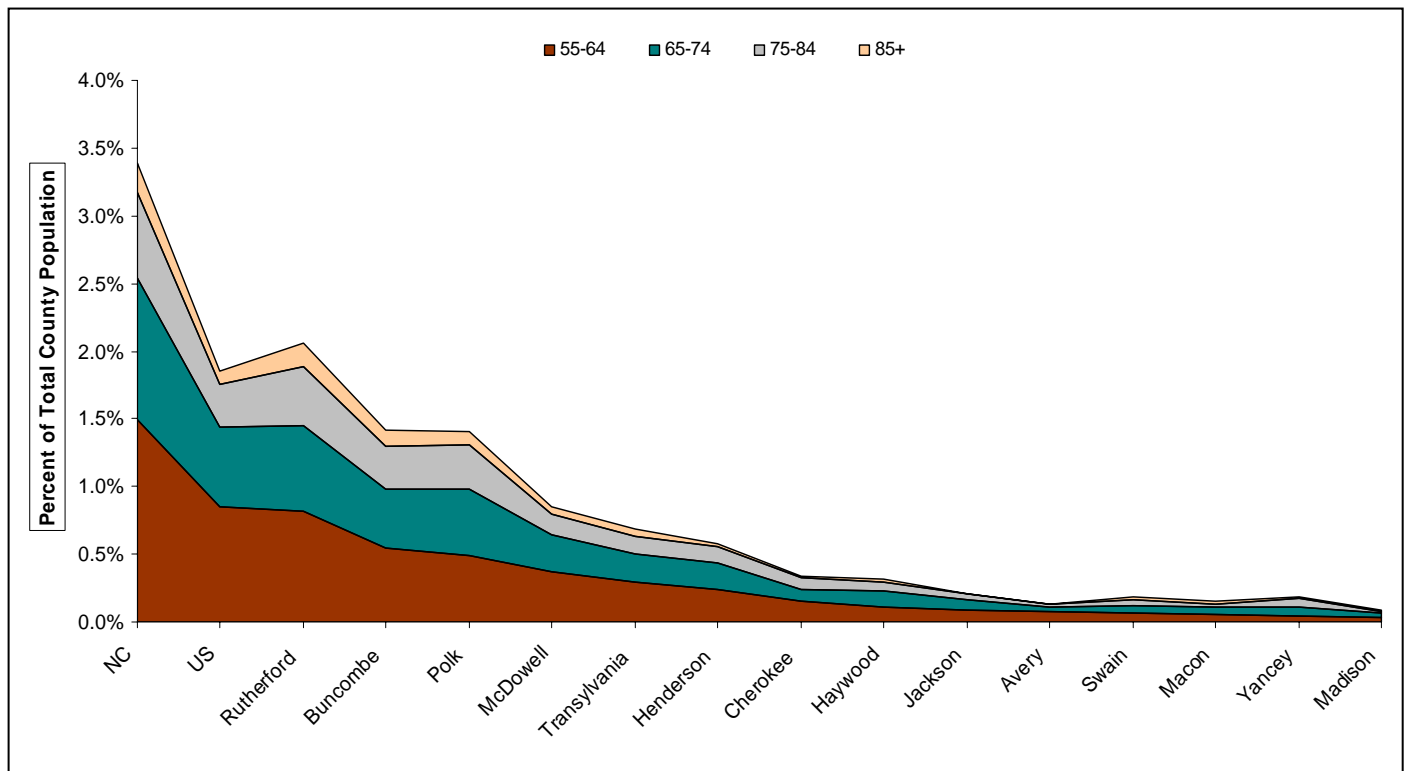
LINC (Log onto North Carolina), 5-05



African-American Seniors as Percentage of Total County Population, by Age Group, 2000

	55-64	65-74	75-84	85+
NC	1.49%	1.05%	0.63%	0.22%
US	0.84%	0.59%	0.32%	0.10%
Rutherford	0.81%	0.64%	0.43%	0.17%
Buncombe	0.55%	0.43%	0.31%	0.12%
Polk	0.49%	0.50%	0.32%	0.10%
McDowell	0.37%	0.27%	0.15%	0.05%
Transylvania	0.30%	0.20%	0.14%	0.05%
Henderson	0.24%	0.19%	0.12%	0.03%
Cherokee	0.16%	0.09%	0.08%	0.01%
Haywood	0.10%	0.12%	0.06%	0.02%
Jackson	0.09%	0.07%	0.04%	0.01%
Avery	0.08%	0.03%	0.02%	0.00%
Swain	0.06%	0.06%	0.04%	0.02%
Macon	0.06%	0.05%	0.03%	0.01%
Yancey	0.05%	0.07%	0.06%	0.01%
Madison	0.04%	0.03%	0.02%	0.01%

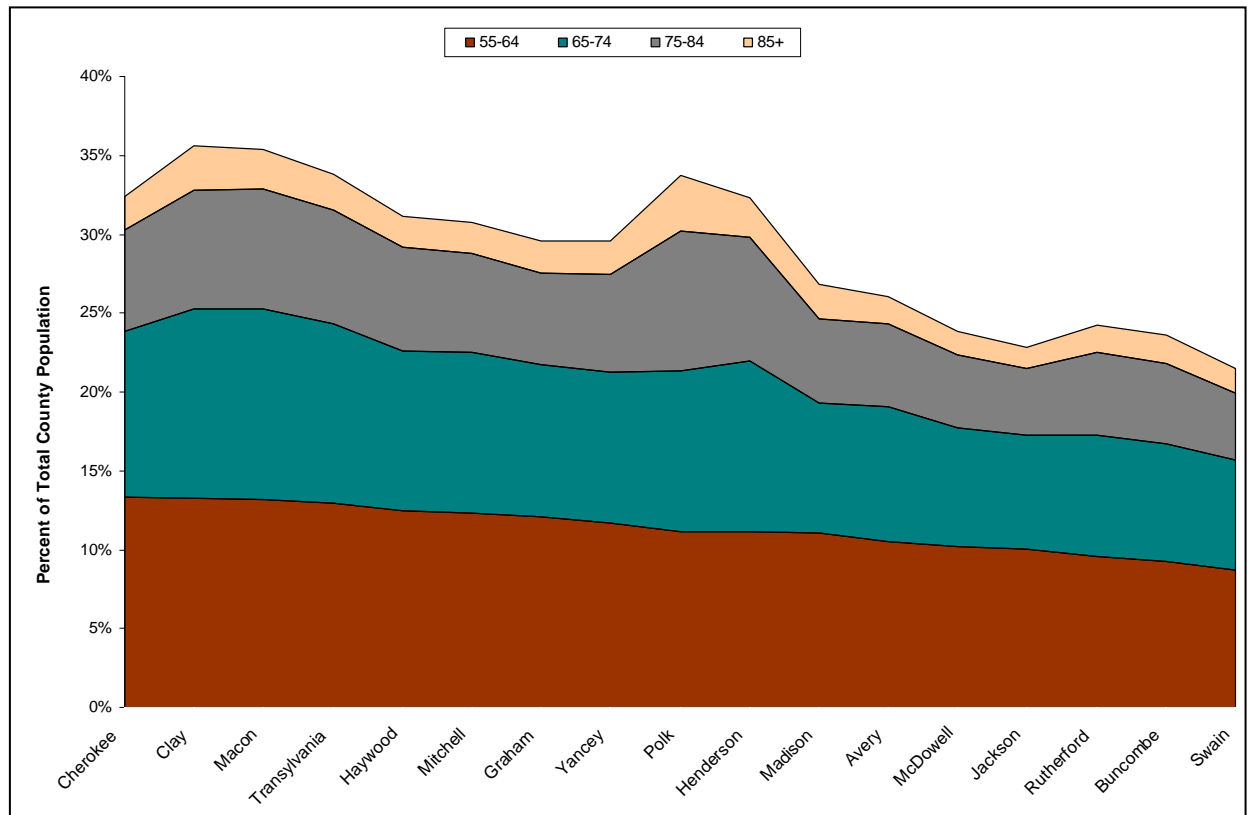
US Census, 2000



White Seniors as Percentage of Total County Population, by Age Group, 2000

County	55-64	65-74	75-84	85+
Cherokee	13.36%	10.46%	6.42%	2.14%
Clay	13.26%	12.00%	7.56%	2.83%
Macon	13.21%	12.03%	7.64%	2.46%
Transylvania	12.92%	11.40%	7.22%	2.25%
Haywood	12.45%	10.18%	6.53%	1.96%
Mitchell	12.34%	10.19%	6.24%	1.97%
Graham	12.09%	9.63%	5.81%	2.08%
Yancey	11.69%	9.59%	6.17%	2.13%
Polk	11.17%	10.18%	8.88%	3.47%
Henderson	11.14%	10.86%	7.83%	2.46%
Madison	11.08%	8.19%	5.39%	2.13%
Avery	10.53%	8.53%	5.29%	1.68%
McDowell	10.22%	7.52%	4.60%	1.47%
Jackson	10.01%	7.26%	4.24%	1.30%
Rutherford	9.60%	7.67%	5.23%	1.76%
Buncombe	9.24%	7.43%	5.14%	1.78%
Swain	8.68%	7.02%	4.23%	1.58%

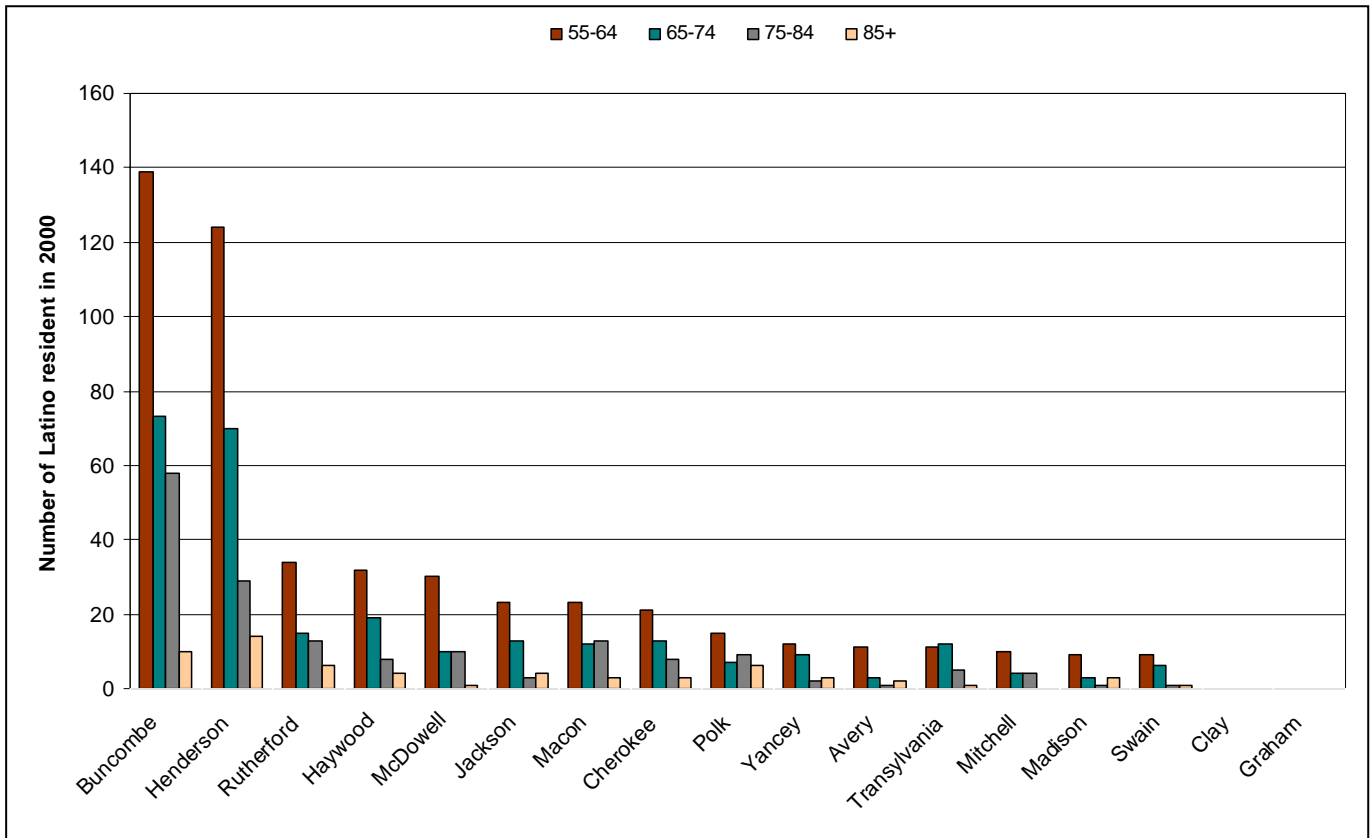
US Census, 2000



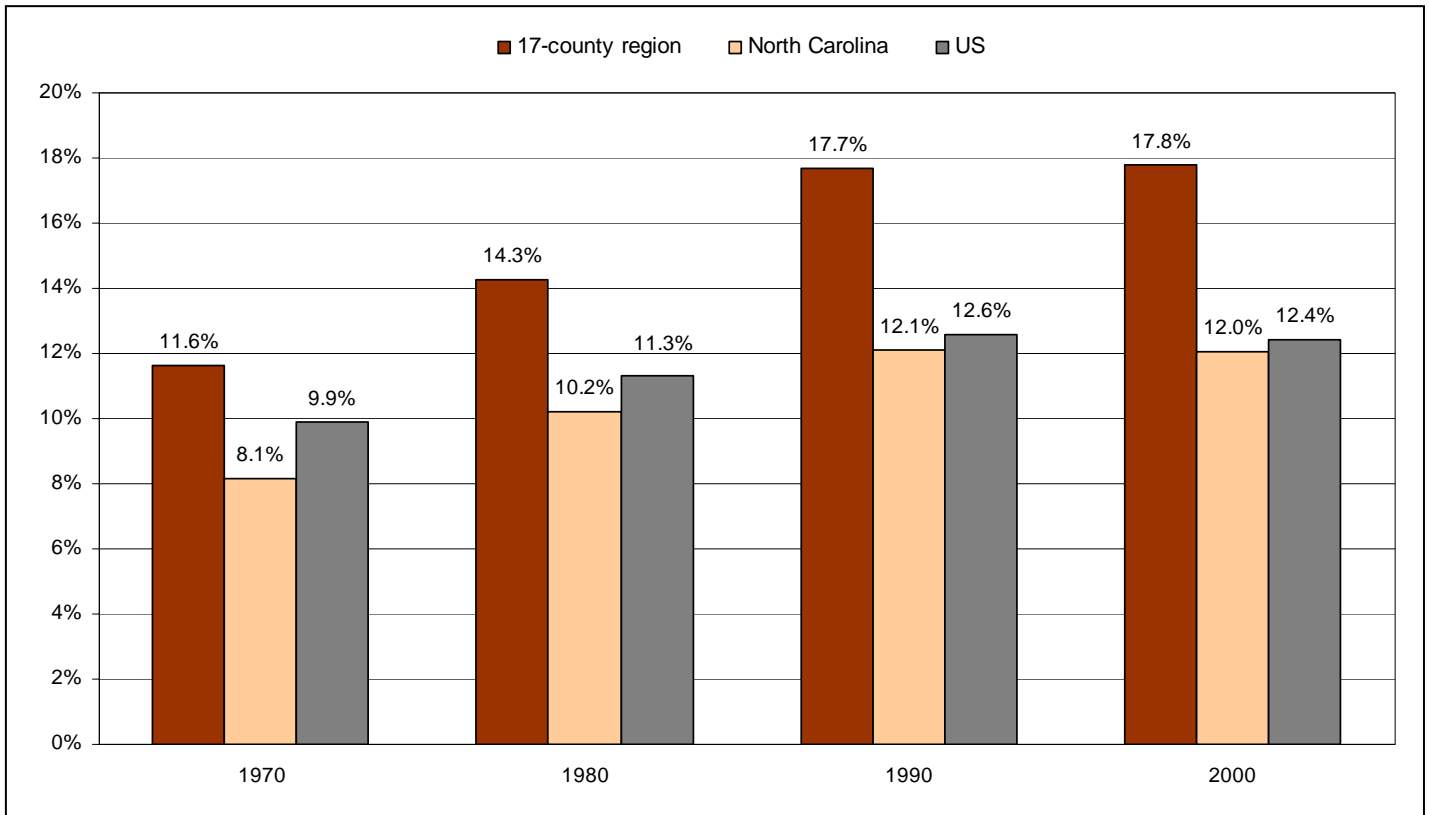
Senior Latino Population in Western Counties, by Age (2000)

County	55-64	65-74	75-84	85+
Buncombe	139	73	58	10
Henderson	124	70	29	14
Rutherford	34	15	13	6
Haywood	32	19	8	4
McDowell	30	10	10	1
Jackson	23	13	3	4
Macon	23	12	13	3
Cherokee	21	13	8	3
Polk	15	7	9	6
Yancey	12	9	2	3
Avery	11	3	1	2
Transylvania	11	12	5	1
Mitchell	10	4	4	0
Madison	9	3	1	3
Swain	9	6	1	1

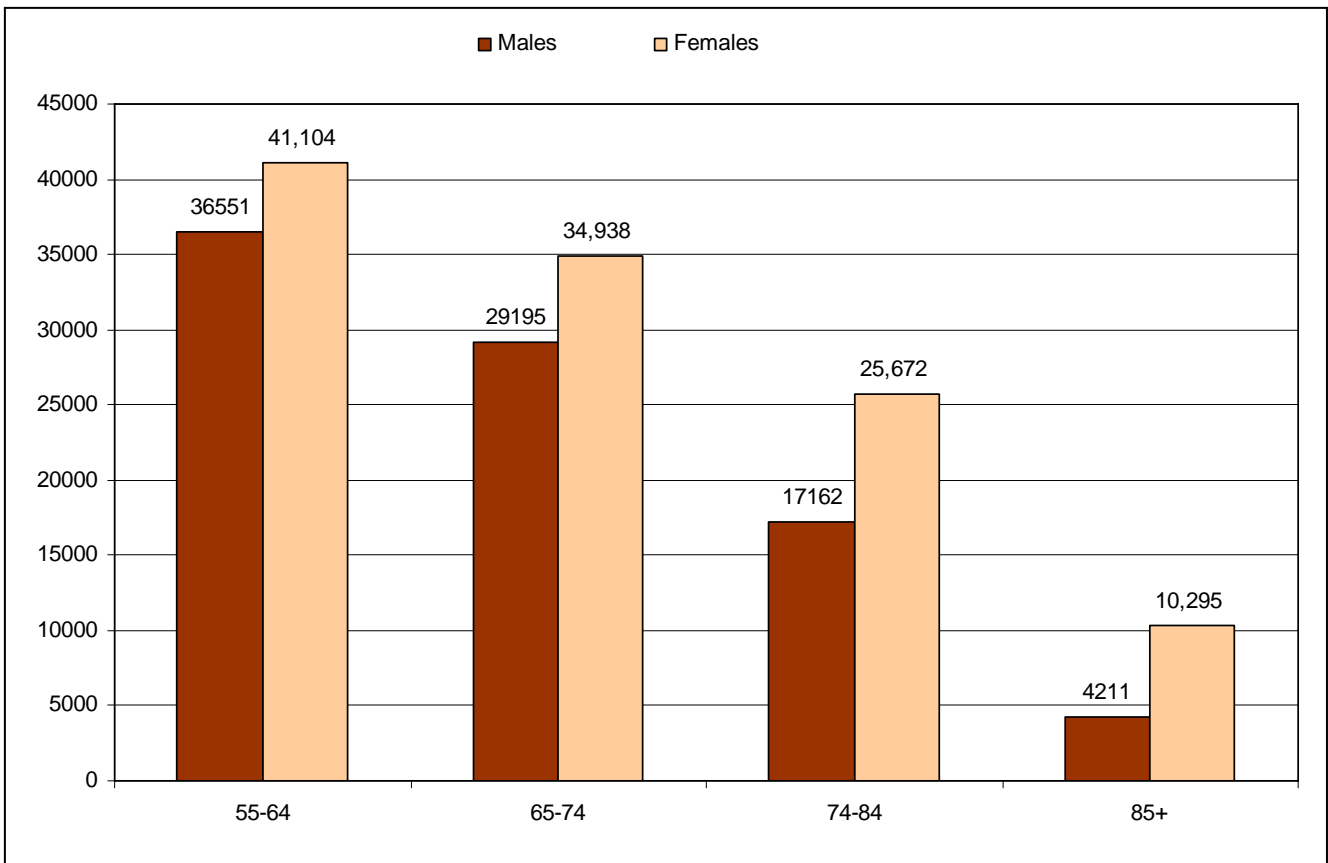
US Census, 2000



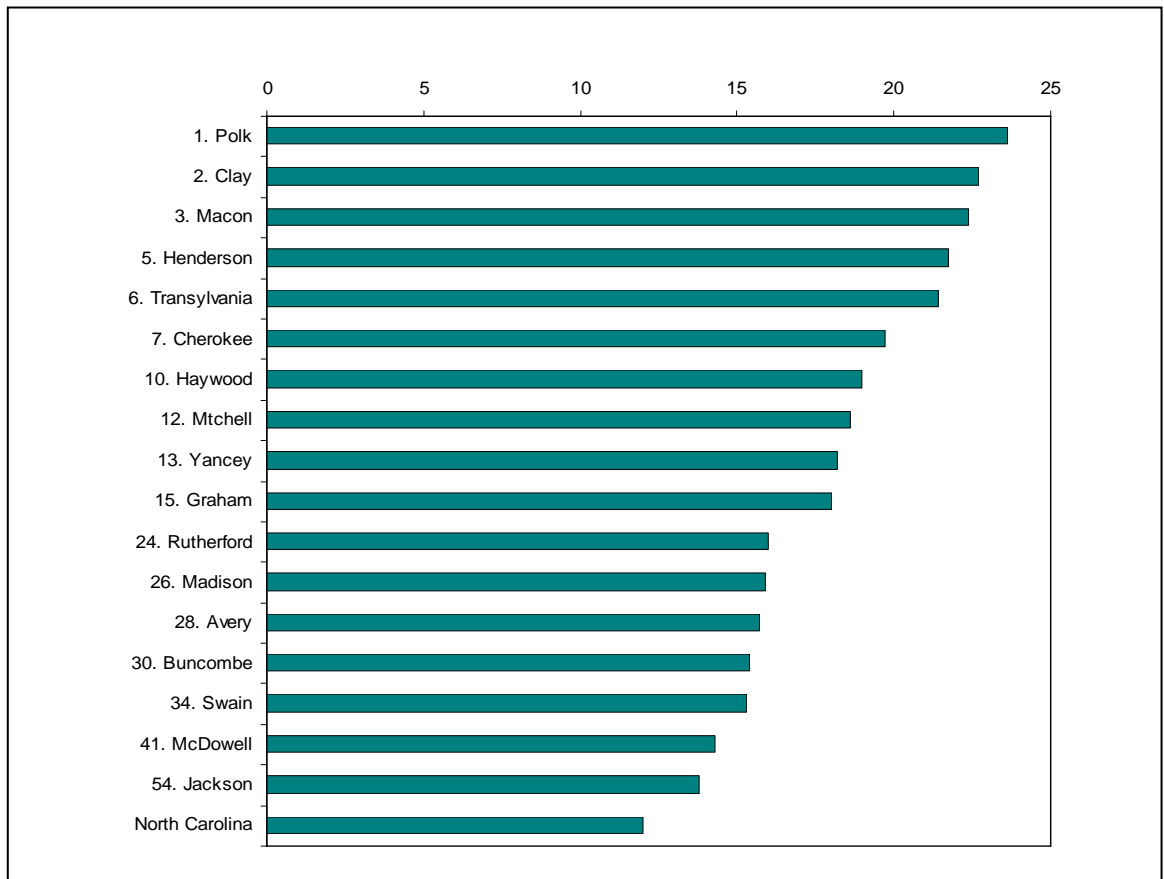
Percent Increase in 65+ Population, Western Region, NC and US, 1970-2000				
	1970	1980	1990	2000
US	9.9%	11.3%	12.6%	12.4%
North Carolina	8.1%	10.2%	12.1%	12.0%
17-county region	11.6%	14.3%	17.7%	17.8%
LINC (Log into North Carolina) 5-05				



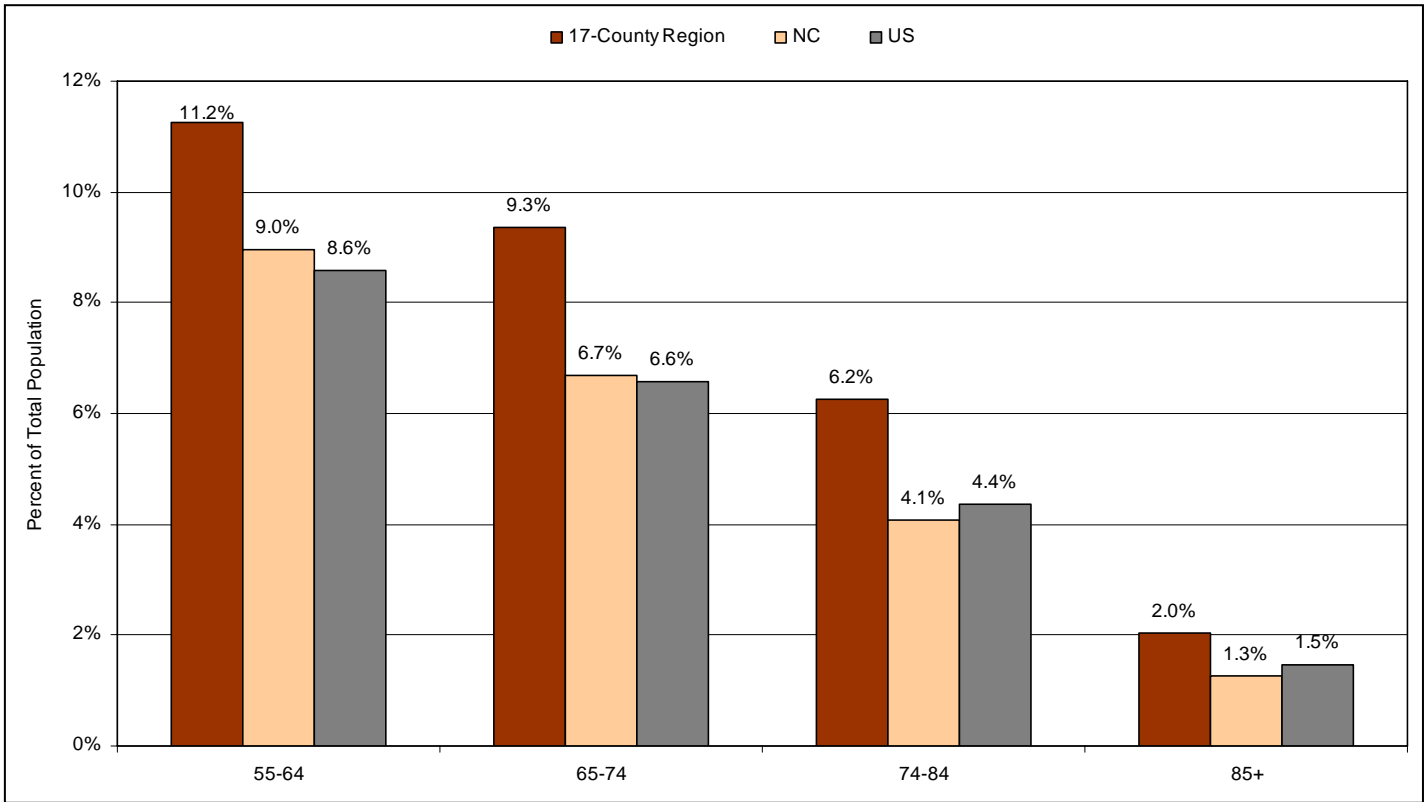
17-County Population by Age Group, 2000				
	55-64	65-74	74-84	85+
Males	36,551	29,195	17,162	4,211
Females	41,104	34,938	25,672	10,295
US Census, 2000				



NC Counties Ranked by Percent Residents Age 65+, 2000	
County	Percent 65+
1. Polk	23.6
2. Clay	22.7
3. Macon	22.4
5. Henderson	21.73
6. Transylvania	21.4
7. Cherokee	19.7
10. Haywood	19
12. Mtchell	18.6
13. Yancey	18.2
15. Graham	18
24. Rutherford	16
26. Madison	15.9
28. Avery	15.7
30. Buncombe	15.4
34. Swain	15.3
41. McDowell	14.3
54. Jackson	13.8
North Carolina	12



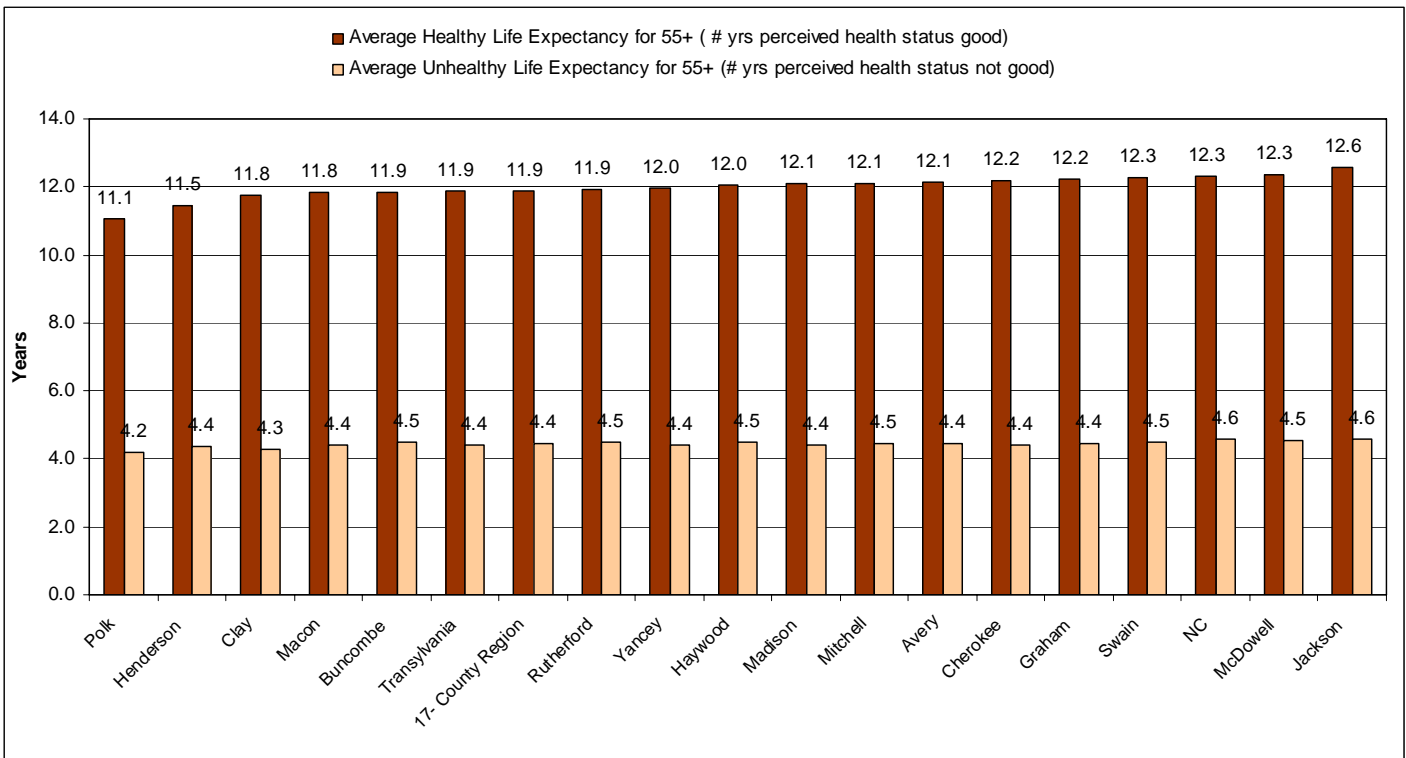
Percent of Population Ages 55+, Western Region, NC, and US, 2000				
	55-64	65-74	74-84	85+
17-County Region	11.2%	9.3%	6.2%	2.0%
NC	9.0%	6.7%	4.1%	1.3%
US	8.6%	6.6%	4.4%	1.5%
US Census, 2000				



Average Life Expectancy, Healthy and Unhealthy, for Age 55+, by Western County

County	Average Healthy Life Expectancy for 55+ (# yrs perceived health status good)	Average Unhealthy Life Expectancy for 55+ (# yrs perceived health status not good)
Polk	11.1	4.2
Henderson	11.5	4.4
Clay	11.8	4.3
Macon	11.8	4.4
Buncombe	11.9	4.5
Transylvania	11.9	4.4
17 County Region	11.9	4.4
Rutherford	11.9	4.5
Yancey	12.0	4.4
Haywood	12.0	4.5
Madison	12.1	4.4
Mitchell	12.1	4.5
Avery	12.1	4.4
Cherokee	12.2	4.4
Graham	12.2	4.4
Swain	12.3	4.5
NC	12.3	4.6
McDowell	12.3	4.5
Jackson	12.6	4.6

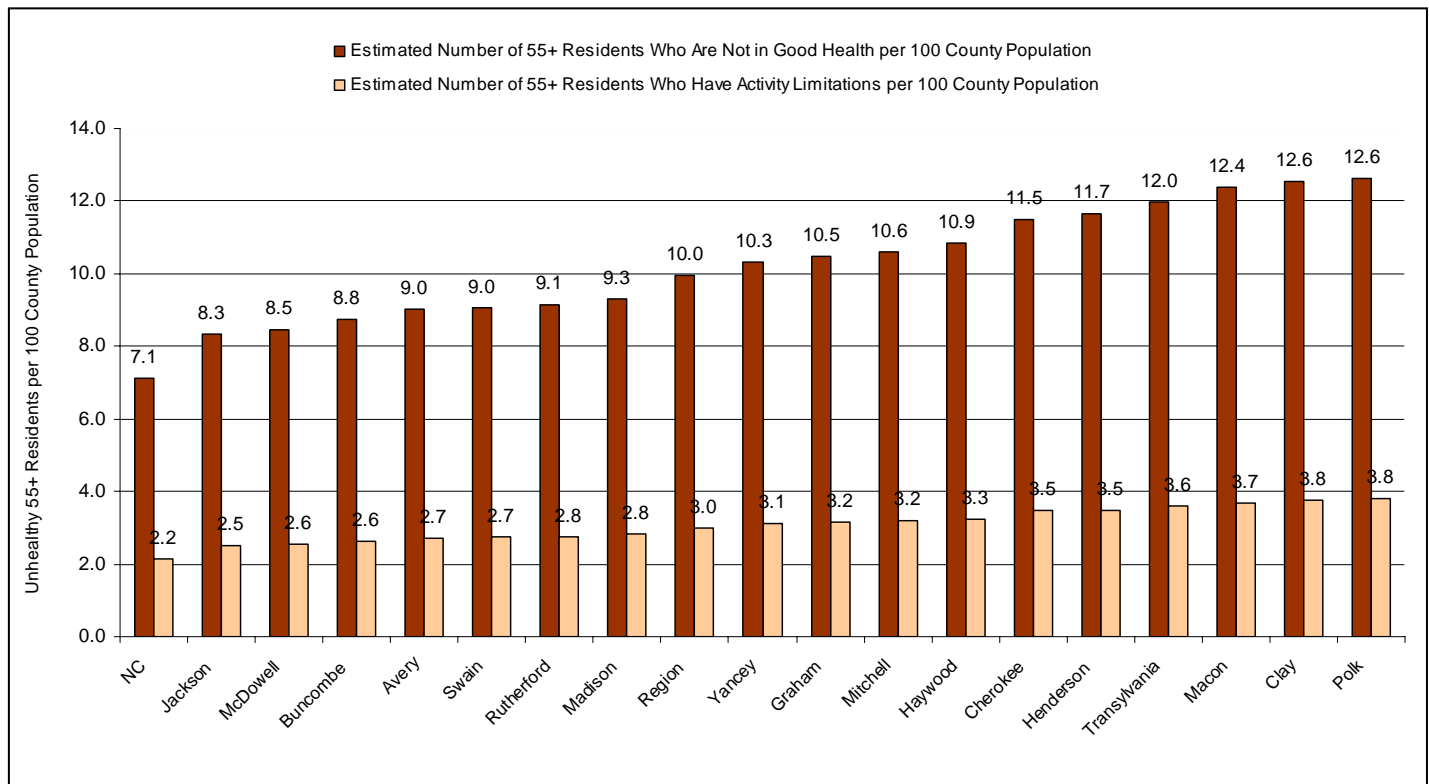
US Census 2000; SCHS Studies #129, Healthy Life Expectancy in NC, 1996-2000, 1/02



Estimated Number of Unhealthy 55+ Residents per County Resident, Western Region Counties and NC

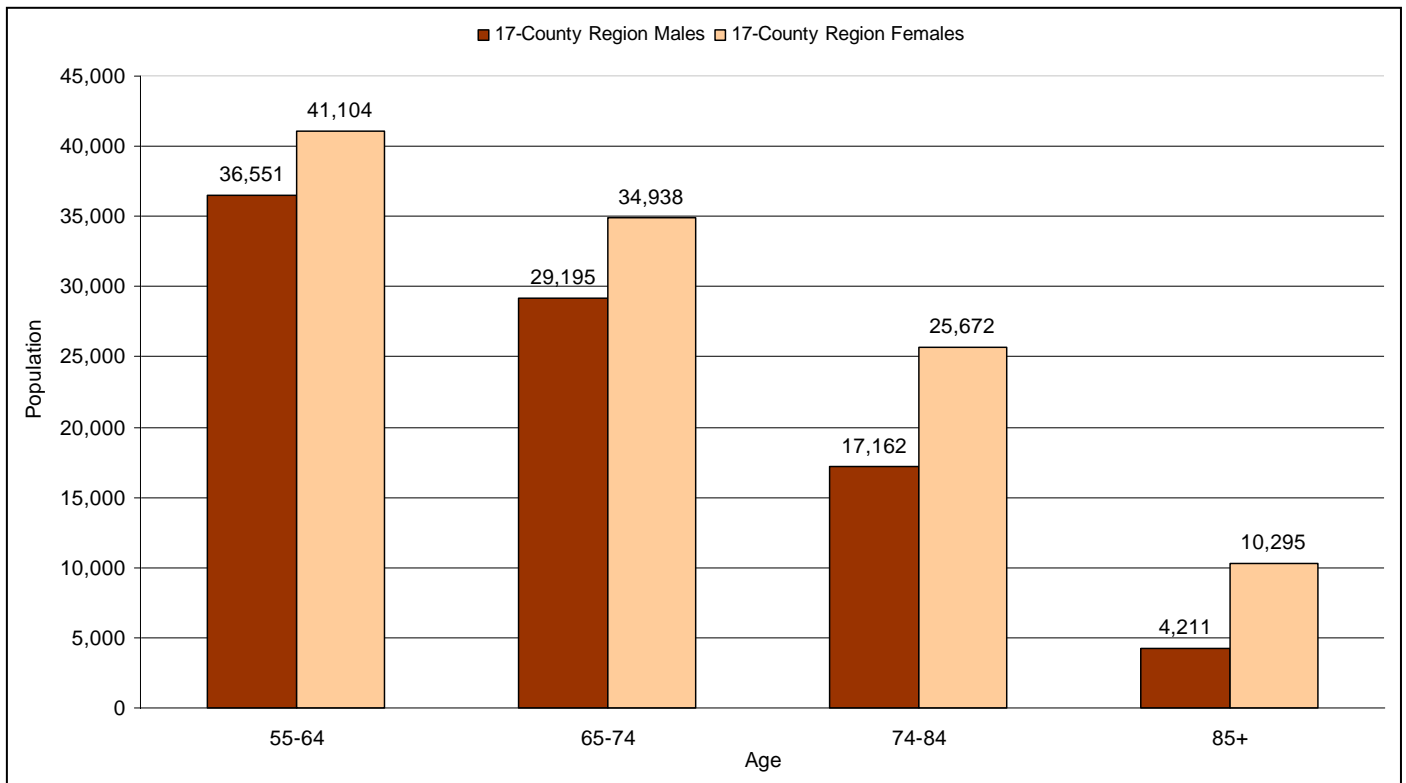
County	Estimated Number of 55+ Residents Who Are Not in Good Health per 100 County Population	Estimated Number of 55+ Residents Who Have Activity Limitations per 100 County Population
NC	7.1	2.2
Jackson	8.3	2.5
McDowell	8.5	2.6
Buncombe	8.8	2.6
Avery	9.0	2.7
Swain	9.0	2.7
Rutherford	9.1	2.8
Madison	9.3	2.8
Region	10.0	3.0
Yancey	10.3	3.1
Graham	10.5	3.2
Mitchell	10.6	3.2
Haywood	10.9	3.3
Cherokee	11.5	3.5
Henderson	11.7	3.5
Transylvania	12.0	3.6
Macon	12.4	3.7
Clay	12.6	3.8
Polk	12.6	3.8

US Census 2000; SCHS Studies #129, Healthy Life Expectancy in NC, 1996-2000, 1/02



Male and Female Seniors in Western Region NC, by Age Group (2000)

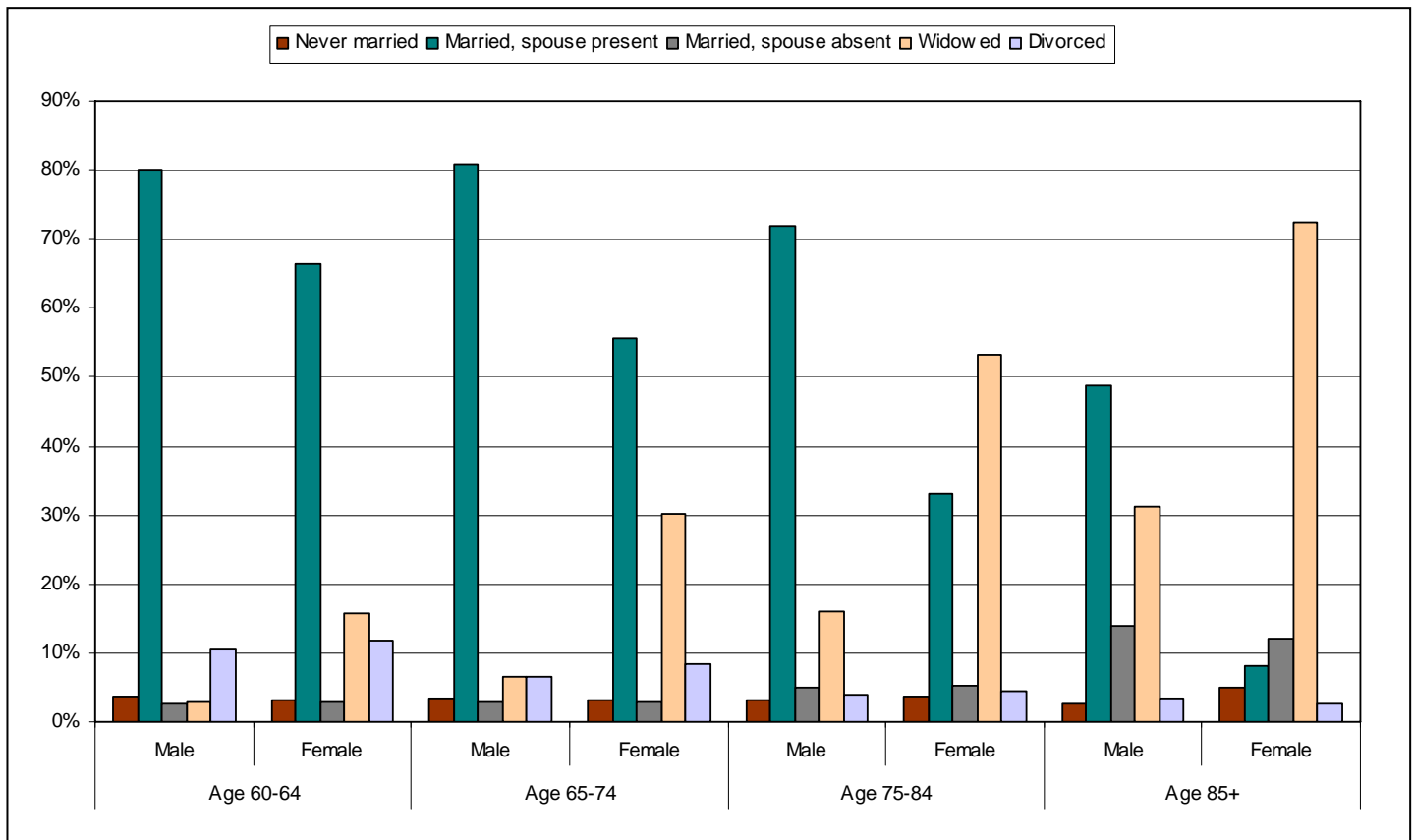
Sex	55-64	65-74	74-84	85+
Males	36,551	29,195	17,162	4,211
Females	41,104	34,938	25,672	10,295
US Census, 2000				



Western Region Seniors Marital Status by Age and Sex (2000)

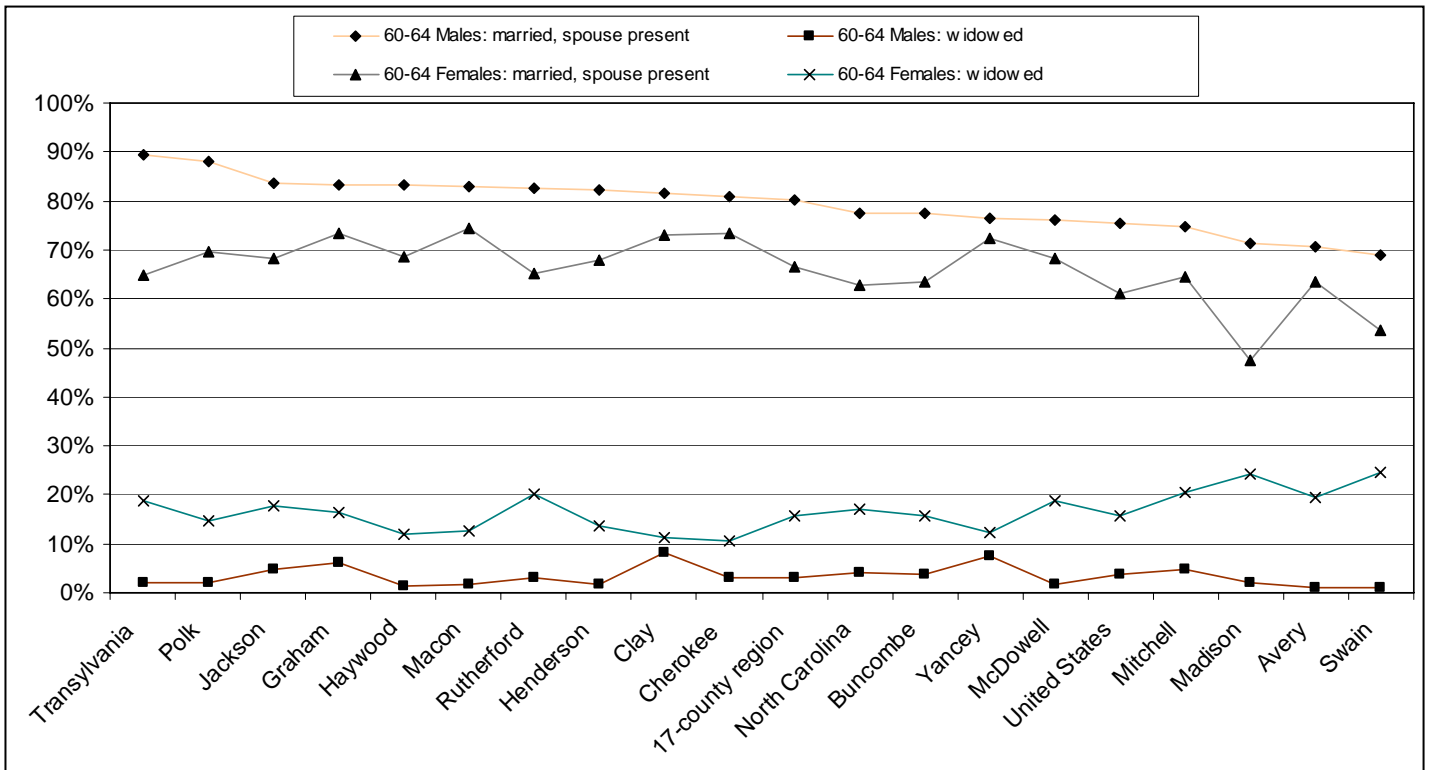
Age Group	Sex	Never married	Married, spouse present	Married, spouse absent	Widowed	Divorced
Age 60-64	Male	3.7%	80.1%	2.7%	2.9%	10.5%
	Female	3.1%	66.5%	2.8%	15.9%	11.7%
Age 65-74	Male	3.3%	80.7%	2.8%	6.5%	6.7%
	Female	3.1%	55.6%	2.8%	30.2%	8.3%
Age 75-84	Male	3.2%	71.8%	5.1%	15.9%	4.0%
	Female	3.8%	33.1%	5.3%	53.3%	4.4%
Age 85+	Male	2.7%	48.9%	14.0%	31.3%	3.5%
	Female	5.1%	8.0%	12.2%	72.3%	2.6%

US Census, 2000



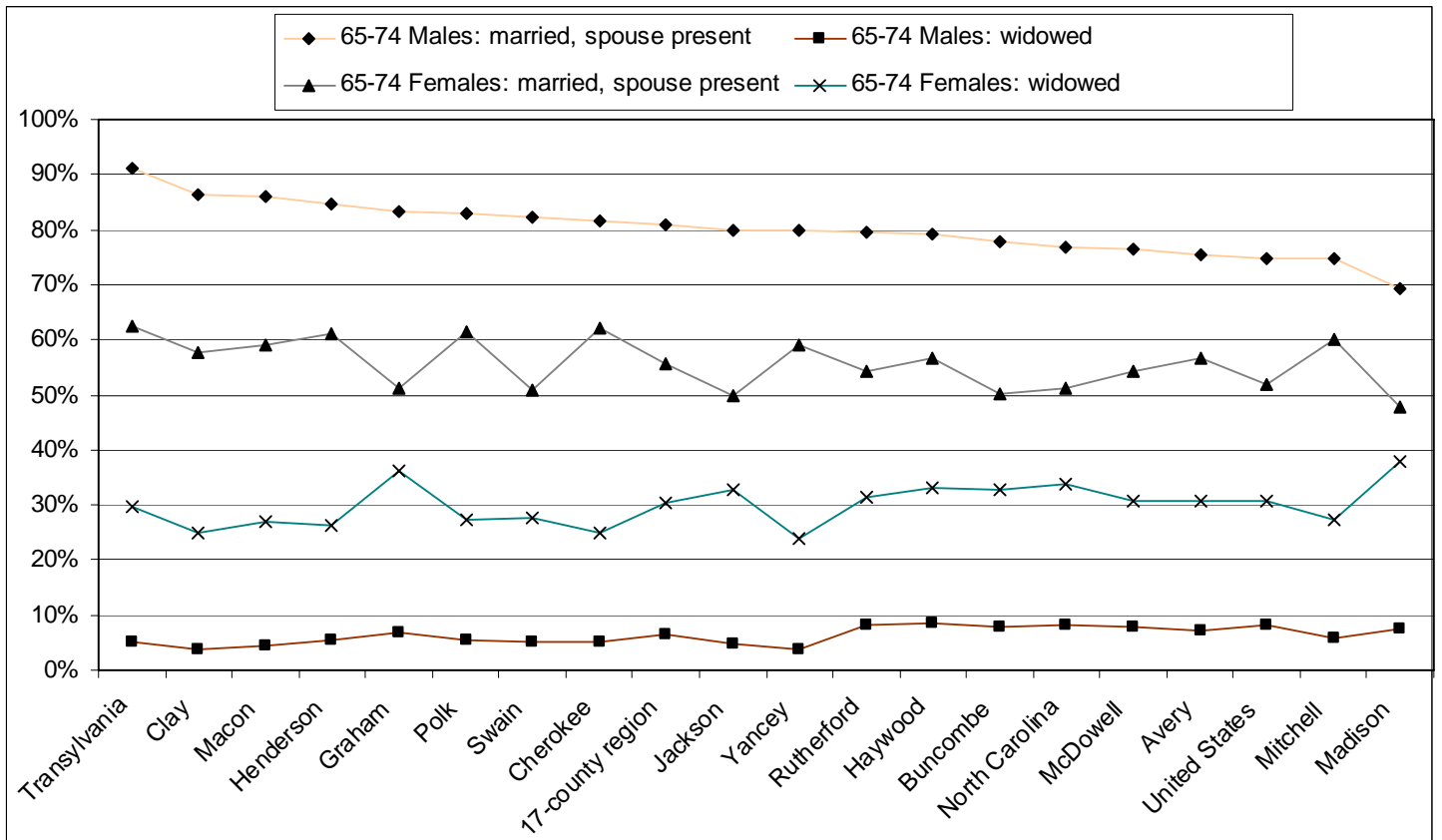
Marital Status for Western NC Counties, NC, US, Age 60-64 (2000)

	60-64 Males: married, spouse present	60-64 Males: widowed	60-64 Females: married, spouse present	60-64 Females: widowed
Transylvania	89.5%	2.0%	64.9%	18.8%
Polk	87.9%	2.2%	69.7%	14.7%
Jackson	83.5%	4.9%	68.1%	17.8%
Graham	83.3%	6.3%	73.5%	16.3%
Haywood	83.2%	1.2%	68.7%	11.8%
Macon	82.9%	1.8%	74.4%	12.6%
Rutherford	82.7%	3.1%	65.1%	20.1%
Henderson	82.2%	1.9%	68.1%	13.6%
Clay	81.6%	8.2%	73.0%	11.1%
Cherokee	80.8%	3.2%	73.4%	10.7%
17-county region	80.1%	2.9%	66.5%	15.9%
North Carolina	77.6%	4.0%	62.8%	17.0%
Buncombe	77.5%	3.7%	63.3%	15.7%
Yancey	76.3%	7.5%	72.4%	12.4%
McDowell	76.2%	1.6%	68.2%	18.7%
United States	75.6%	3.6%	61.1%	15.7%
Mitchell	74.7%	4.8%	64.5%	20.6%
Madison	71.3%	2.0%	47.6%	24.4%
Avery	70.5%	1.0%	63.4%	19.5%
Swain	68.9%	1.1%	53.6%	24.6%
US Census, 2000				



Marital Status for Western NC Counties, NC, US, Age 65-74 (2000)

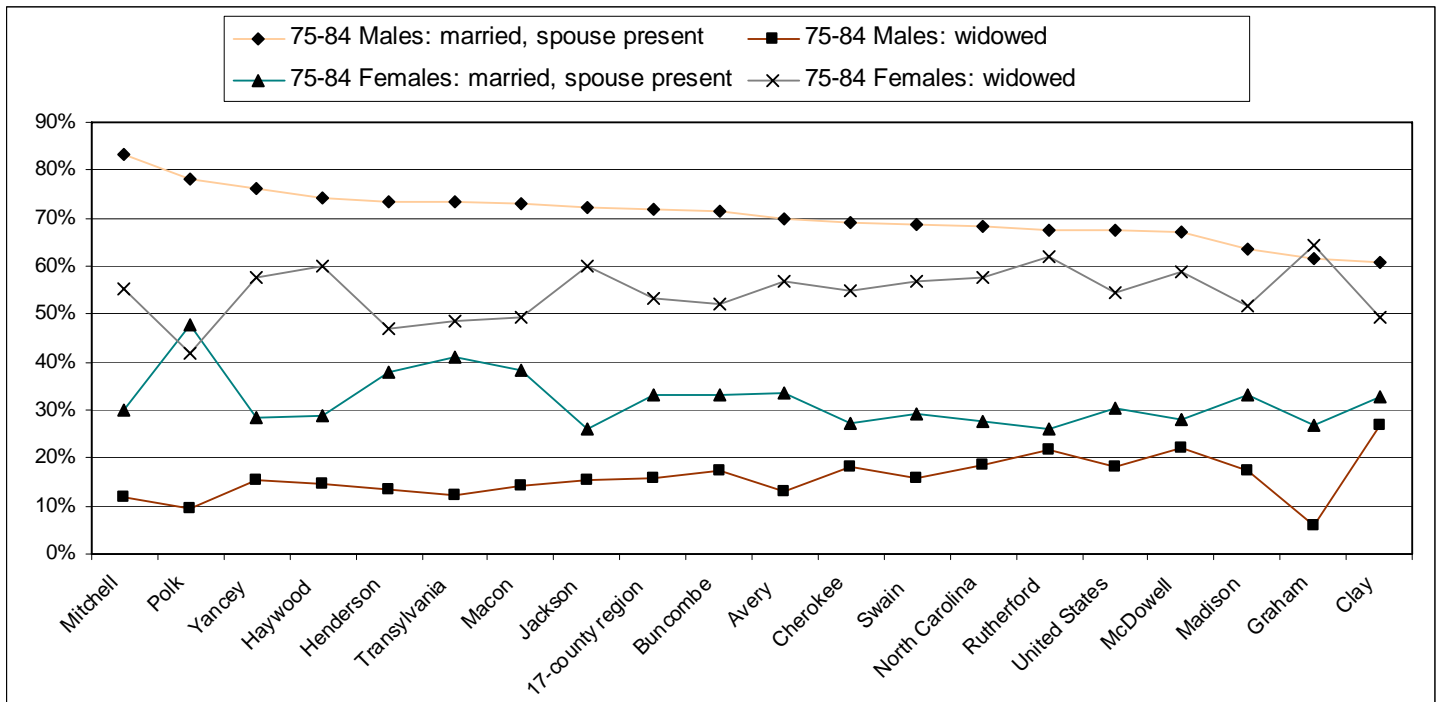
	65-74 Males: married, spouse present	65-74 Males: widowed	65-74 Females: married, spouse present	65-74 Females: widowed
Transylvania	91.1%	5.2%	62.3%	29.6%
Clay	86.3%	3.9%	57.5%	24.8%
Macon	86.0%	4.4%	59.1%	27.0%
Henderson	84.6%	5.4%	61.2%	26.2%
Graham	83.3%	6.9%	51.2%	36.0%
Polk	83.0%	5.5%	61.5%	27.2%
Swain	82.1%	5.3%	50.9%	27.6%
Cherokee	81.6%	5.1%	62.1%	25.0%
17-county region	80.7%	6.5%	55.6%	30.2%
Jackson	80.0%	4.7%	49.8%	32.9%
Yancey	79.8%	3.7%	58.9%	23.9%
Rutherford	79.6%	8.1%	54.1%	31.5%
Haywood	79.2%	8.4%	56.8%	33.2%
Buncombe	77.9%	7.7%	50.1%	32.9%
North Carolina	76.9%	8.2%	51.2%	33.9%
McDowell	76.3%	7.7%	54.4%	30.7%
Avery	75.5%	7.2%	56.7%	30.6%
United States	74.9%	8.3%	51.7%	30.8%
Mitchell	74.8%	6.0%	60.0%	27.4%
Madison	69.4%	7.5%	47.7%	37.8%
US Census, 2000				



Marital Status for Western NC Counties, NC, US, Age 75-84 (2000)

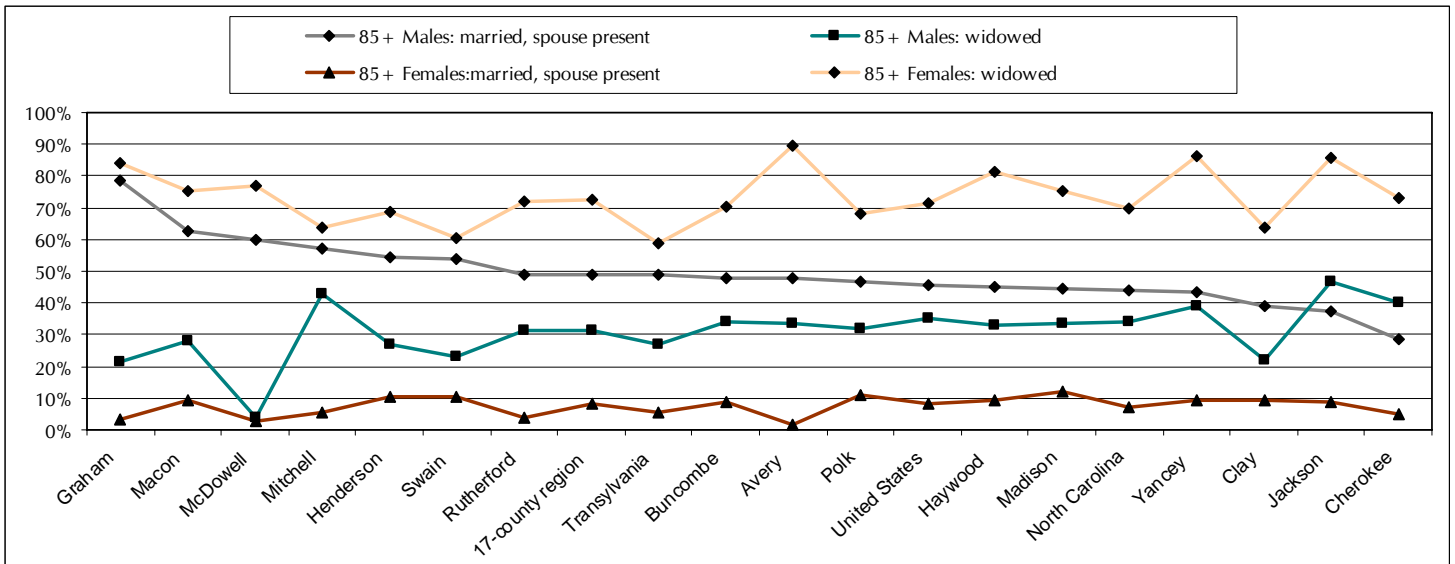
	75-84 Males: married, spouse present	75-84 Males: widowed	75-84 Females: married, spouse present	75-84 Females: widowed
Mitchell	83.1%	11.7%	29.8%	55.3%
Polk	78.3%	9.3%	48.0%	41.8%
Yancey	76.1%	15.2%	28.5%	57.6%
Haywood	74.0%	14.5%	28.8%	60.1%
Henderson	73.6%	13.4%	38.0%	46.8%
Transylvania	73.3%	12.0%	41.2%	48.6%
Macon	72.9%	14.1%	38.3%	49.4%
Jackson	72.4%	15.4%	26.2%	60.0%
17-county region	71.8%	15.9%	33.1%	53.3%
Buncombe	71.6%	17.4%	33.1%	52.3%
Avery	70.0%	12.9%	33.7%	56.7%
Cherokee	69.2%	18.0%	27.4%	54.7%
Swain	68.6%	15.7%	29.1%	57.0%
North Carolina	68.2%	18.5%	27.5%	57.6%
Rutherford	67.6%	21.8%	25.9%	61.9%
United States	67.3%	18.2%	30.5%	54.6%
McDowell	67.3%	22.2%	27.9%	58.8%
Madison	63.8%	17.5%	33.1%	51.6%
Graham	61.8%	5.9%	26.8%	64.3%
Clay	60.7%	26.8%	32.9%	49.4%

US Census, 2000

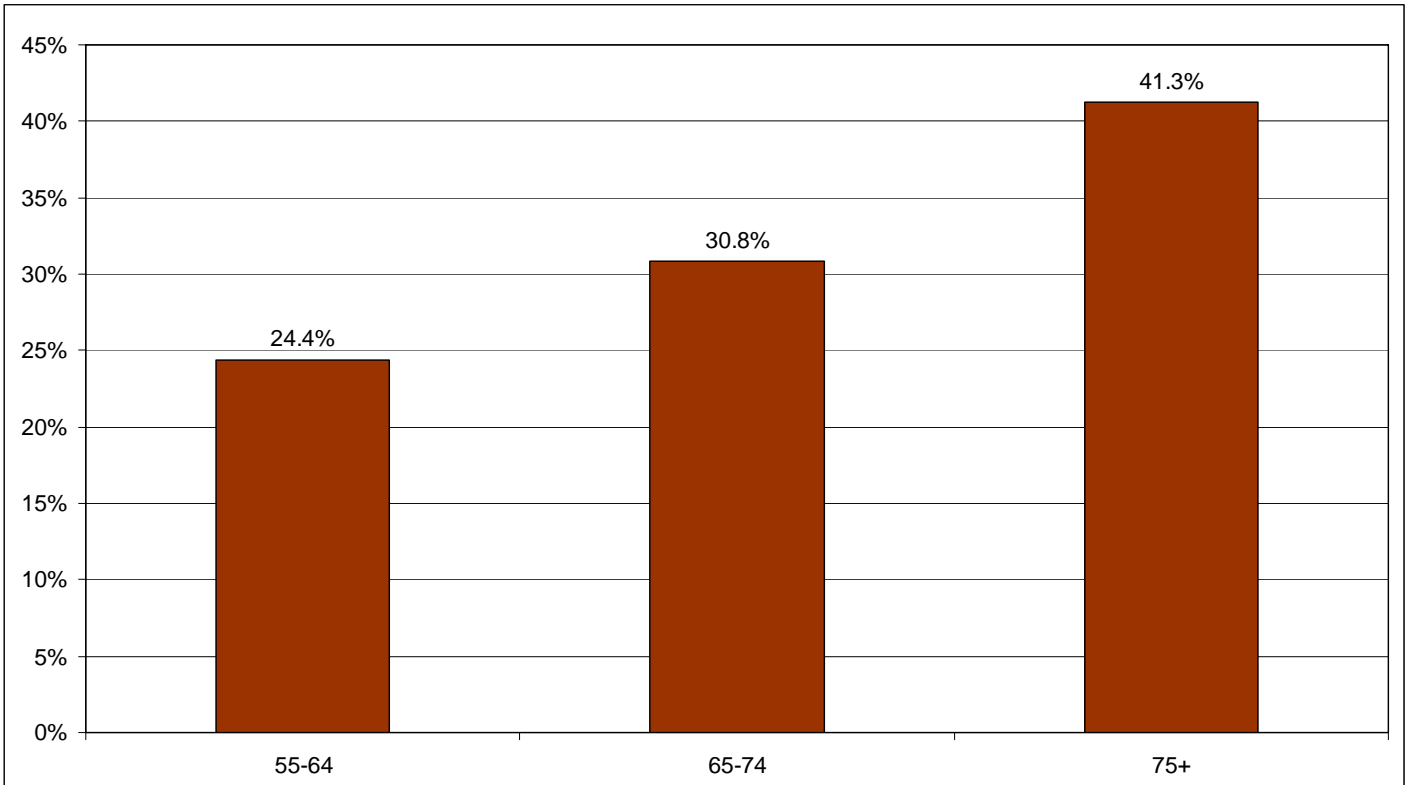


Marital Status for Western NC Counties, NC, US, Age 85+, 2000

	85+ Males: married, spouse present	85+ Males: widowed	85+ Females: married, spouse present	85+ Females: widowed
Graham	78.6%	21.4%	3.2%	84.0%
Macon	62.8%	27.9%	9.3%	75.4%
McDowell	60.0%	4.0%	2.8%	76.9%
Mitchell	57.1%	42.9%	5.5%	63.6%
Henderson	54.3%	26.8%	10.5%	68.4%
Swain	53.8%	23.1%	10.5%	60.5%
Rutherford	49.0%	31.4%	3.7%	72.0%
17-county region	48.9%	31.3%	8.0%	72.3%
Transylvania	48.6%	27.0%	5.7%	58.6%
Buncombe	47.8%	33.8%	9.0%	70.5%
Avery	47.6%	33.3%	1.7%	89.4%
Polk	46.8%	31.9%	10.9%	68.3%
United States	45.4%	35.3%	8.5%	71.6%
Haywood	45.2%	32.9%	9.4%	81.2%
Madison	44.4%	33.3%	12.3%	75.4%
North Carolina	43.9%	33.8%	7.0%	70.0%
Yancey	43.5%	39.1%	9.3%	86.0%
Clay	38.9%	22.2%	9.1%	63.6%
Jackson	37.5%	46.9%	8.8%	86.0%
Cherokee	28.6%	40.0%	4.8%	73.0%
US Census, 2000				



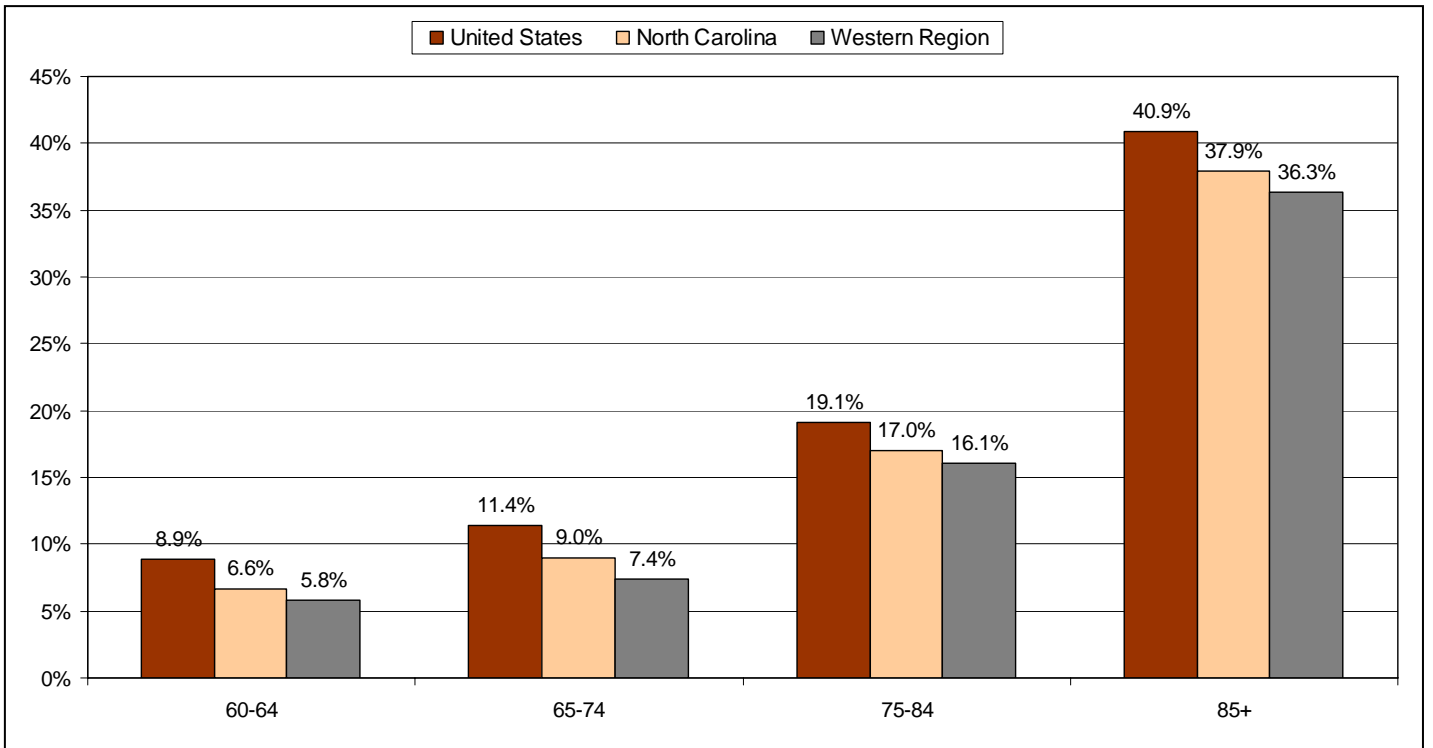
Western Region Seniors Below 200% Poverty, by Age (2000)			
	55-64	65-74	75+
Western Region	24.4%	30.8%	41.3%
US Census, 2000			



Householder Age and Percent Households with No Vehicle Available (2000)

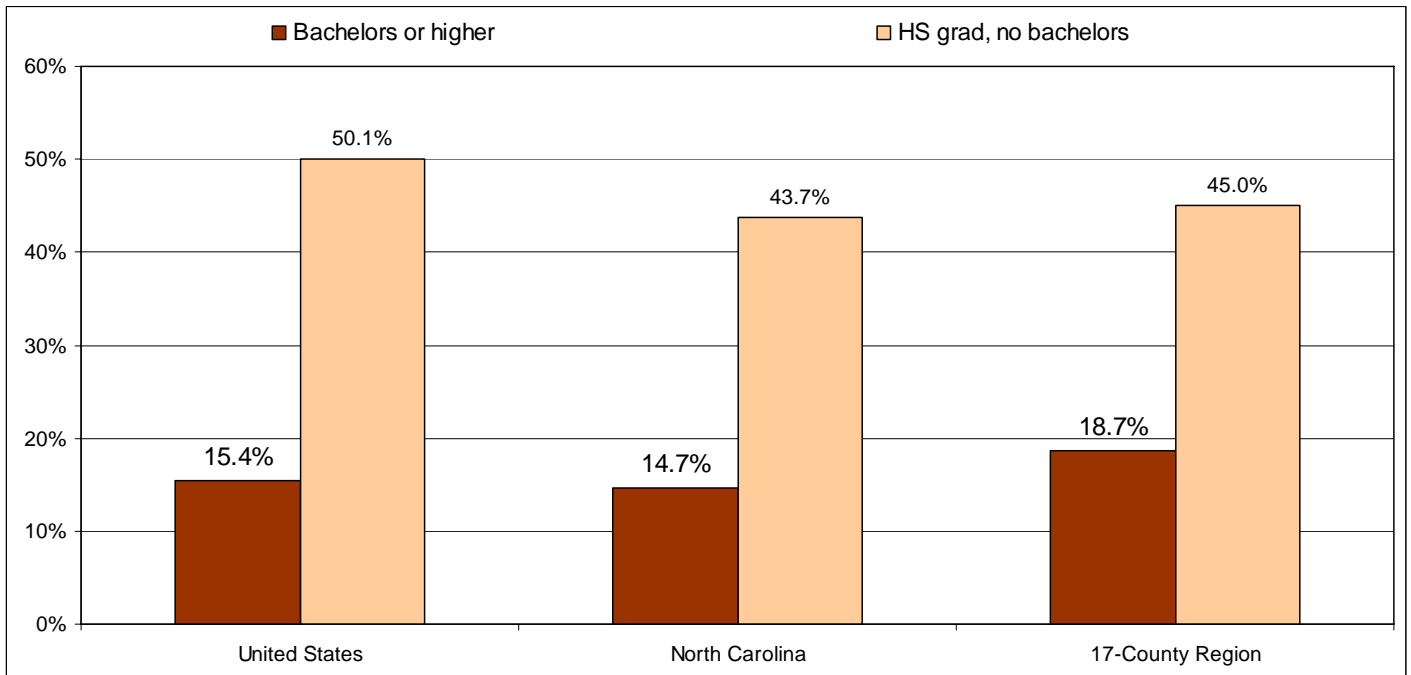
	60-64	65-74	75-84	85+
United States	8.9%	11.4%	19.1%	40.9%
North Carolina	6.6%	9.0%	17.0%	37.9%
Western Region	5.8%	7.4%	16.1%	36.3%

US Census, 2000

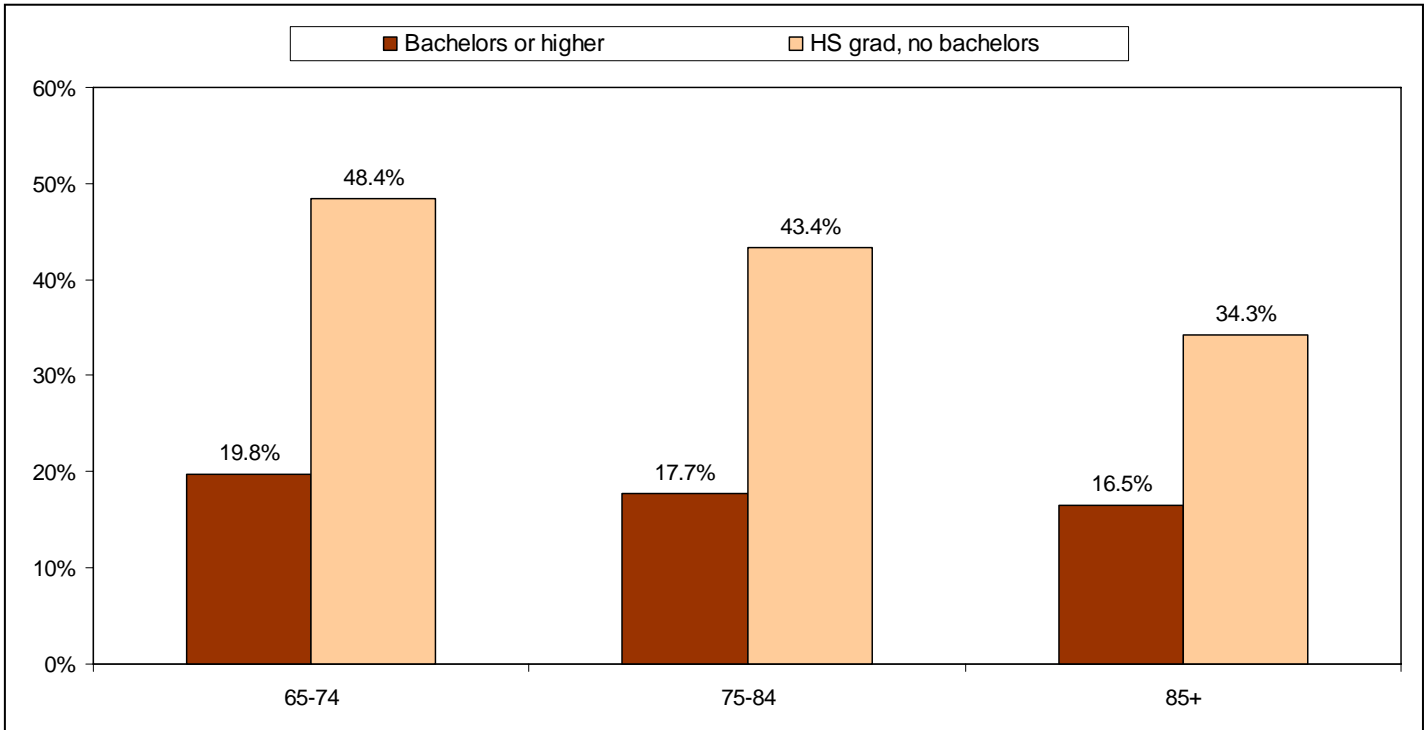


Educational Attainment for Age 65+, Western Region, NC, and US (2000)

	Bachelors or higher	HS grad, no bachelors
United States	15.4%	50.1%
North Carolina	14.7%	43.7%
17-County Region	18.7%	45.0%
US Census, 2000		



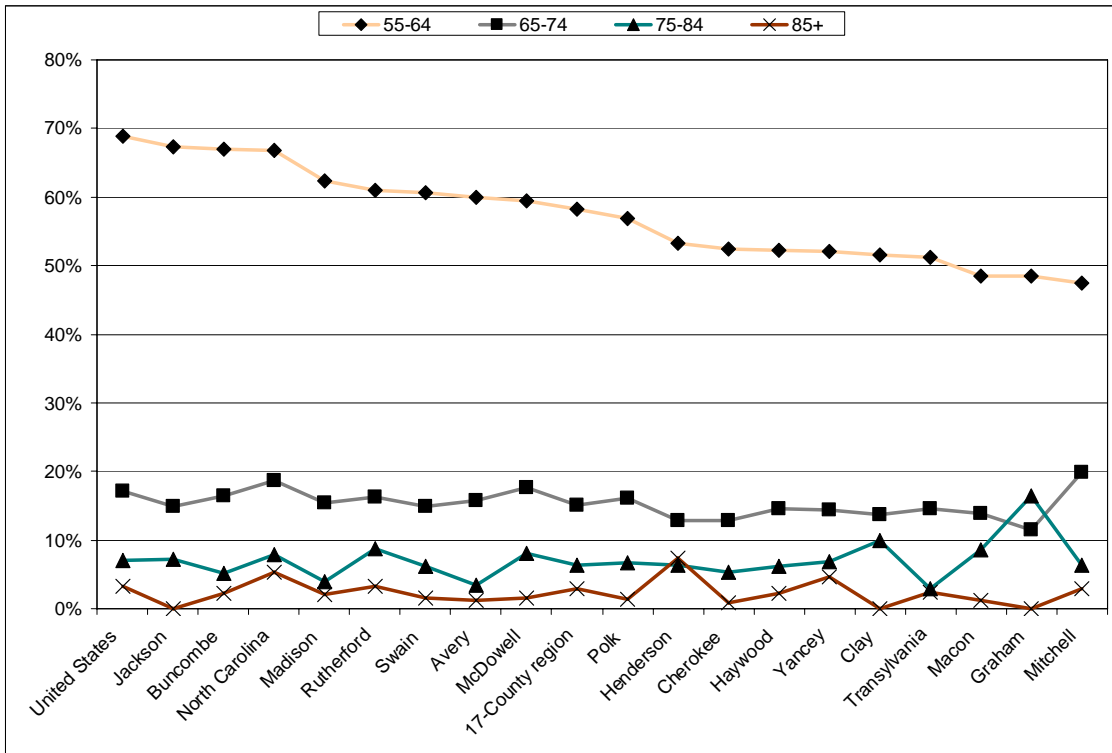
Educational Attainment for the Western Region, by Age (2000)		
Age	Bachelors or higher	HS grad, no bachelors
65-74	19.8%	48.4%
75-84	17.7%	43.4%
85+	16.5%	34.3%
65+	18.7%	45.0%
US Census 2000		



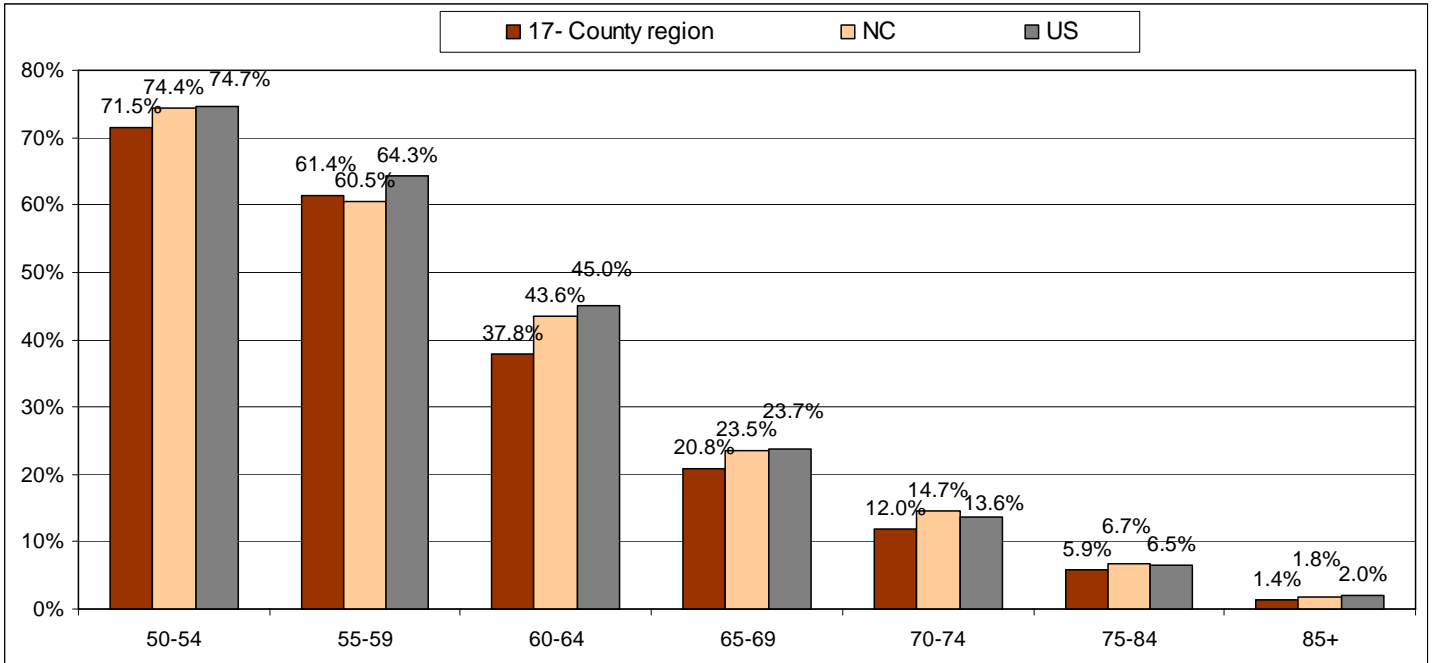
Percent in Labor Force, by Age, by Western County (2000)

	55-64	65-74	75-84	85+
United States	68.8%	17.1%	7.1%	3.2%
Jackson	67.4%	14.9%	7.2%	0.0%
Buncombe	67.0%	16.4%	5.2%	2.3%
North Carolina	66.9%	18.7%	7.8%	5.3%
Madison	62.4%	15.4%	3.9%	2.0%
Rutherford	60.9%	16.3%	8.7%	3.3%
Swain	60.6%	15.0%	6.2%	1.6%
Avery	59.9%	15.8%	3.4%	1.2%
McDowell	59.4%	17.7%	8.1%	1.6%
17-County region	58.2%	15.2%	6.3%	2.8%
Polk	56.9%	16.1%	6.7%	1.4%
Henderson	53.3%	12.9%	6.4%	7.3%
Cherokee	52.4%	12.9%	5.4%	0.8%
Haywood	52.3%	14.5%	6.1%	2.2%
Yancey	52.1%	14.3%	6.8%	4.5%
Clay	51.6%	13.7%	9.9%	0.0%
Transylvania	51.2%	14.6%	2.9%	2.4%
Macon	48.5%	13.9%	8.6%	1.2%
Graham	48.4%	11.5%	16.5%	0.0%
Mitchell	47.4%	19.8%	6.3%	2.9%

US Census 2000



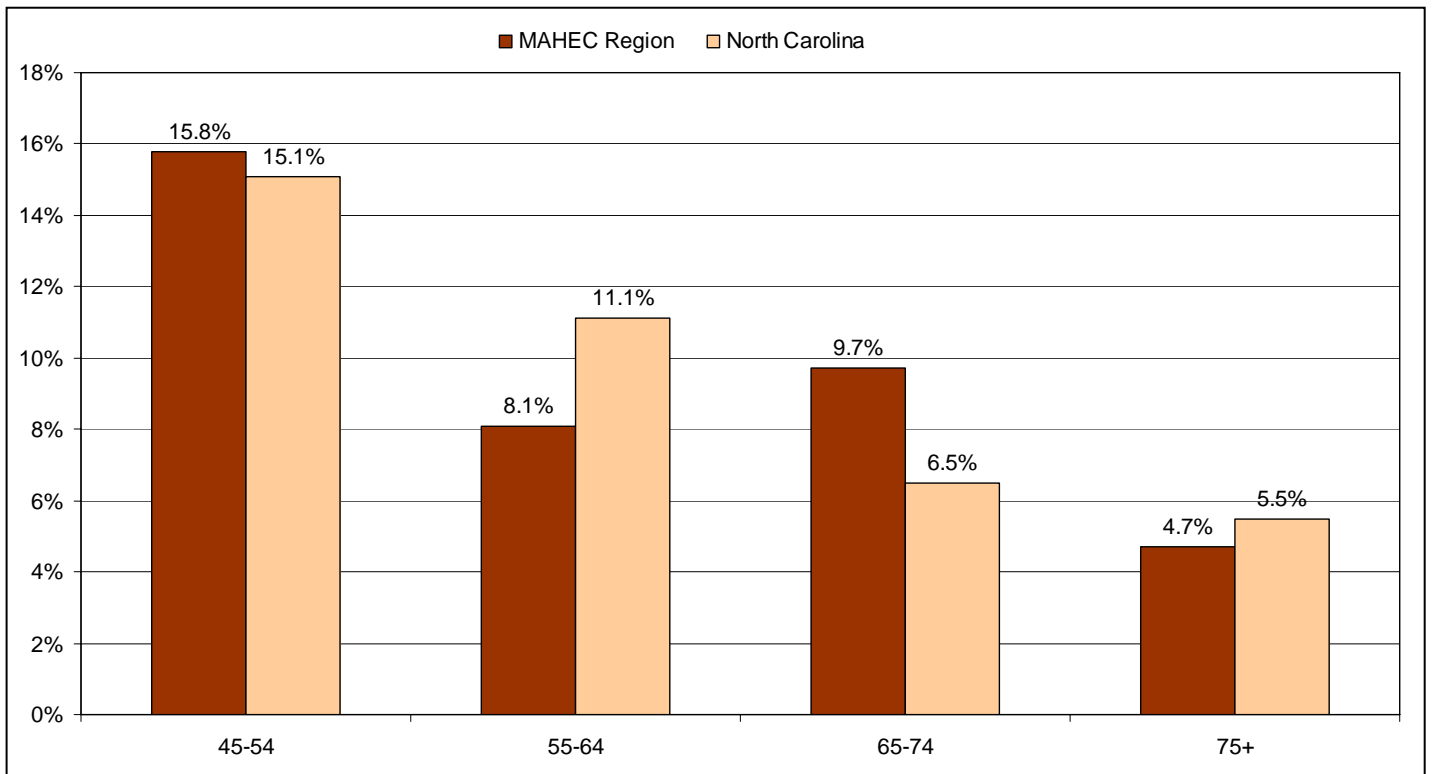
Percent Seniors Employed, by Age for Western Region, NC and US (2000)							
	50-54	55-59	60-64	65-69	70-74	75-84	85+
US	74.7%	64.3%	45.0%	23.7%	13.6%	6.5%	2.0%
NC	74.4%	60.5%	43.6%	23.5%	14.7%	6.7%	1.8%
17- County region	71.5%	61.4%	37.8%	20.8%	12.0%	5.9%	1.4%
US Census 2000							



BRFSS: Percent Residents Who Say They Do Not Have a Personal Doctor or Health Care Provider, by Age, MAHEC Region and NC

Age	MAHEC Region	North Carolina
45-54	15.8%	15.1%
55-64	8.1%	11.1%
65-74	9.7%	6.5%
75+	4.7%	5.5%

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County

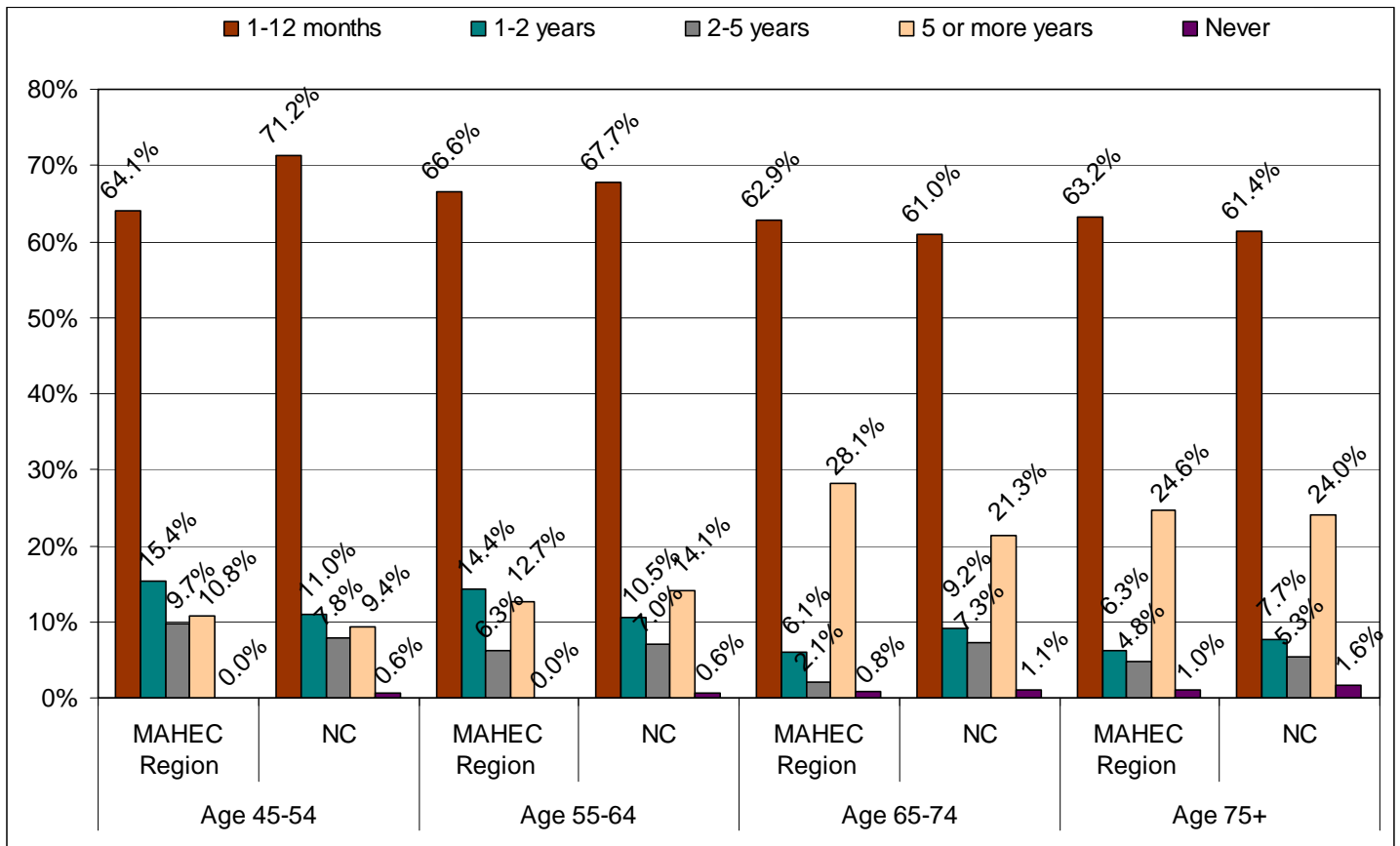


BRFSS: How long has it been since you last visited a dentist or a dental clinic for any reason?

		1-12 months	1-2 years	2-5 years	5 or more years	Never
Age 45-54	MAHEC Region	64.1%	15.4%	9.7%	10.8%	0.0%
	NC	71.2%	11.0%	7.8%	9.4%	0.6%
Age 55-64	MAHEC Region	66.6%	14.4%	6.3%	12.7%	0.0%
	NC	67.7%	10.5%	7.0%	14.1%	0.6%
Age 65-74	MAHEC Region	62.9%	6.1%	2.1%	28.1%	0.8%
	NC	61.0%	9.2%	7.3%	21.3%	1.1%
Age 75+	MAHEC Region	63.2%	6.3%	4.8%	24.6%	1.0%
	NC	61.4%	7.7%	5.3%	24.0%	1.6%

BRFSS, 2004. NC State Center for Health Statistics

*MAHEC Region is 16-county region not including Avery County

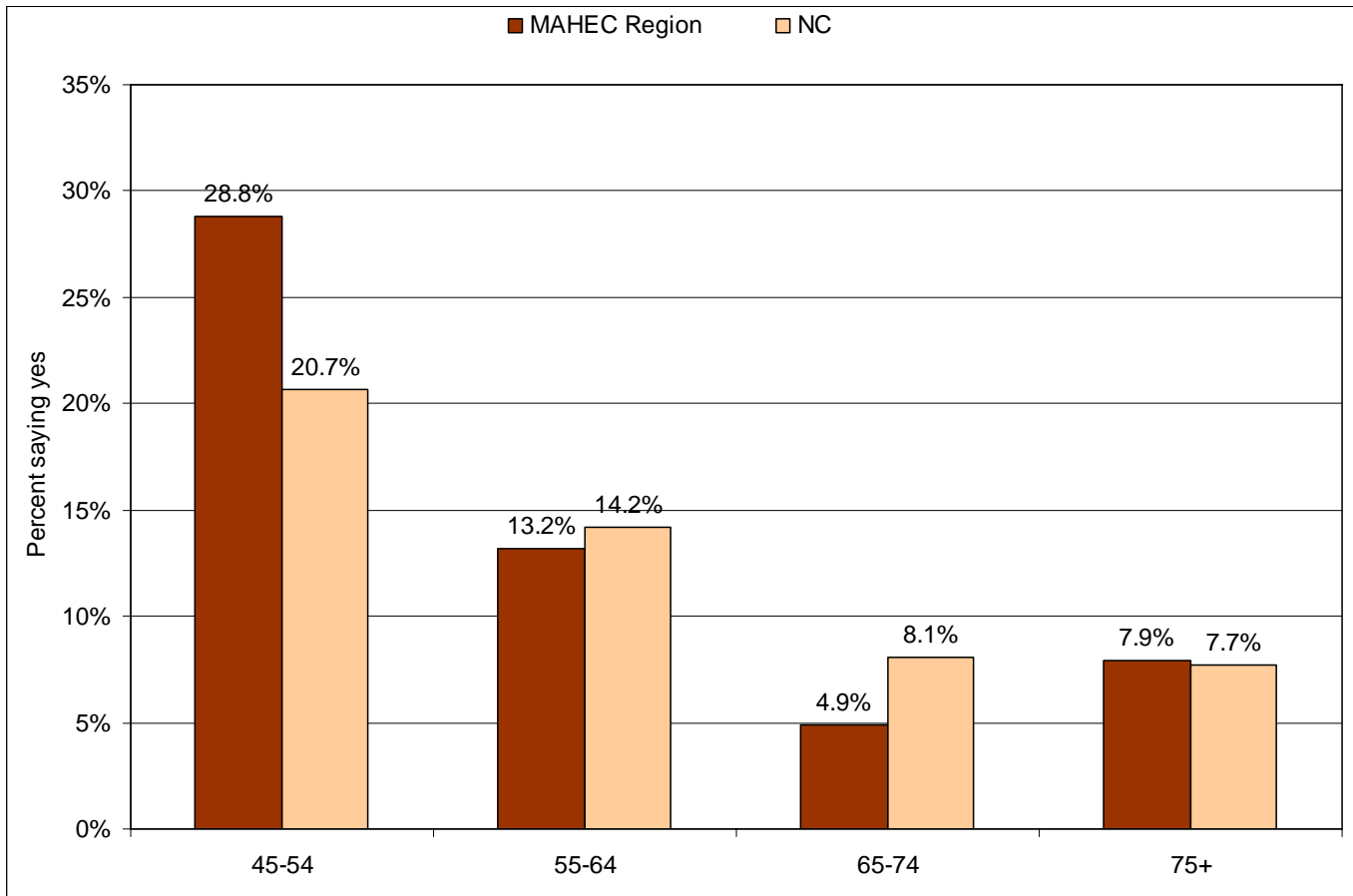


BRFSS: Was there a time during the last 12 months when you needed to see a doctor, but could not because of cost?

Age	MAHEC Region	NC
45-54	28.8%	20.7%
55-64	13.2%	14.2%
65-74	4.9%	8.1%
75+	7.9%	7.7%

BRFSS, 2004. NC State Center for Health Statistics

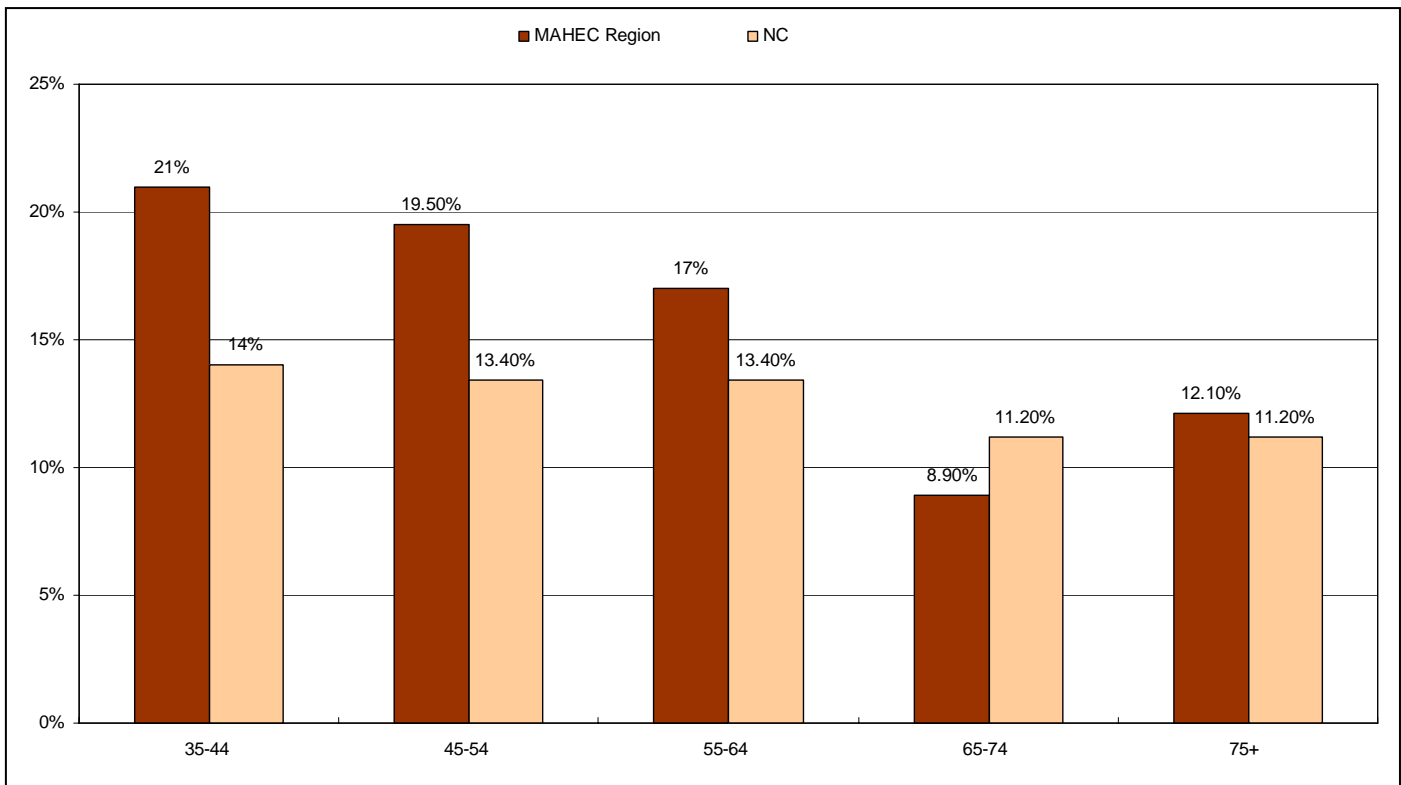
*MAHEC Region is 16-county region not including Avery County



Percentage Who Have Been Told by a Health Professional That They Had Asthma, by Age

	MAHEC Region	NC
35-44	21%	14%
45-54	19.50%	13.40%
55-64	17%	13.40%
65-74	8.90%	11.20%
75+	12.10%	11.20%

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County

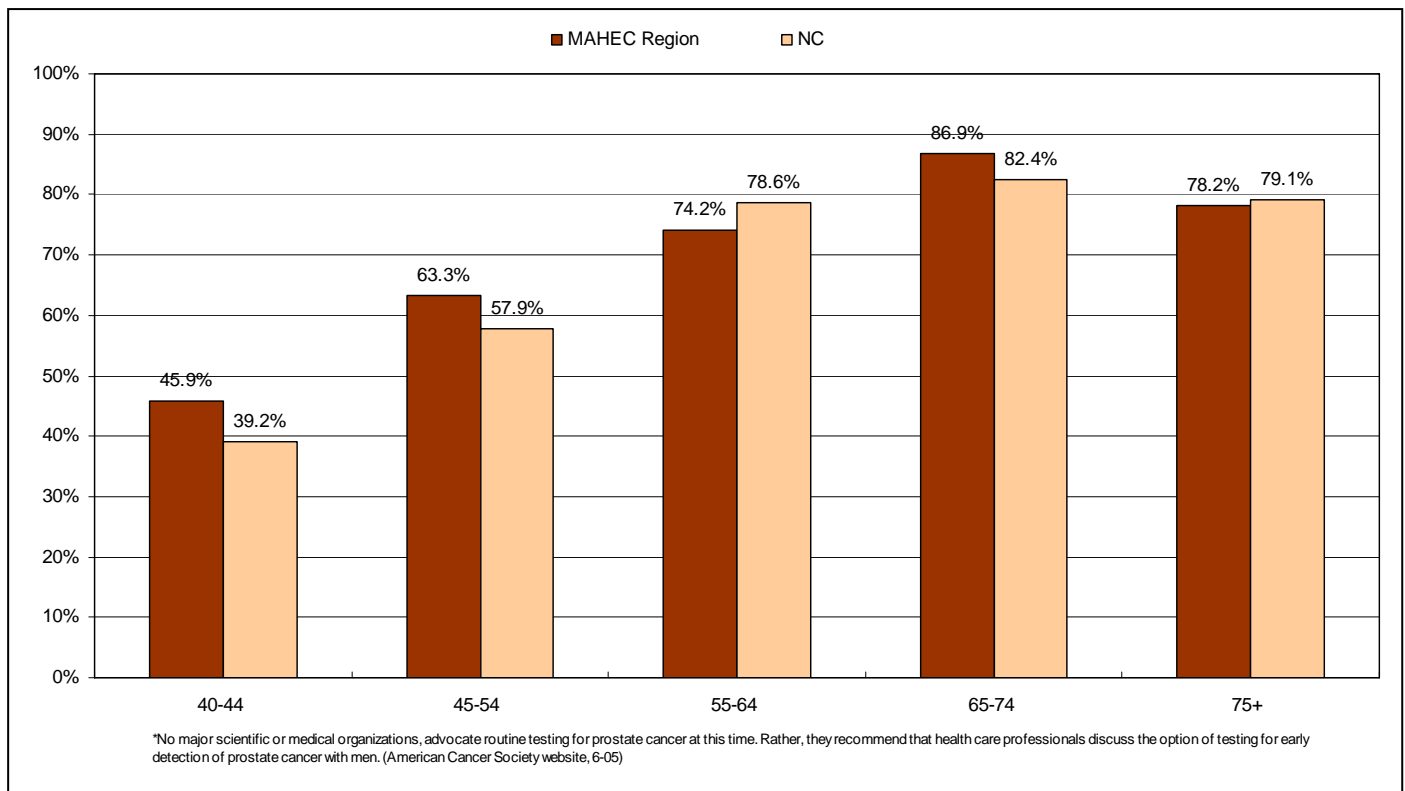


BFRSS: Percentage Who Have Been Counseled by a Health Professional About Prostate Cancer Screening, by Age*

	MAHEC Region	NC
40-44	45.90%	39.20%
45-54	63.30%	57.90%
55-64	74.20%	78.60%
65-74	86.90%	82.40%
75+	78.20%	79.10%

BRFSS, 2004. NC State Center for Health Statistics

*MAHEC Region is 16-county region not including Avery County

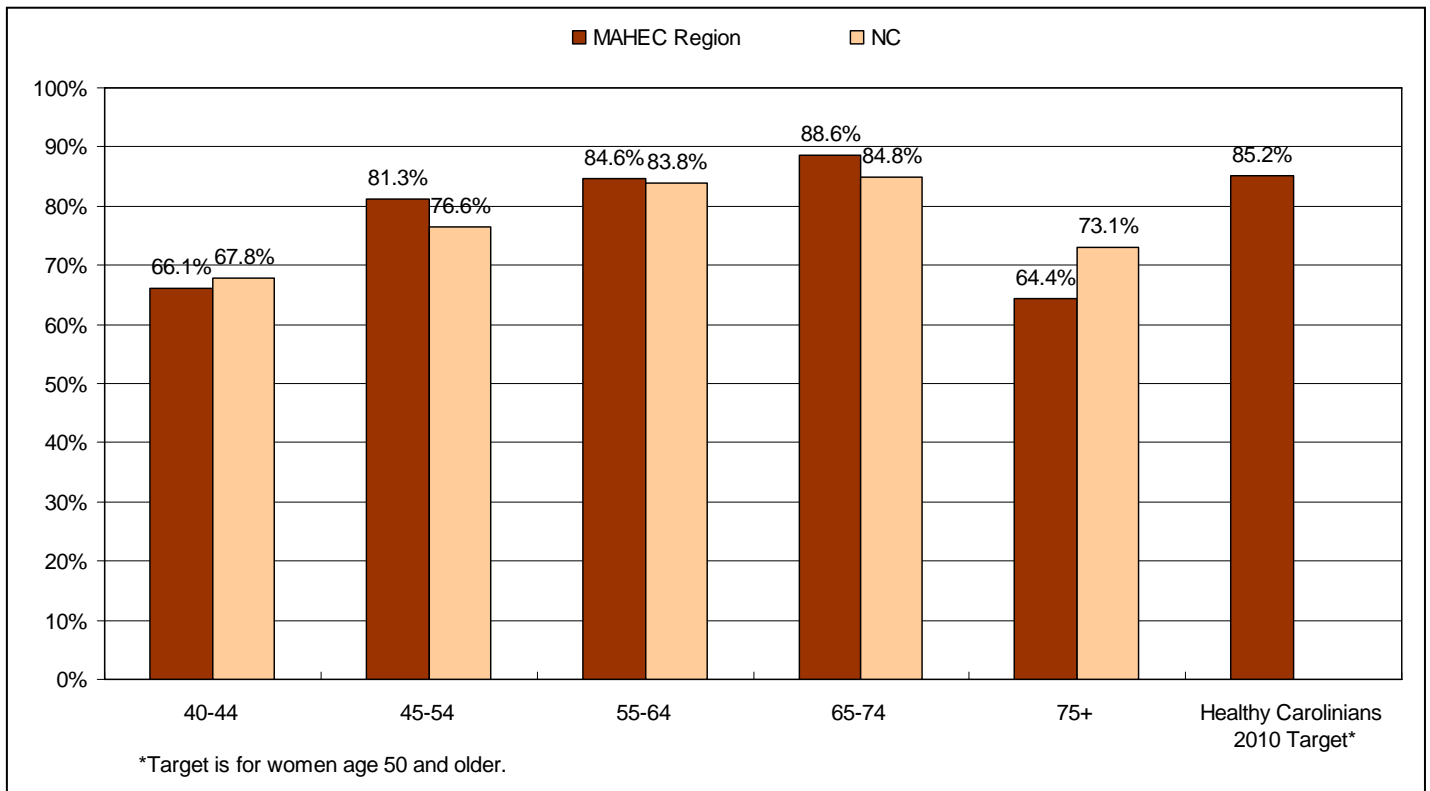


BRFSS: Percent of Women Age 40+ Who Have Had a Mammogram in the Past 2 Years

	MAHEC Region	NC	Healthy Carolinians 2010 Target*
40-44	66.10%	67.80%	85.20%
45-54	81.30%	76.60%	85.20%
55-64	84.60%	83.80%	85.20%
65-74	88.60%	84.80%	85.20%
75+	64.40%	73.10%	85.20%

BRFSS, 2004. NC State Center for Health Statistics

*MAHEC Region is 16-county region not including Avery County

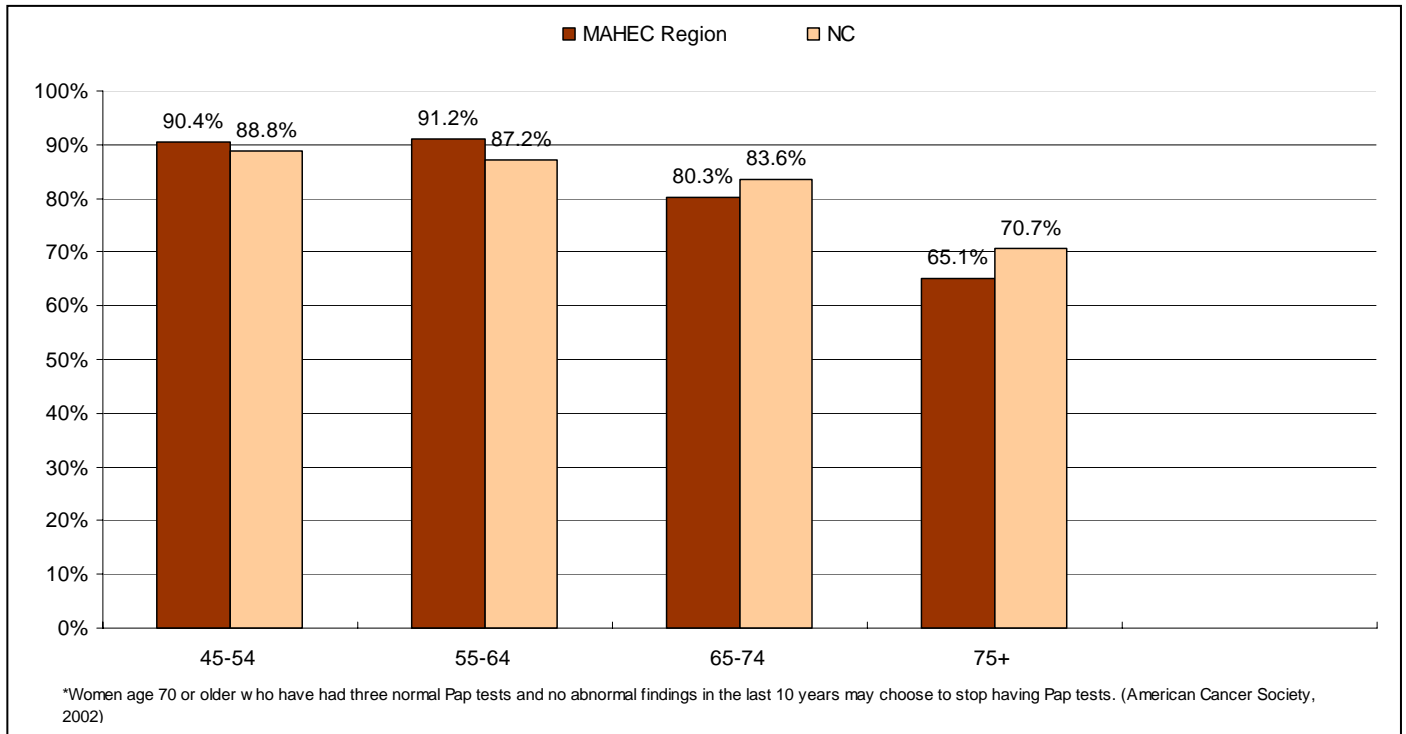


BRFSS: Percentage of Western Region Women Having Pap Test in Past 3 Years*

	MAHEC Region	NC	Healthy Carolinians 2010 Target*
45-54	90.40%	88.80%	94.70%
55-64	91.20%	87.20%	94.70%
65-74	80.30%	83.60%	94.70%
75+	65.10%	70.70%	94.70%

BRFSS, 2004. NC State Center for Health Statistics

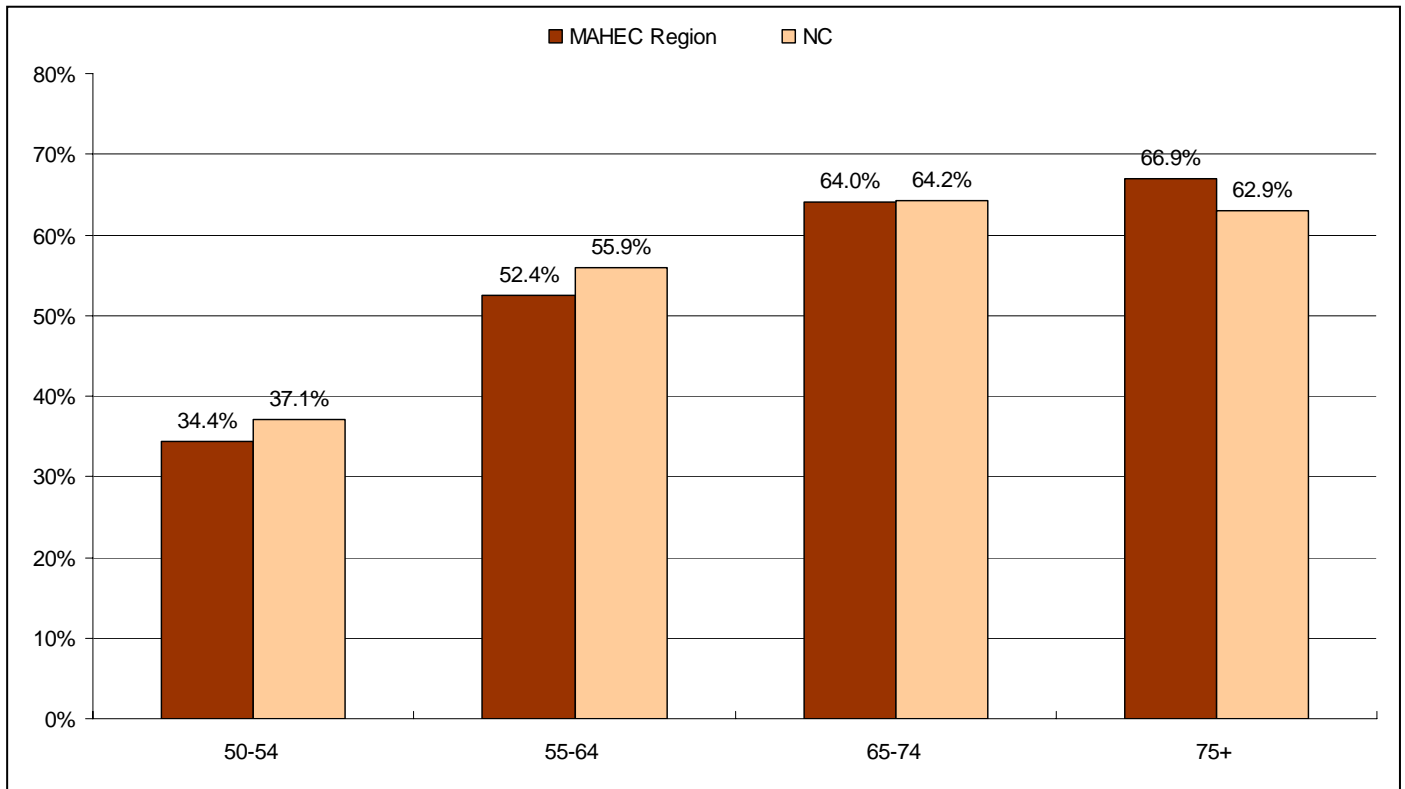
*MAHEC Region is 16-county region not including Avery County



BRFSS: Percentage Who Have Ever Had a Sigmoidoscopy or Colonoscopy, by Age

	MAHEC Region	NC
50-54	34.40%	37.10%
55-64	52.40%	55.90%
65-74	64%	64.20%
75+	66.90%	62.90%

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County

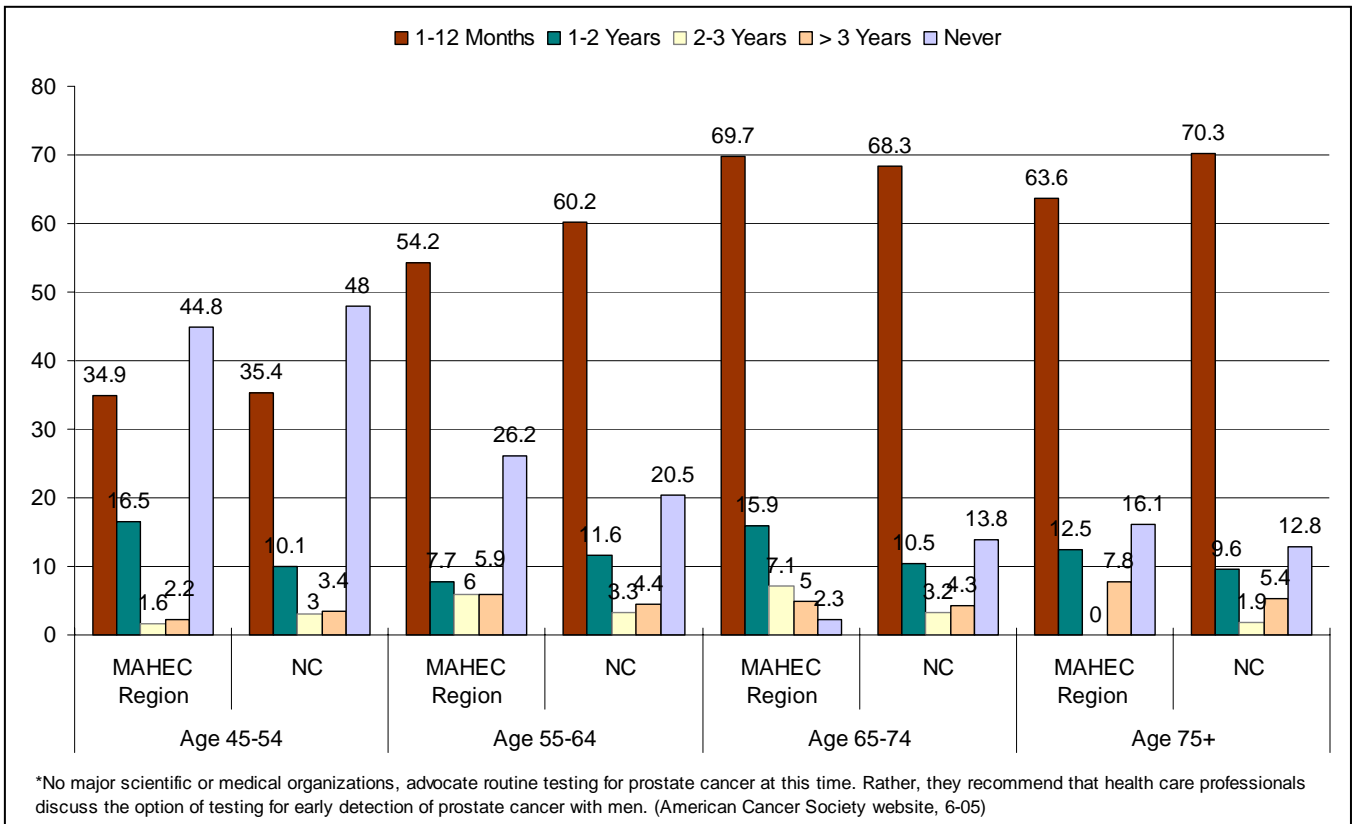


Western Region vs. NC in Time Since Last PSA Test Among Men Age 45+*

		1-12 Months	1-2 Years	2-3 Years	> 3 Years	Never
Age 45-54	MAHEC Region	34.9	16.5	1.6	2.2	44.8
	NC	35.4	10.1	3	3.4	48
Age 55-64	MAHEC Region	54.2	7.7	6	5.9	26.2
	NC	60.2	11.6	3.3	4.4	20.5
Age 65-74	MAHEC Region	69.7	15.9	7.1	5	2.3
	NC	68.3	10.5	3.2	4.3	13.8
Age 75+	MAHEC Region	63.6	12.5	0	7.8	16.1
	NC	70.3	9.6	1.9	5.4	12.8

BRFSS, 2004. NC State Center for Health Statistics

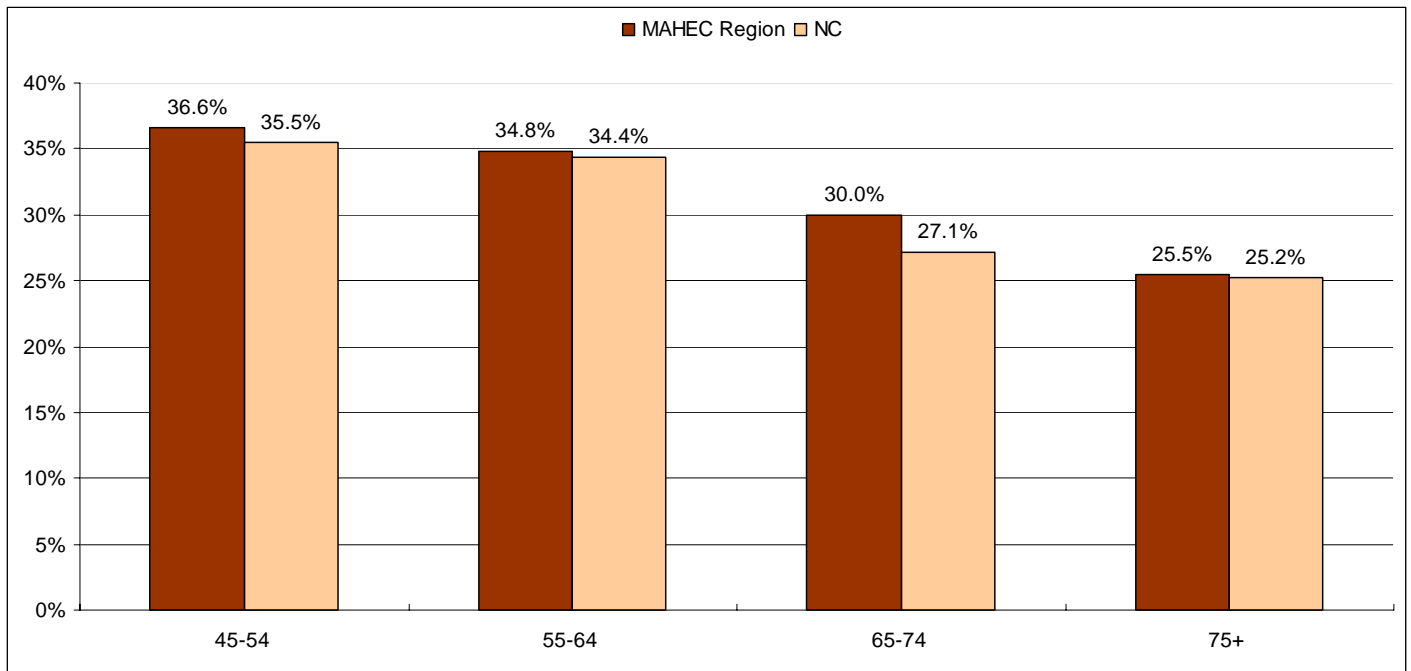
*MAHEC Region is 16-county region not including Avery County



BFRSS: Percentage Who Provided Care to a Family Member or Friend Age 60+ with a Long Term Illness or Disability

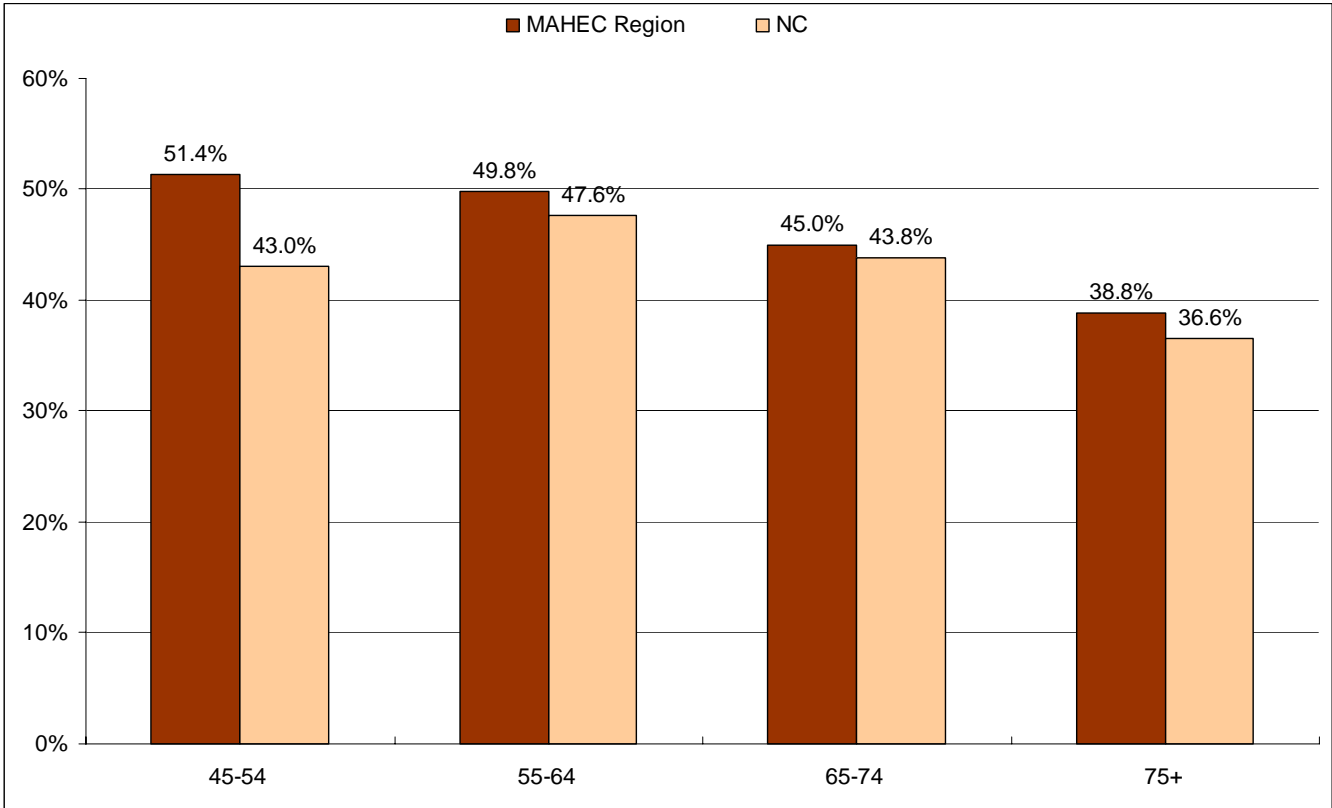
	MAHEC Region	NC
45-54	36.6%	35.5%
55-64	34.8%	34.4%
65-74	30.0%	27.1%
75+	25.5%	25.2%

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County



BRFSS: Percentage Who Provided Care to Someone Age 60+ with a Memory Loss		
	MAHEC Region	NC
45-54	51.4%	43.0%
55-64	49.8%	47.6%
65-74	45.0%	43.8%
75+	38.8%	36.6%

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County

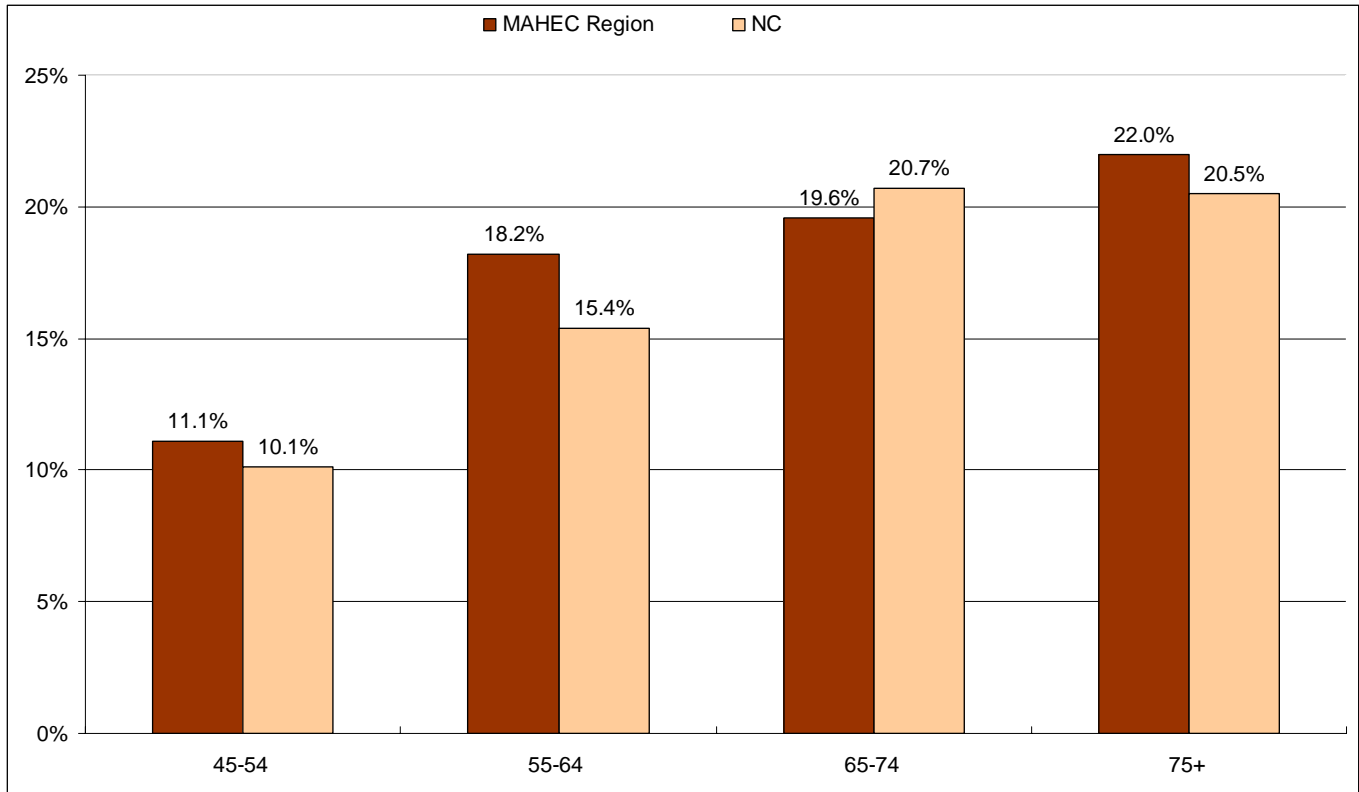


BRFSS: Percentage Who Have Been Told by a Doctor That They Have Diabetes, by Age

	MAHEC Region	NC
45-54	11.1%	10.1%
55-64	18.2%	15.4%
65-74	19.6%	20.7%
75+	22.0%	20.5%

BRFSS, 2004. NC State Center for Health Statistics

*MAHEC Region is 16-county region not including Avery County

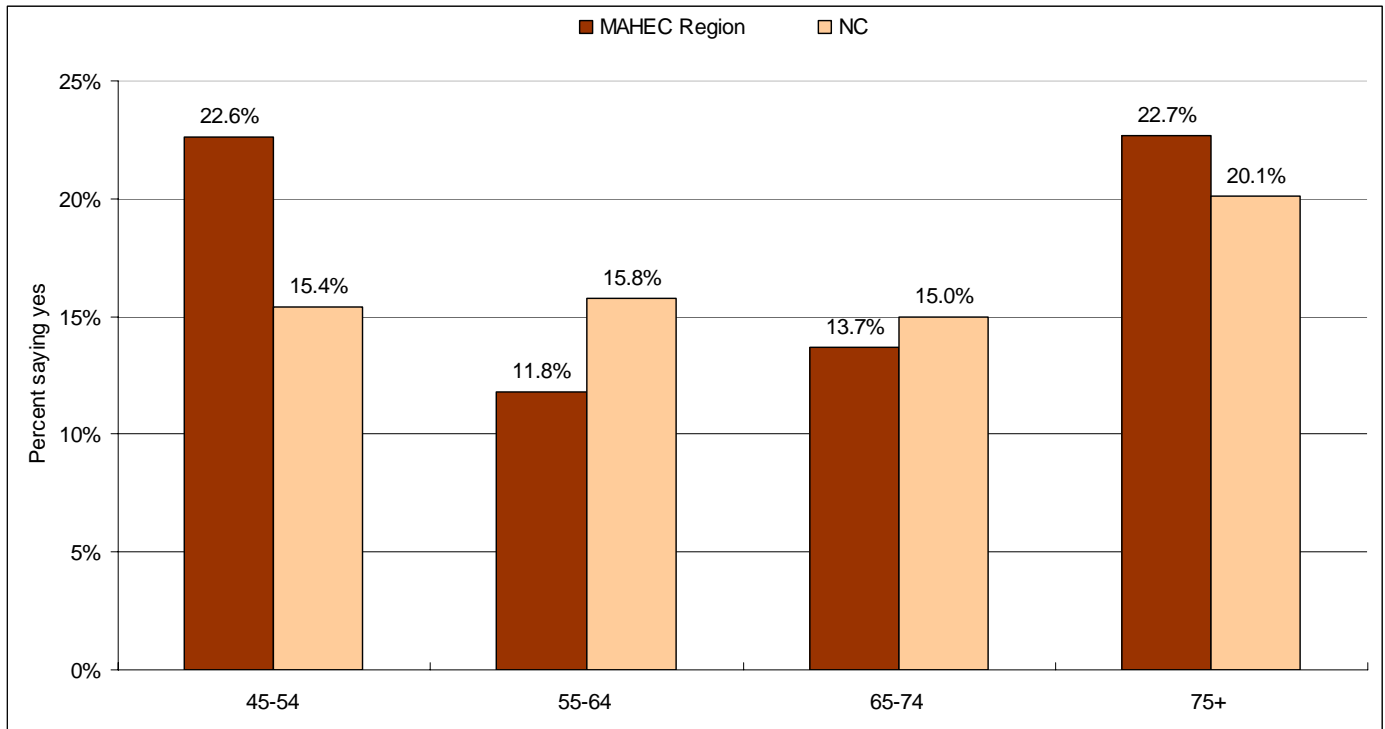


BRFSS: Because of any impairment or health problem, do you have any trouble learning, remembering, or concentrating?

	MAHEC Region	NC
45-54	22.6%	15.4%
55-64	11.8%	15.8%
65-74	13.7%	15.0%
75+	22.7%	20.1%

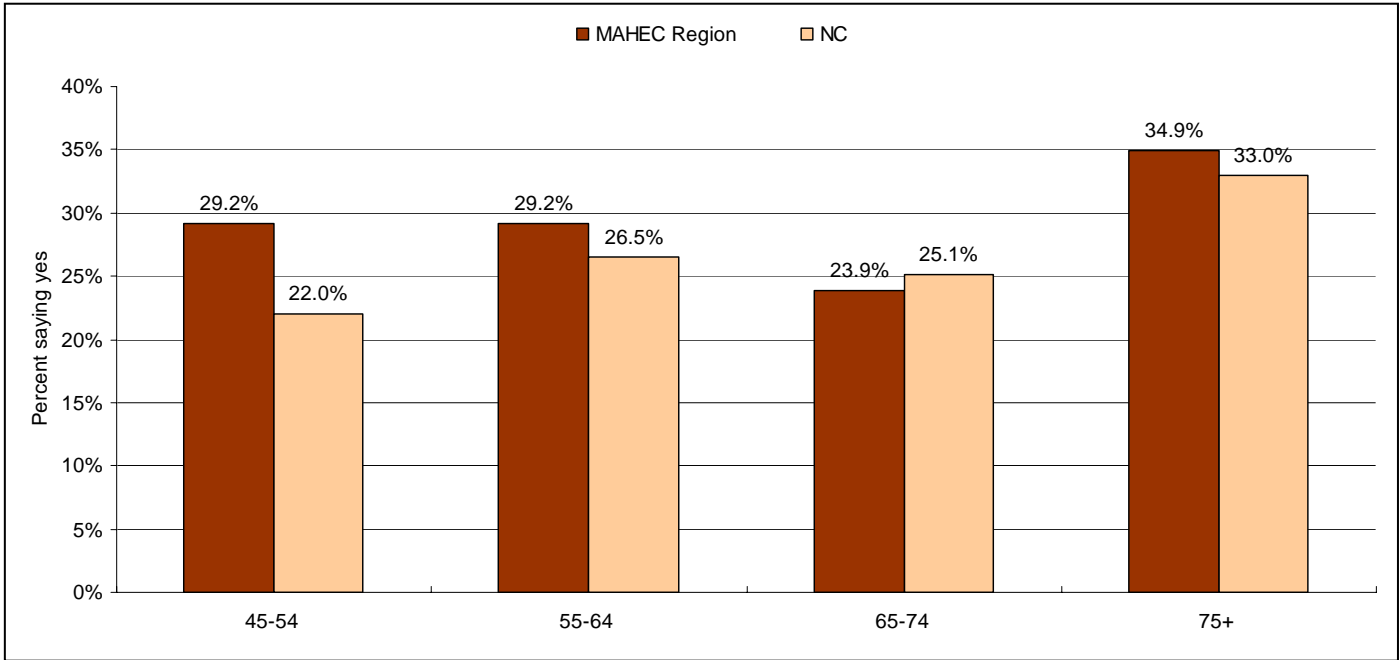
BRFSS, 2004. NC State Center for Health Statistics

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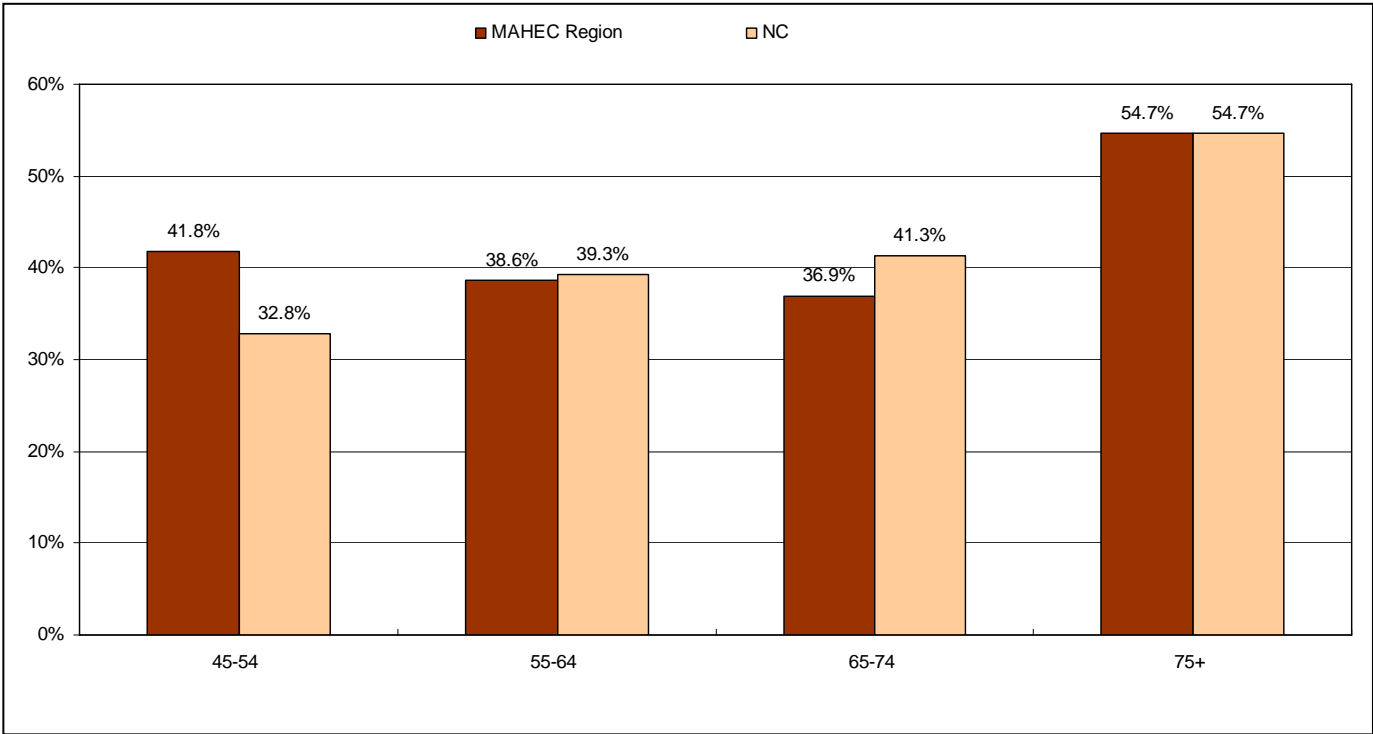


BRFSS: Are you limited in any way in any activities because of physical, mental, or emotional problems?		
	MAHEC Region	NC
45-54	29.2%	22.0%
55-64	29.2%	26.5%
65-74	23.9%	25.1%
75+	34.9%	33.0%

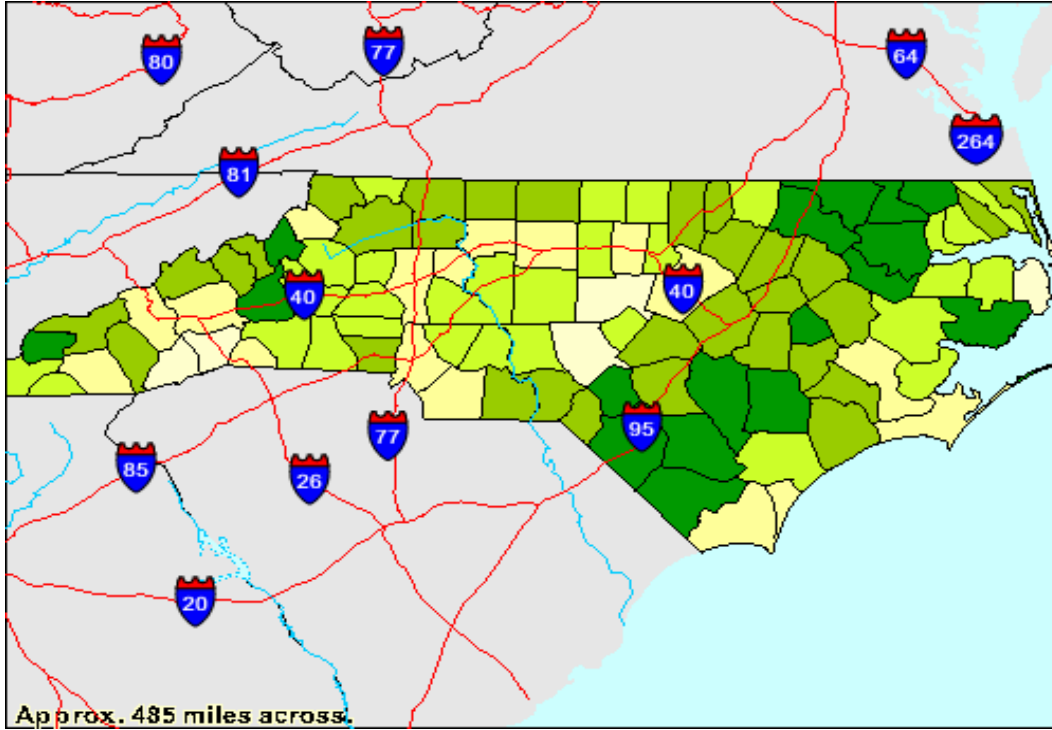
BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County



BRFSS: Disabled*		
	MAHEC Region	NC
45-54	41.8%	32.8%
55-64	38.6%	39.3%
65-74	36.9%	41.3%
75+	54.7%	54.7%
BRFSS, 2004. NC State Center for Health Statistics		
*MAHEC Region is 16-county region not including Avery County		



Percent Over 65 with Disability



Data Classes

Percent	
33.2 - 37.8	Lightest Yellow
38.9 - 43.8	Yellow
44.2 - 48.4	Light Green
48.5 - 52.6	Medium Green
53.5 - 59.8	Dark Green

Features

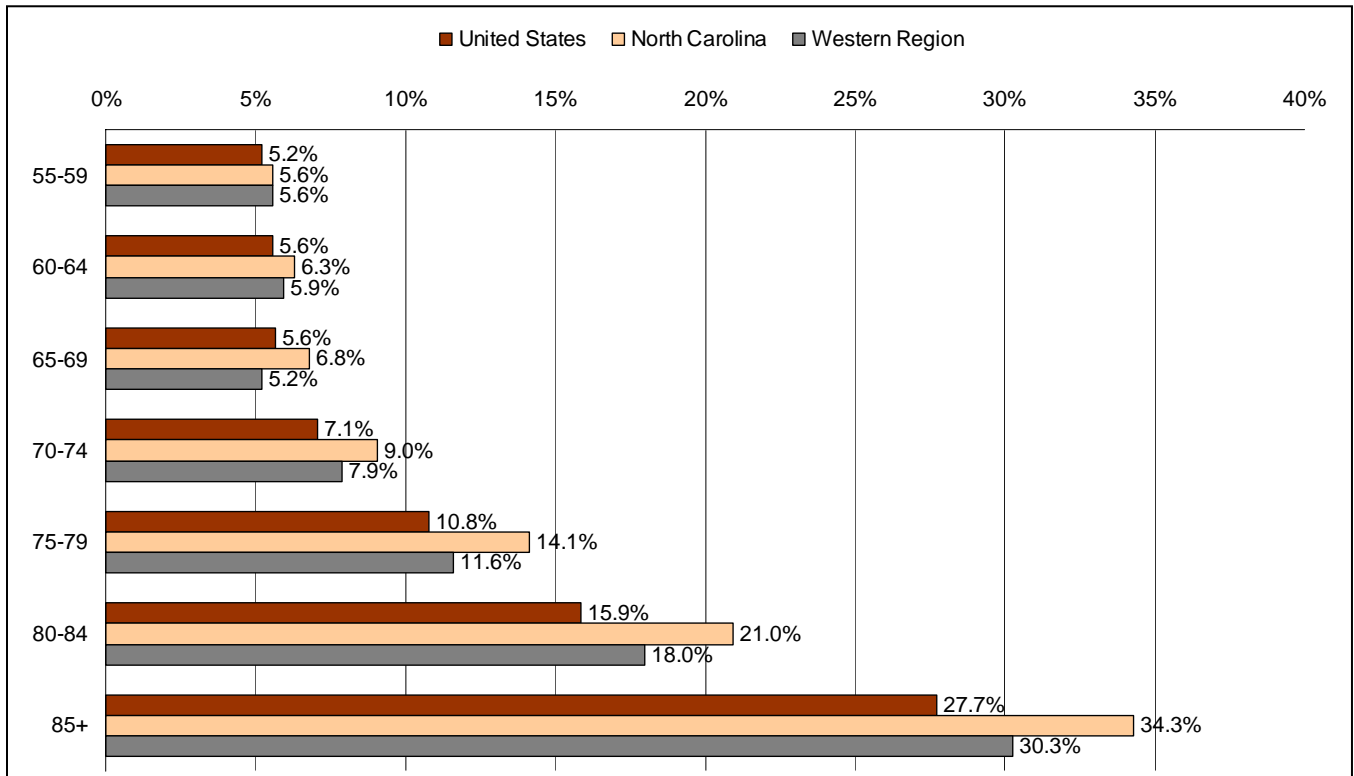
- Major Road
- Street
- Stream/Waterbody
- Stream/Waterbody

Items in gray text are not visible at this zoom level

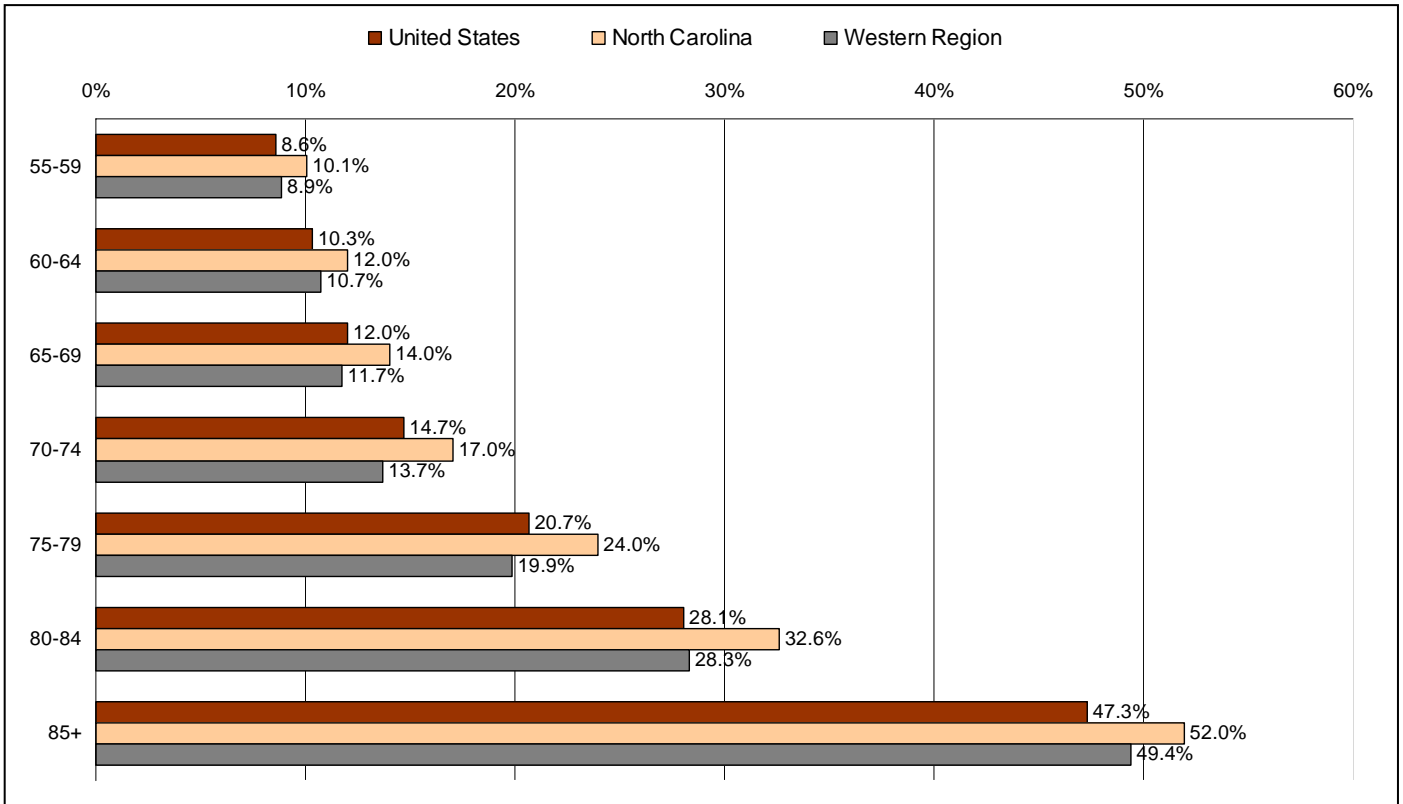
Percent with Learning/Remembering/Concentrating Disability, by Age (2000)

	55-59	60-64	65-69	70-74	75-79	80-84	85+
United States	5.2%	5.6%	5.6%	7.1%	10.8%	15.9%	27.7%
North Carolina	5.6%	6.3%	6.8%	9.0%	14.1%	21.0%	34.3%
Western Region	5.6%	5.9%	5.2%	7.9%	11.6%	18.0%	30.3%

US Census 2000



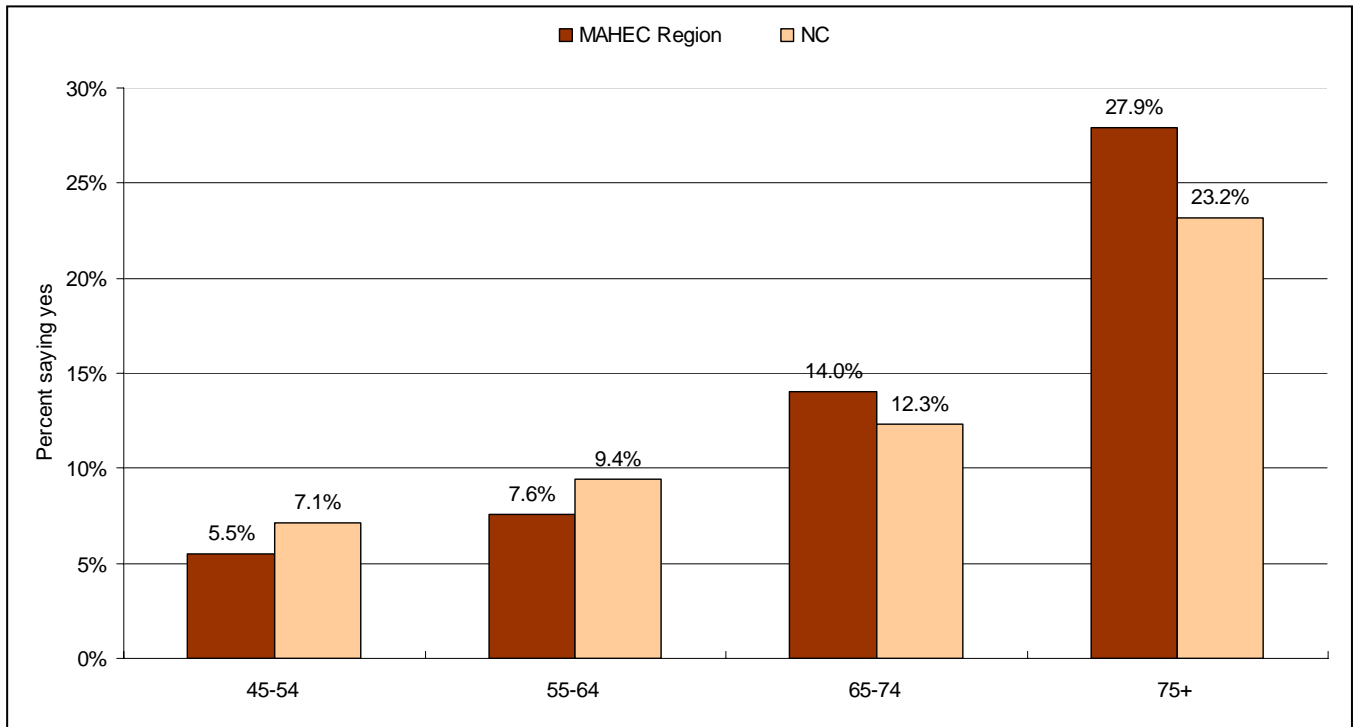
Percent with Go-Outside-Home Disability, by Age (2000)							
	55-59	60-64	65-69	70-74	75-79	80-84	85+
United States	8.6%	10.3%	12.0%	14.7%	20.7%	28.1%	47.3%
North Carolina	10.1%	12.0%	14.0%	17.0%	24.0%	32.6%	52.0%
Western Region	8.9%	10.7%	11.7%	13.7%	19.9%	28.3%	49.4%
US Census 2000							



BRFSS: Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

	MAHEC Region	NC
45-54	5.5%	7.1%
55-64	7.6%	9.4%
65-74	14.0%	12.3%
75+	27.9%	23.2%

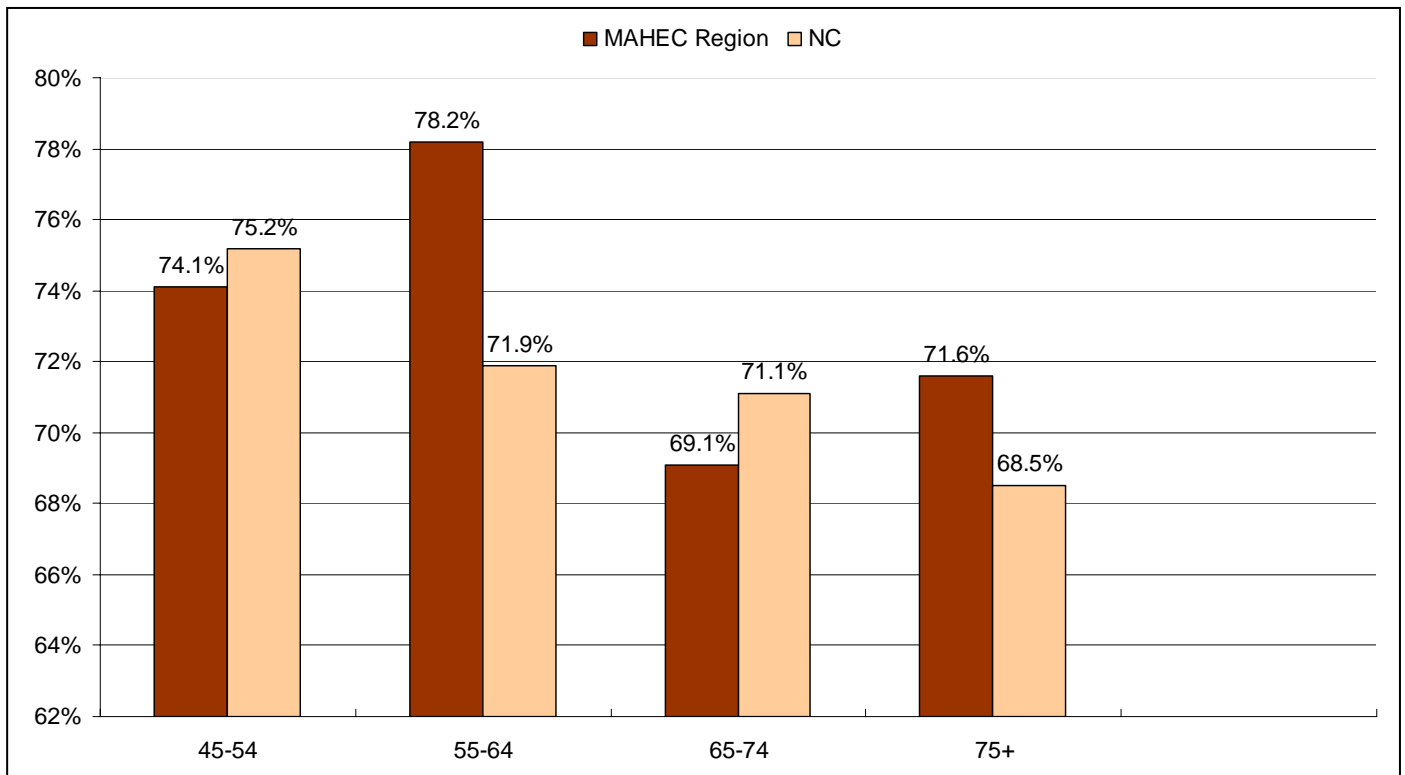
BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County



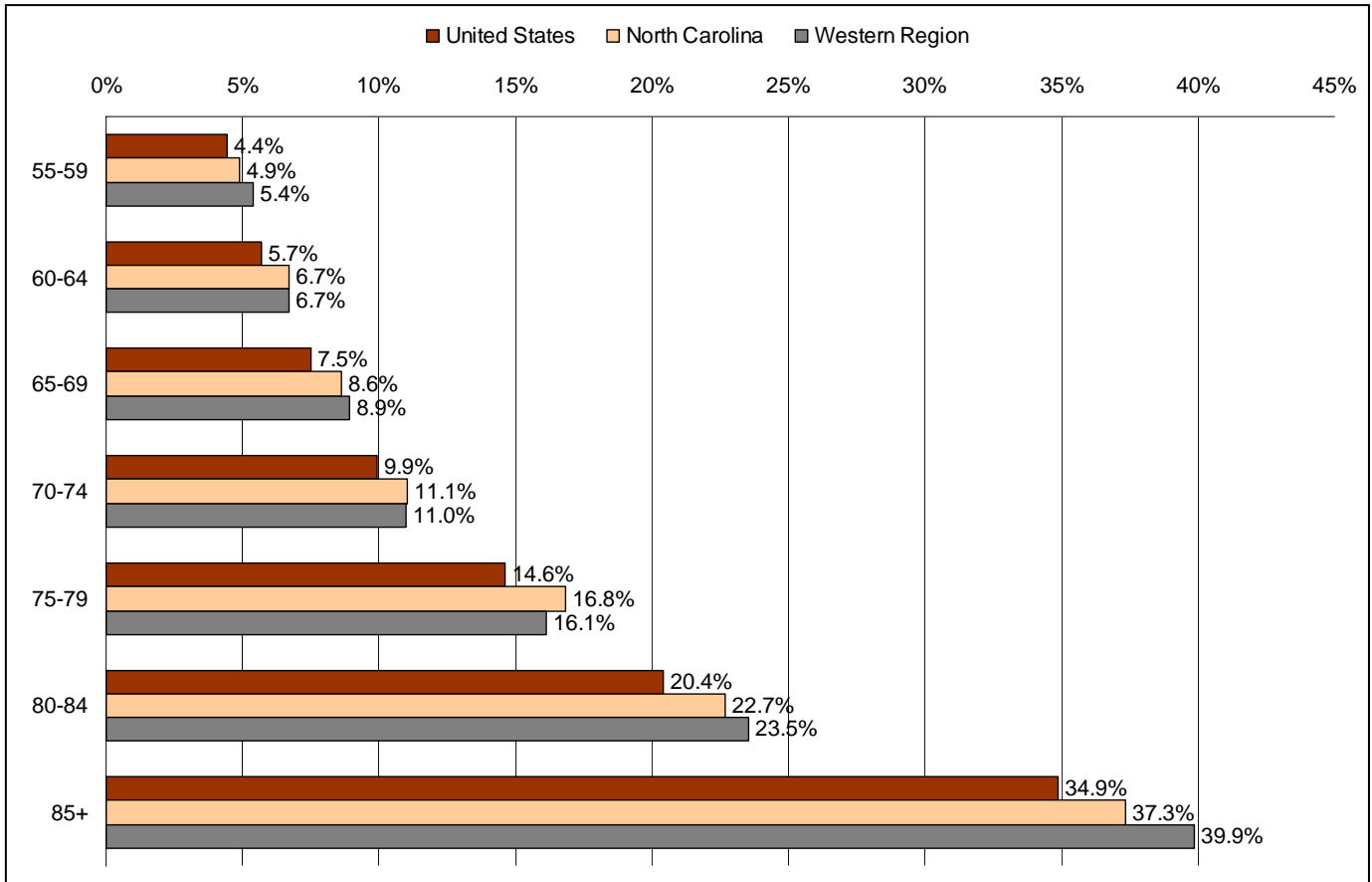
BRFSS: In the past month did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

	MAHEC Region	NC	Healthy Carolinians 2010 Target
45-54	74.1%	75.2%	71.0%
55-64	78.2%	71.9%	71.0%
65-74	69.1%	71.1%	71.0%
75+	71.6%	68.5%	71.0%

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County



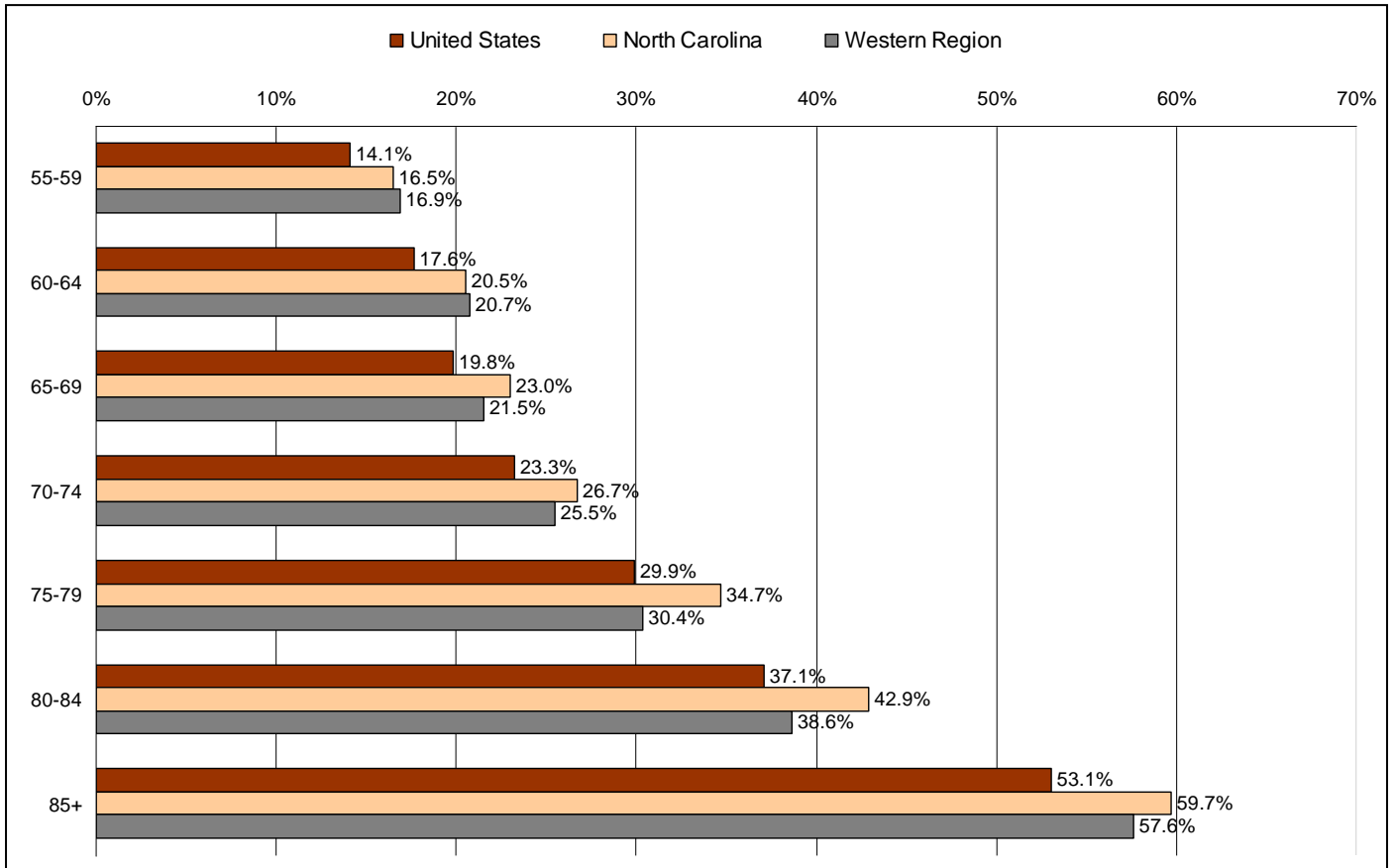
Percent 55+ with Sensory Disability, by Age (2000)							
	55-59	60-64	65-69	70-74	75-79	80-84	85+
United States	4.4%	5.7%	7.5%	9.9%	14.6%	20.4%	34.9%
North Carolina	4.9%	6.7%	8.6%	11.1%	16.8%	22.7%	37.3%
Western Region	5.4%	6.7%	8.9%	11.0%	16.1%	23.5%	39.9%
US Census 2000							



Percent 55+ with Physical Disability, by Age (2000)

	55-59	60-64	65-69	70-74	75-79	80-84	85+
United States	14.1%	17.6%	19.8%	23.3%	29.9%	37.1%	53.1%
North Carolina	16.5%	20.5%	23.0%	26.7%	34.7%	42.9%	59.7%
Western Region	16.9%	20.7%	21.5%	25.5%	30.4%	38.6%	57.6%

US Census 2000

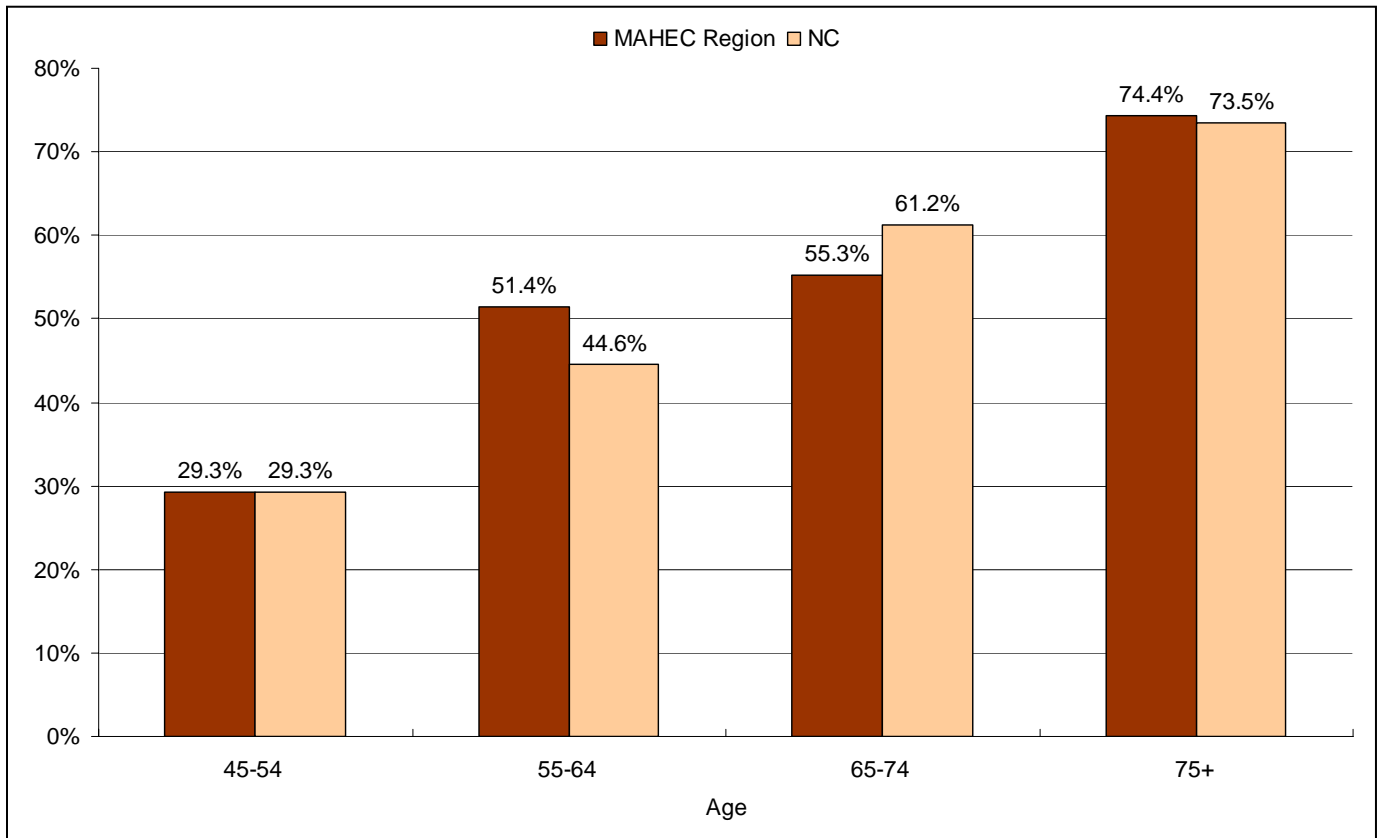


Percentage Who Have Had a Flu Shot in the Past 12 Months, by Age

	MAHEC Region	NC
45-54	29.30%	29.30%
55-64	51.40%	44.60%
65-74	55.30%	61.20%
75+	74.40%	73.50%

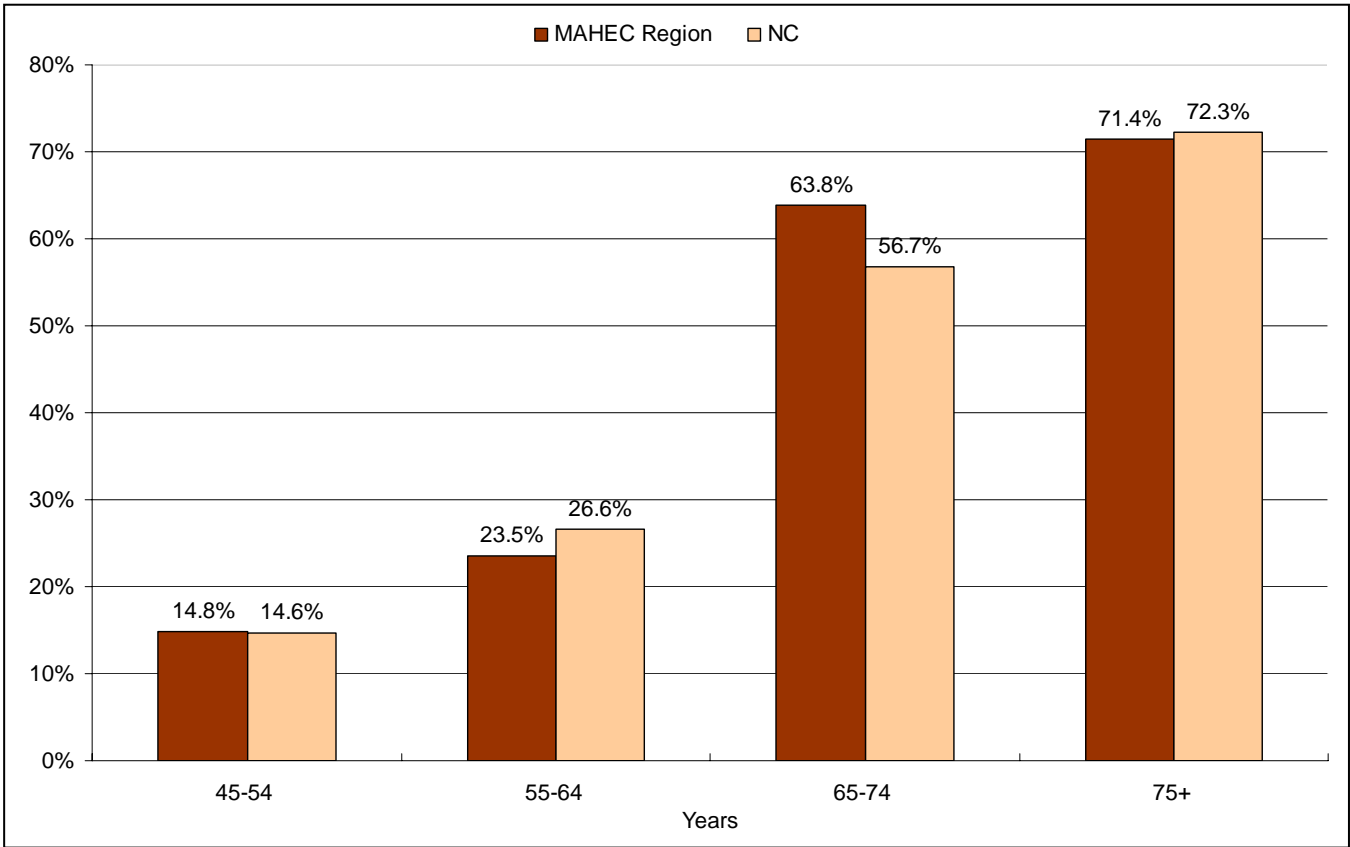
BRFSS, 2004. NC State Center for Health Statistics

*MAHEC Region is 16-county region not including Avery County



Percentage Who Have Had a Pneumonia Shot, by Age		
	MAHEC Region	NC
45-54	14.80%	14.60%
55-64	23.50%	26.60%
65-74	63.80%	56.70%
75+	71.40%	72.30%

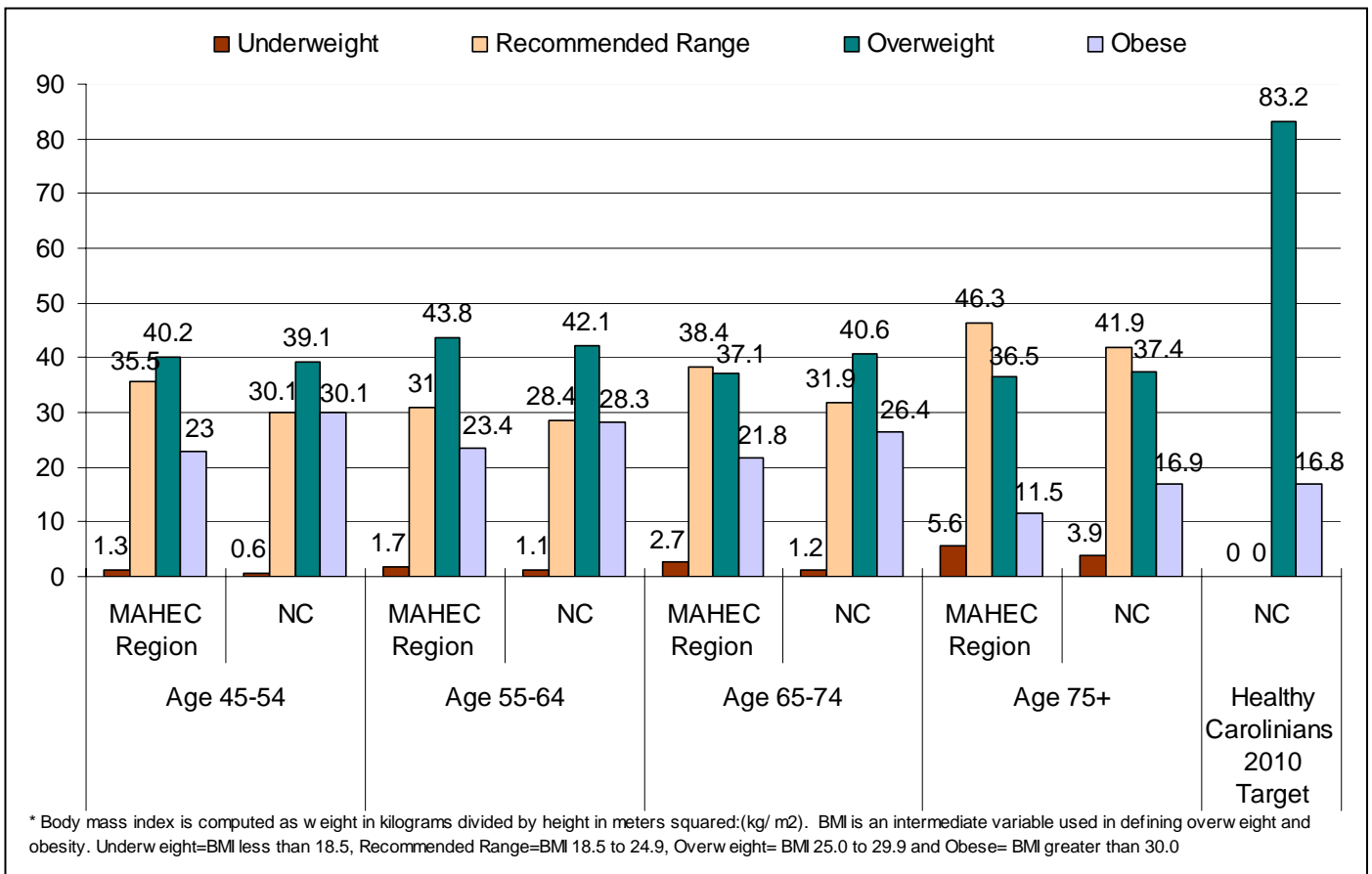
BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County



Obesity by Age, Western Region and NC*

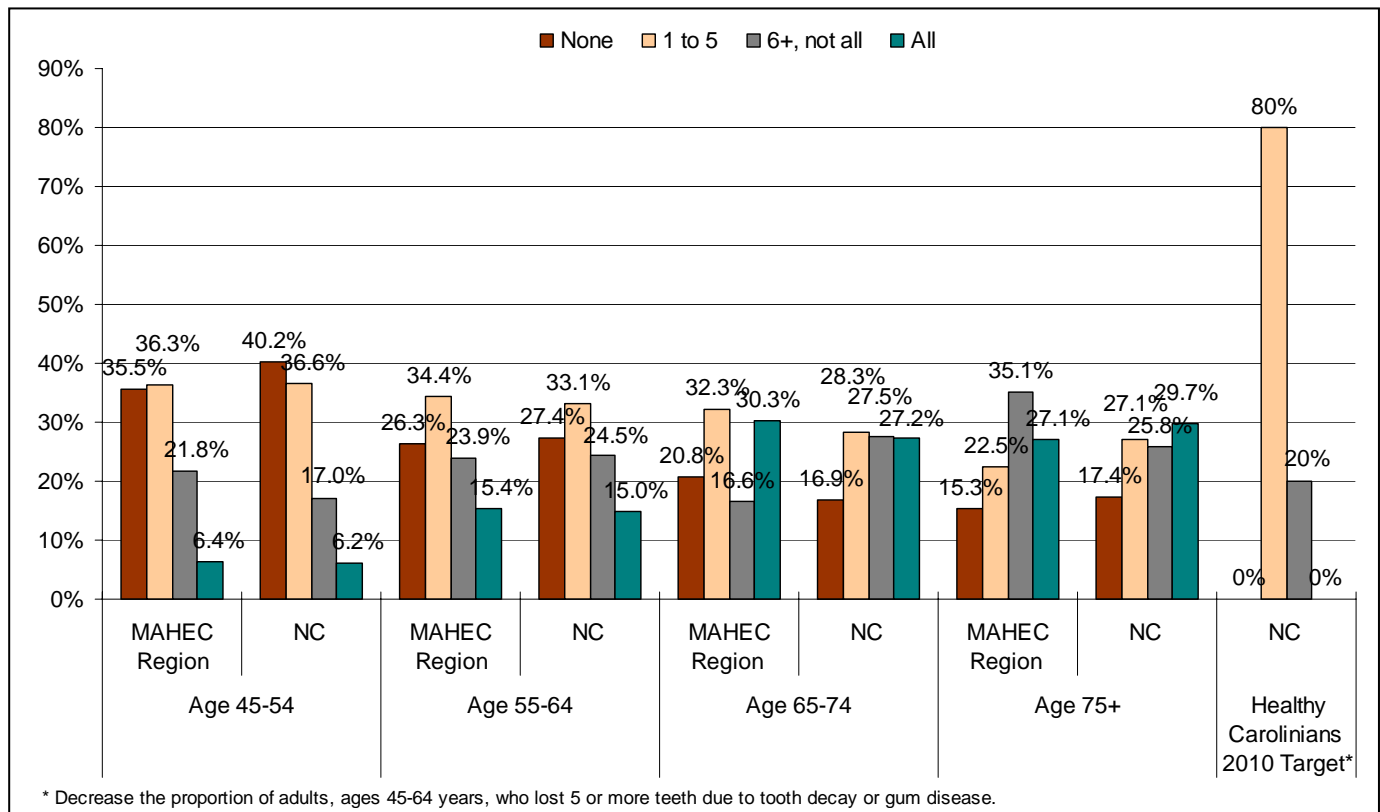
		Underweight	Recommended Range	Overweight	Obese
Age 45-54	MAHEC Region	1.3	35.5	40.2	23
	NC	0.6	30.1	39.1	30.1
Age 55-64	MAHEC Region	1.7	31	43.8	23.4
	NC	1.1	28.4	42.1	28.3
Age 65-74	MAHEC Region	2.7	38.4	37.1	21.8
	NC	1.2	31.9	40.6	26.4
Age 75+	MAHEC Region	5.6	46.3	36.5	11.5
	NC	3.9	41.9	37.4	16.9
Healthy Carolinians 2010 Target	NC	0	0	83.2	16.8

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County



BRFSS: How many permanent teeth have been removed because of tooth decay or gum disease?						
		None	1 to 5	6+, not all	All	
Age 45-54	MAHEC Region	35.5%	36.3%	21.8%	6.4%	
	NC	40.2%	36.6%	17.0%	6.2%	
Age 55-64	MAHEC Region	26.3%	34.4%	23.9%	15.4%	
	NC	27.4%	33.1%	24.5%	15.0%	
Age 65-74	MAHEC Region	20.8%	32.3%	16.6%	30.3%	
	NC	16.9%	28.3%	27.5%	27.2%	
Age 75+	MAHEC Region	15.3%	22.5%	35.1%	27.1%	
	NC	17.4%	27.1%	25.8%	29.7%	
Healthy Carolinians 2010 Target*	NC	0%	80%	20%	0%	

BRFSS, 2004. NC State Center for Health Statistics
 *MAHEC Region is 16-county region not including Avery County

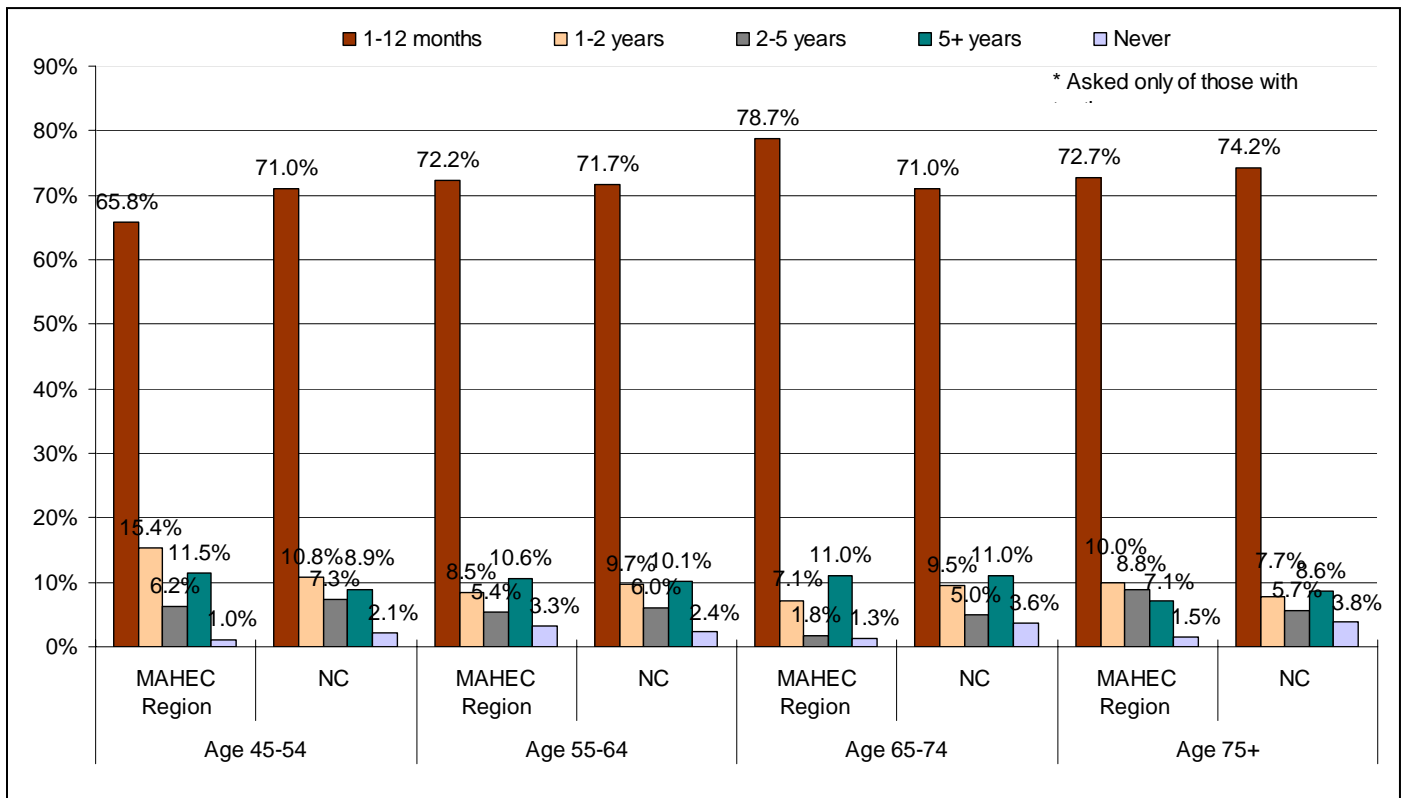


BRFSS: How long has it been since you had your teeth cleaned by a dentist or dental hygienist?*

		1-12 months	1-2 years	2-5 years	5+ years	Never
Age 45-54	MAHEC Region	65.8%	15.4%	6.2%	11.5%	1.0%
	NC	71.0%	10.8%	7.3%	8.9%	2.1%
Age 55-64	MAHEC Region	72.2%	8.5%	5.4%	10.6%	3.3%
	NC	71.7%	9.7%	6.0%	10.1%	2.4%
Age 65-74	MAHEC Region	78.7%	7.1%	1.8%	11.0%	1.3%
	NC	71.0%	9.5%	5.0%	11.0%	3.6%
Age 75+	MAHEC Region	72.7%	10.0%	8.8%	7.1%	1.5%
	NC	74.2%	7.7%	5.7%	8.6%	3.8%

BRFSS, 2004. NC State Center for Health Statistics

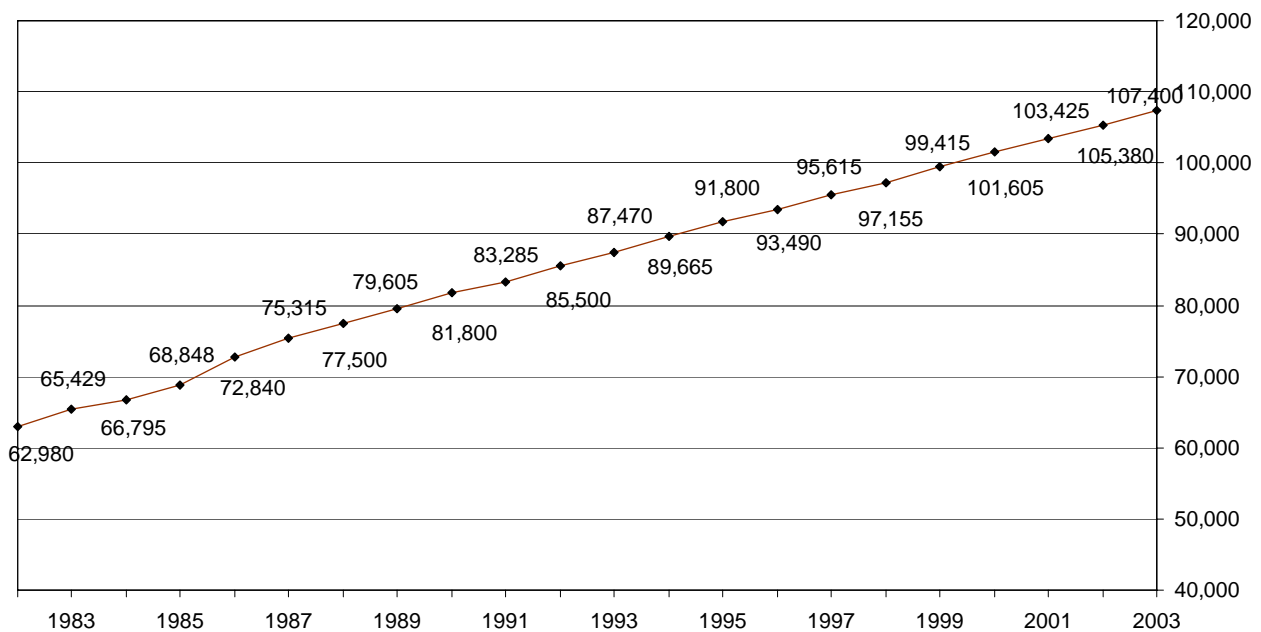
*MAHEC Region is 16-county region not including Avery County



17- County Western Region, Number of Social Security Retirement Beneficiaries* (1982-2003)

Year	Region
1983	65,429
1984	66,795
1985	68,848
1986	72,840
1987	75,315
1988	77,500
1989	79,605
1990	81,800
1991	83,285
1992	85,500
1993	87,470
1994	89,665
1995	91,800
1996	93,490
1997	95,615
1998	97,155
1999	99,415
2000	101,605
2001	103,425
2002	105,380
2003	107,400

OASDI Beneficiaries, US Dept of Health and Human Services, via LINC (Log into North Carolina)

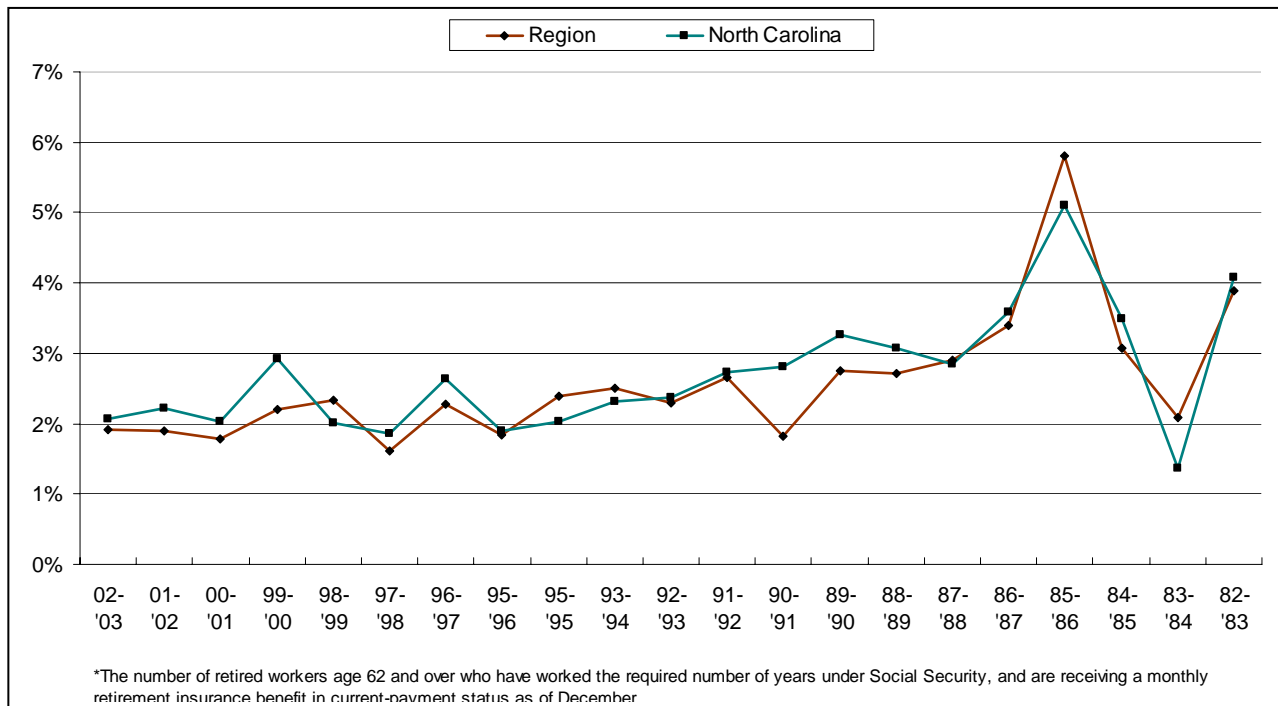


*The number of retired workers age 62 and over who have worked the required number of years under Social Security, and are receiving a monthly retirement insurance benefit in current-payment status as of December.

Percent Increase in Number of SS Retirement Beneficiaries 1982-2004, Western Region and NC

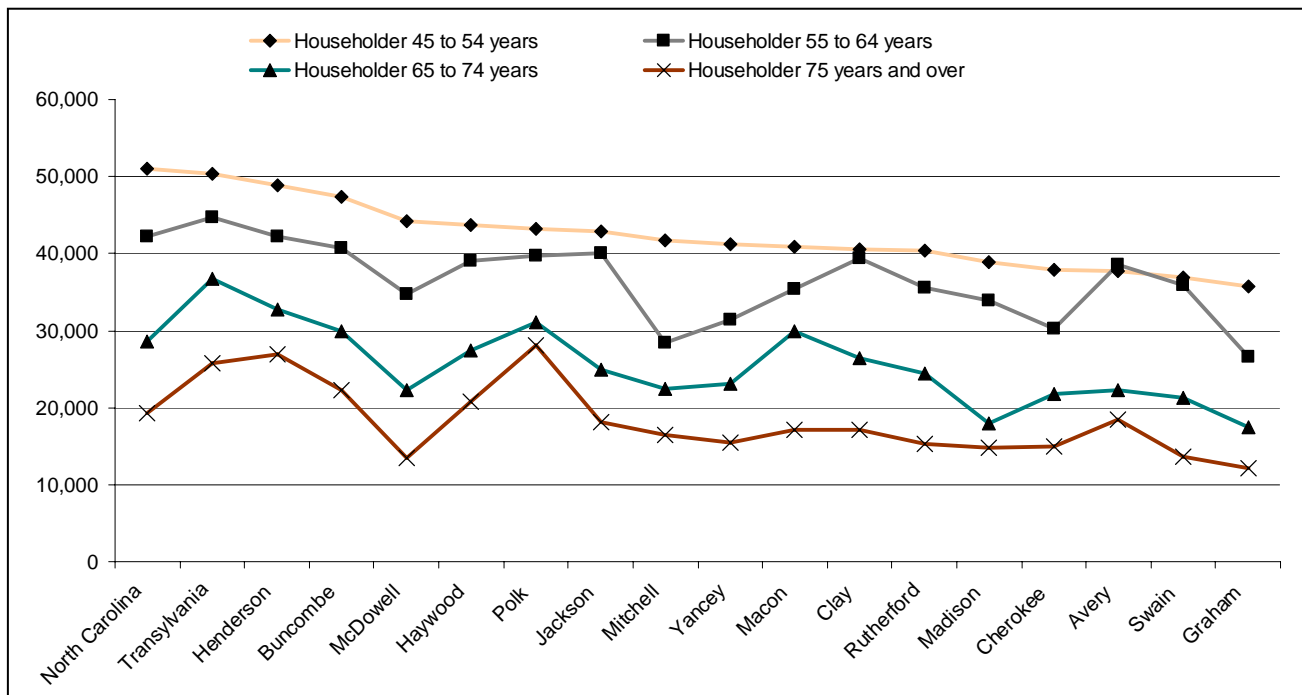
Year	Region	North Carolina
02-'03	1.92%	2.07%
01-'02	1.89%	2.22%
00-'01	1.79%	2.03%
99-'00	2.20%	2.93%
98-'99	2.33%	2.01%
97-'98	1.61%	1.87%
96-'97	2.27%	2.63%
95-'96	1.84%	1.90%
95-'95	2.38%	2.04%
93-'94	2.51%	2.31%
92-'93	2.30%	2.37%
91-'92	2.66%	2.74%
90-'91	1.82%	2.81%
89-'90	2.76%	3.25%
88-'89	2.72%	3.08%
87-'88	2.90%	2.85%
86-'87	3.40%	3.58%
85-'86	5.80%	5.10%
84-'85	3.07%	3.49%
83-'84	2.09%	1.37%
82-'83	3.89%	4.07%

OASDI Beneficiaries, US Dept of Health and Human Services, via LINC (Log into North Carolina)

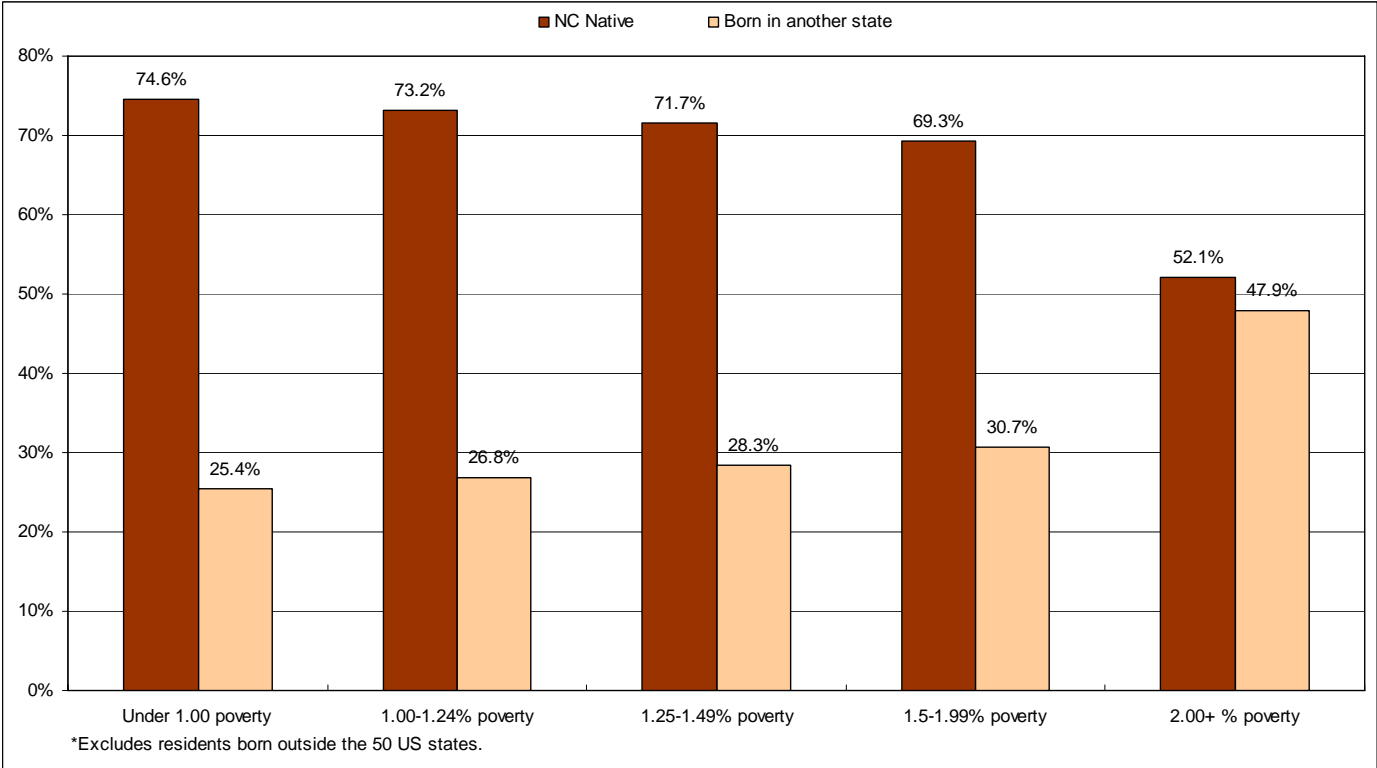


Median Household Income by Age, Western Counties and NC (1999)

	Householder 45 to 54 years	Householder 55 to 64 years	Householder 65 to 74 years	Householder 75 years and over
North Carolina	51,070	42,250	28,521	19,307
Transylvania	50,437	44,646	36,797	25,827
Henderson	48,786	42,171	32,707	26,957
Buncombe	47,379	40,654	29,940	22,268
McDowell	44,183	34,775	22,354	13,449
Haywood	43,670	39,021	27,353	20,703
Polk	43,160	39,712	31,030	28,070
Jackson	42,857	40,108	25,000	18,050
Mitchell	41,782	28,417	22,372	16,521
Yancey	41,250	31,464	23,065	15,522
Macon	40,961	35,363	29,962	17,141
Clay	40,547	39,345	26,494	17,143
Rutherford	40,405	35,503	24,387	15,349
Madison	38,920	33,906	17,966	14,846
Cherokee	37,842	30,262	21,696	15,018
Avery	37,805	38,594	22,231	18,368
Swain	36,894	35,833	21,229	13,571
Graham	35,806	26,635	17,528	12,173
US Census 2000				



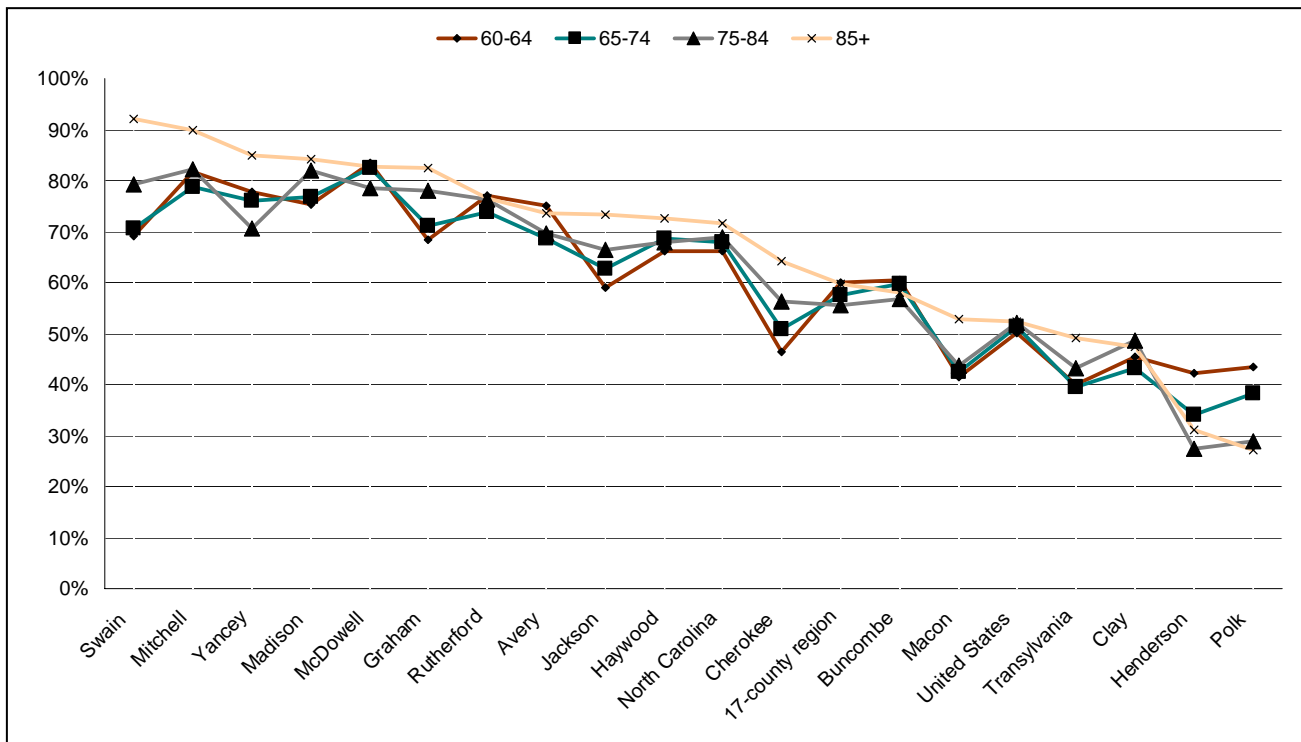
Proportion of NC Natives and Residents Born in Other States at Each Poverty Level, Age 60+, Western Region*		
	NC Native	Born in Another State
Under 1.00 poverty	14.9%	7.3%
1.00-1.24% poverty	7.4%	3.9%
1.25-1.49% poverty	6.9%	3.9%
1.5-1.99% poverty	12.5%	7.9%
2.00+ % poverty	58.3%	77.0%
US Census 2000		



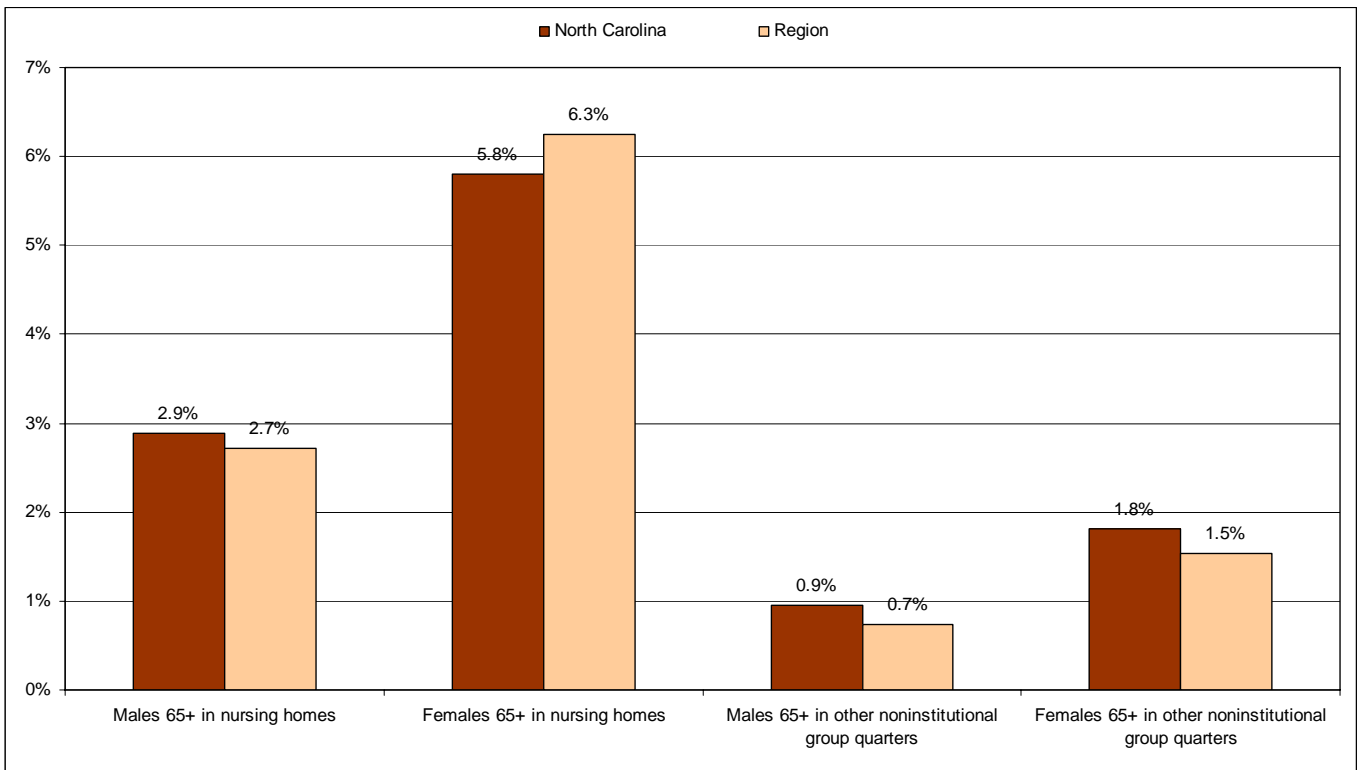
Proportion Residents Born in State, for Western Counties, by Senior Age Group (2000)

County	60-64	65-74	75-84	85+	All
Swain	69.0%	70.6%	79.2%	92.0%	76.2%
Mitchell	81.7%	78.8%	82.2%	89.9%	81.2%
Yancey	77.8%	76.1%	70.6%	84.8%	75.0%
Madison	75.4%	76.9%	81.9%	84.2%	79.7%
McDowell	83.4%	82.5%	78.5%	82.8%	81.2%
Graham	68.4%	71.1%	78.0%	82.5%	74.8%
Rutherford	77.1%	73.9%	76.3%	76.7%	75.1%
Avery	75.0%	68.6%	69.5%	73.5%	69.5%
Jackson	58.9%	62.7%	66.4%	73.3%	65.0%
Haywood	66.3%	68.6%	68.0%	72.6%	68.8%
North Carolina	66.1%	68.0%	68.9%	71.5%	68.7%
Cherokee	46.5%	50.9%	56.3%	64.3%	54.2%
17-county region	59.9%	57.5%	55.5%	59.8%	57.1%
Buncombe	60.5%	59.7%	56.8%	58.1%	58.4%
Macon	41.4%	42.4%	43.8%	52.8%	44.1%
United States	50.1%	51.4%	52.1%	52.3%	51.7%
Transylvania	40.0%	39.4%	43.3%	49.2%	41.8%
Clay	45.5%	43.3%	48.6%	47.5%	45.6%
Henderson	42.2%	34.0%	27.5%	31.1%	31.3%
Polk	43.5%	38.2%	28.8%	27.2%	32.8%

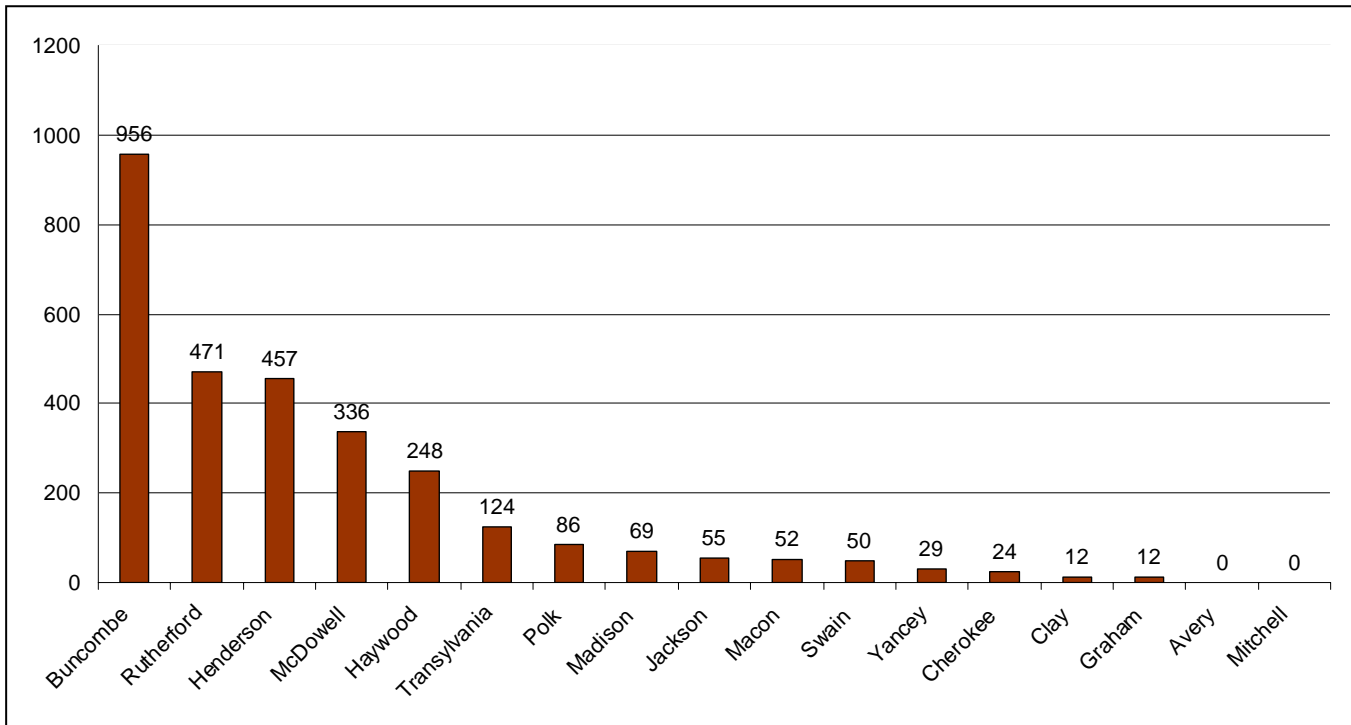
US Census 2000



Percentage of Western Region Age 65+ in Nursing Homes and Other Group Quarters (2000)		
	North Carolina	Region
Males 65+ in nursing homes	2.9%	2.7%
Females 65+ in nursing homes	5.8%	6.3%
Males 65+ in other noninstitutional group quarters	0.9%	0.7%
Females 65+ in other noninstitutional group quarters	1.8%	1.5%
US Census 2000		

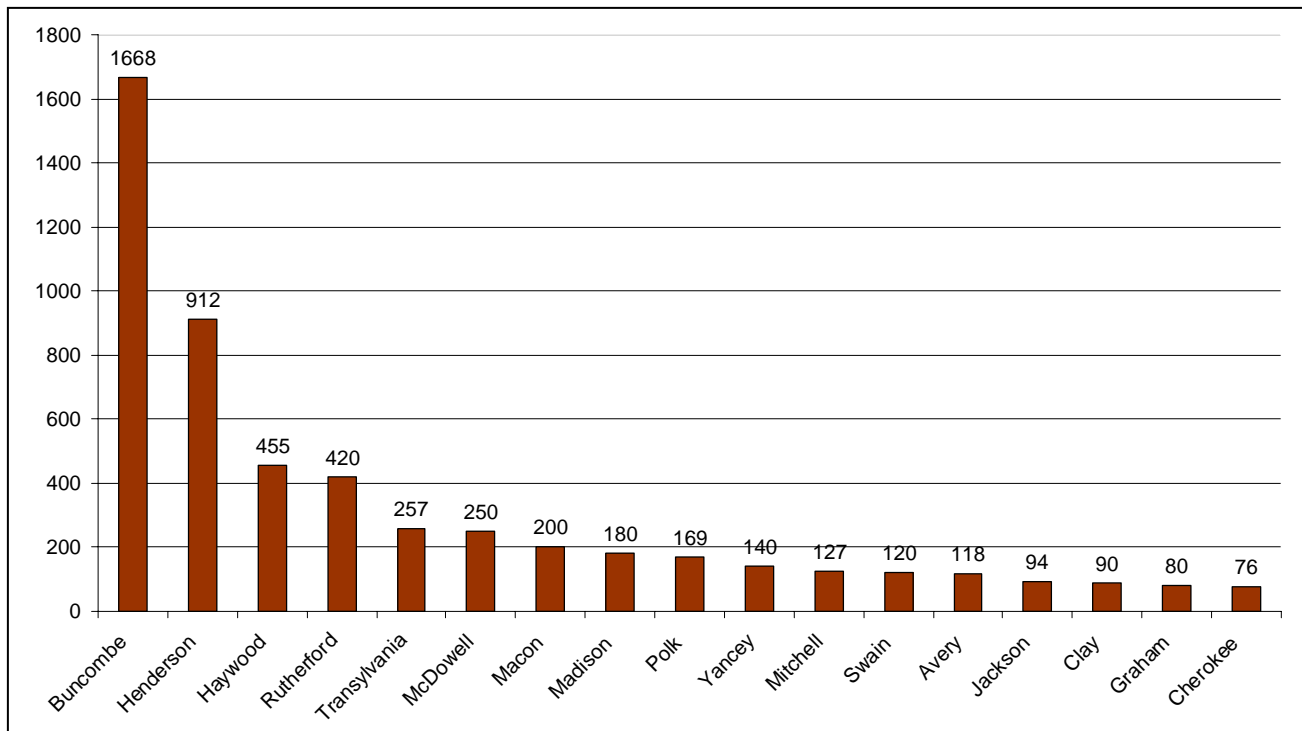


Number of Licensed Adult Care Home Beds, by Western County (2005)	
	# Beds
Buncombe	956
Rutherford	471
Henderson	457
McDowell	336
Haywood	248
Transylvania	124
Polk	86
Madison	69
Jackson	55
Macon	52
Swain	50
Yancey	29
Cherokee	24
Clay	12
Graham	12
Avery	0
Mitchell	0
North Carolina Department of Health and Human Services - Division of Facility Services	



Number of Licensed Nursing Home Beds, by Western County (2005)	
County	Number of Beds
Buncombe	1668
Henderson	912
Haywood	455
Rutherford	420
Transylvania	257
McDowell	250
Macon	200
Madison	180
Polk	169
Yancey	140
Mitchell	127
Swain	120
Avery	118
Jackson	94
Clay	90
Graham	80
Cherokee	76

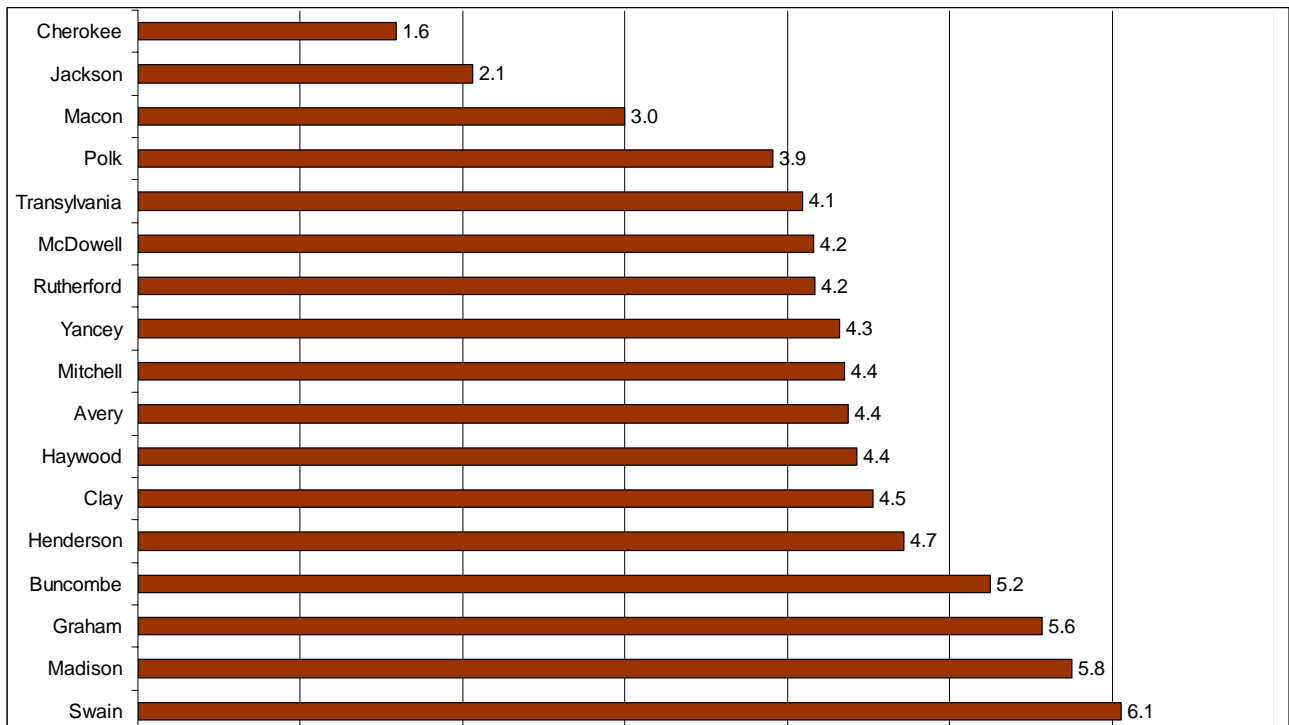
North Carolina Department of Health and Human Services - Division of Facility Services



Nursing Home Beds per 100 Residents Age 65+, by Western County*

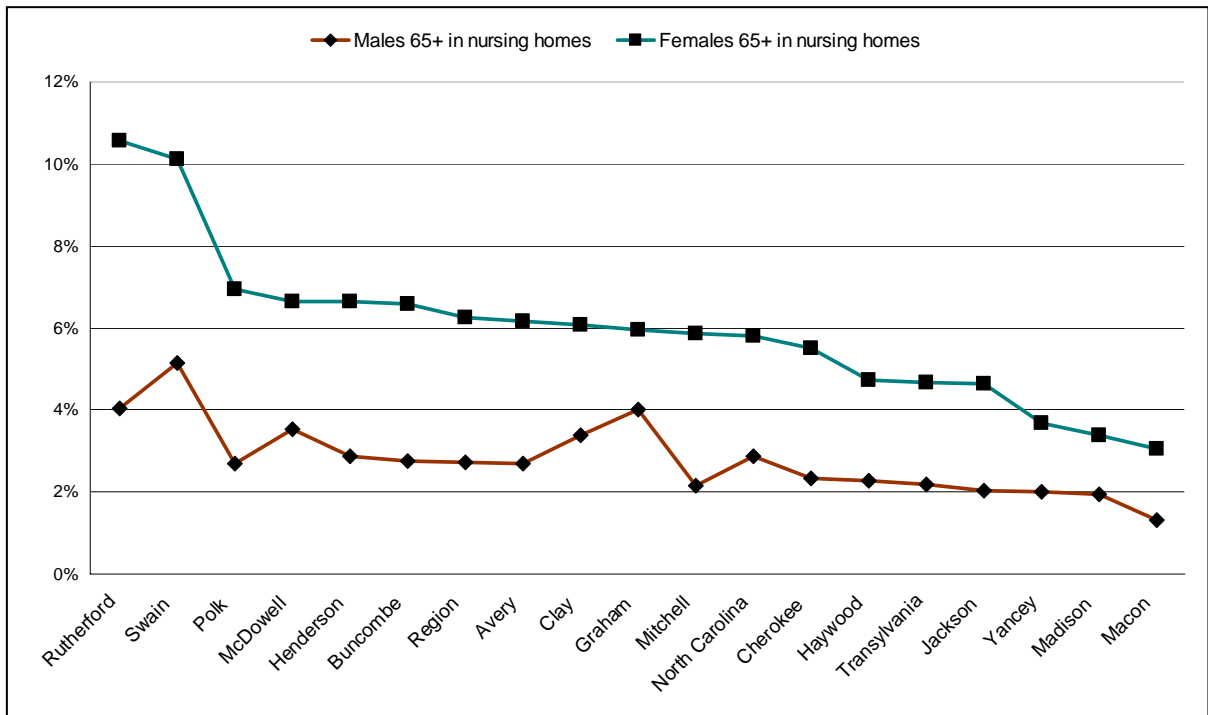
County	Beds/100 65+ Residents
Swain	6.1
Madison	5.8
Graham	5.6
Buncombe	5.2
Henderson	4.7
Clay	4.5
Haywood	4.4
Avery	4.4
Mitchell	4.4
Yancey	4.3
Rutherford	4.2
McDowell	4.2
Transylvania	4.1
Polk	3.9
Macon	3.0
Jackson	2.1
Cherokee	1.6

North Carolina Department of Health and Human Services - Division of Facility Services; US Census 2000



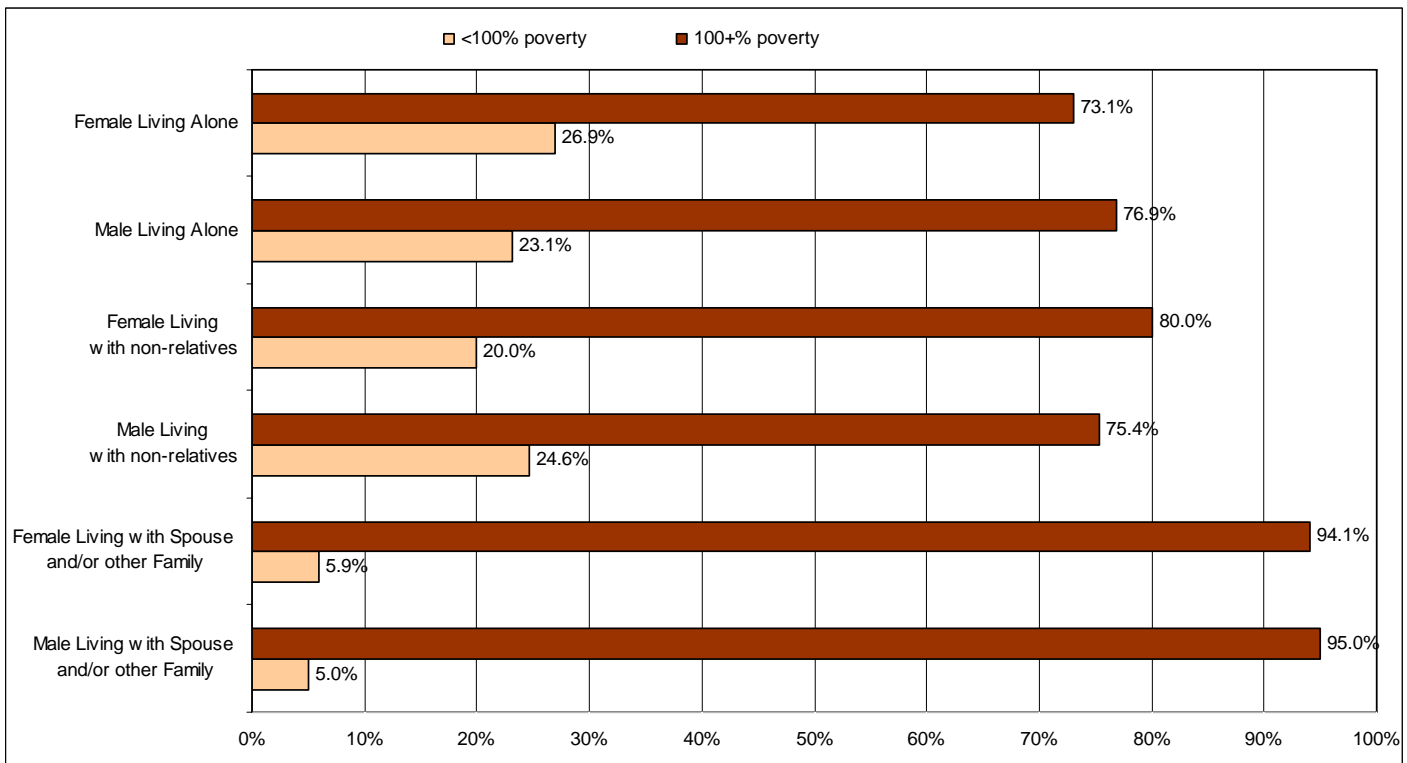
*Nursing home beds in 2005, population in 2000.

Percentages of Age 65+ Females and Males in Nursing Homes, by County, Western Region and NC (2000)		
	Males 65+ in nursing homes	Females 65+ in nursing homes
Rutherford	4.0%	10.6%
Swain	5.2%	10.1%
Polk	2.7%	6.9%
McDowell	3.5%	6.6%
Henderson	2.9%	6.6%
Buncombe	2.8%	6.6%
Region	2.7%	6.3%
Avery	2.7%	6.2%
Clay	3.4%	6.1%
Graham	4.0%	6.0%
Mitchell	2.2%	5.9%
North Carolina	2.9%	5.8%
Cherokee	2.3%	5.5%
Haywood	2.3%	4.7%
Transylvania	2.2%	4.7%
Jackson	2.0%	4.6%
Yancey	2.0%	3.7%
Madison	2.0%	3.4%
Macon	1.3%	3.1%
US Census 2000		

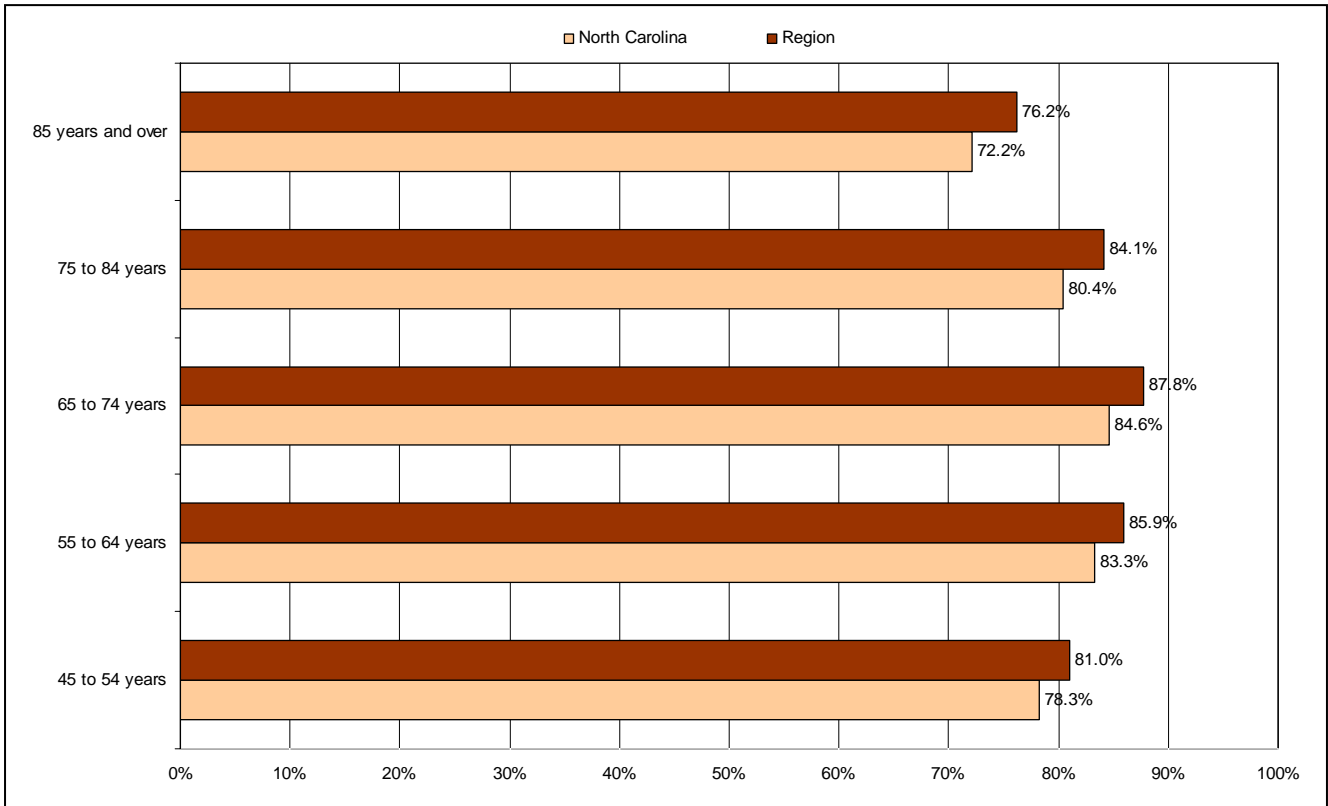


Western Region Living Arrangements and Poverty Levels, Age 60+

	Male Living with Spouse and/or other Family	Female Living with Spouse and/or other Family	Male Living with non-relatives	Female Living with non-relatives	Male Living Alone	Female Living Alone
<100% poverty	5.0%	5.9%	24.6%	20.0%	23.1%	26.9%
100+% poverty	95.0%	94.1%	75.4%	80.0%	76.9%	73.1%
US Census 2000						

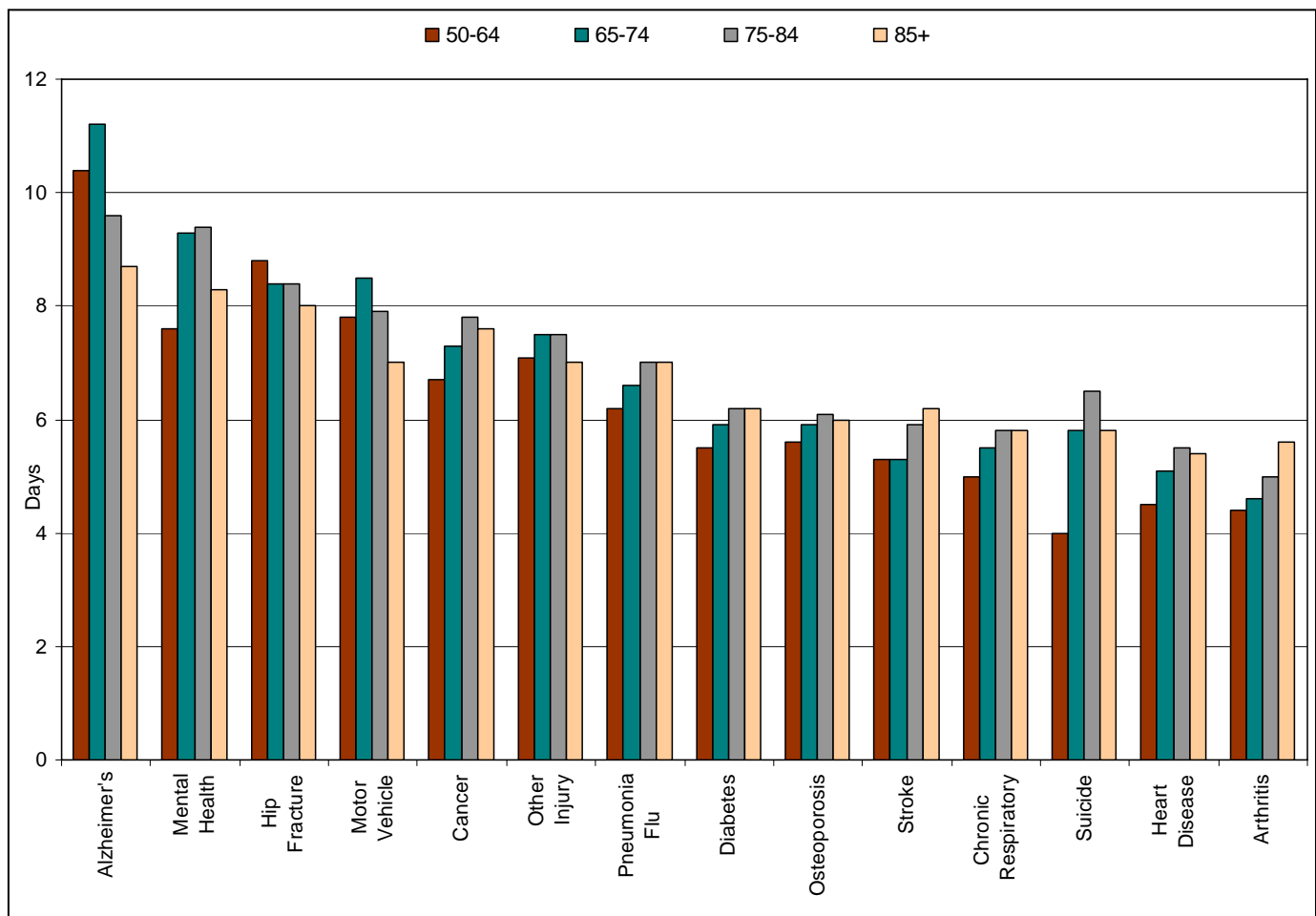


Percent Home Ownership by Age, Western Region and NC					
	45-54 years	55-64 years	65-74 years	75-84 years	85+ years
North Carolina	78.3%	83.3%	84.6%	80.4%	72.2%
Region	81.0%	85.9%	87.8%	84.1%	76.2%
Avery	85.5%	88.5%	91.8%	89.4%	87.9%
Buncombe	77.3%	82.5%	85.3%	80.8%	74.7%
Cherokee	85.2%	89.1%	89.5%	85.1%	79.1%
Clay	87.2%	91.5%	90.0%	86.8%	79.0%
Graham	86.8%	87.8%	89.6%	84.8%	72.5%
Haywood	80.8%	86.9%	88.0%	85.7%	79.0%
Henderson	81.8%	87.8%	90.7%	87.2%	74.1%
Jackson	82.3%	88.5%	86.5%	85.0%	86.2%
McDowell	82.1%	85.3%	86.8%	82.6%	77.0%
Macon	84.7%	89.4%	90.6%	87.1%	84.2%
Madison	82.8%	85.2%	86.0%	85.0%	72.8%
Mitchell	85.9%	88.0%	88.2%	87.1%	81.8%
Polk	83.4%	88.6%	88.6%	77.5%	62.6%
Rutherford	81.0%	82.9%	85.6%	81.8%	73.1%
Swain	82.3%	85.0%	84.3%	80.6%	77.9%
Transylvania	81.7%	88.7%	90.4%	90.4%	78.7%
Yancey	85.9%	87.6%	88.7%	83.6%	77.6%
Western Region	81.0%	85.9%	87.8%	84.1%	76.2%
US Census 2000					

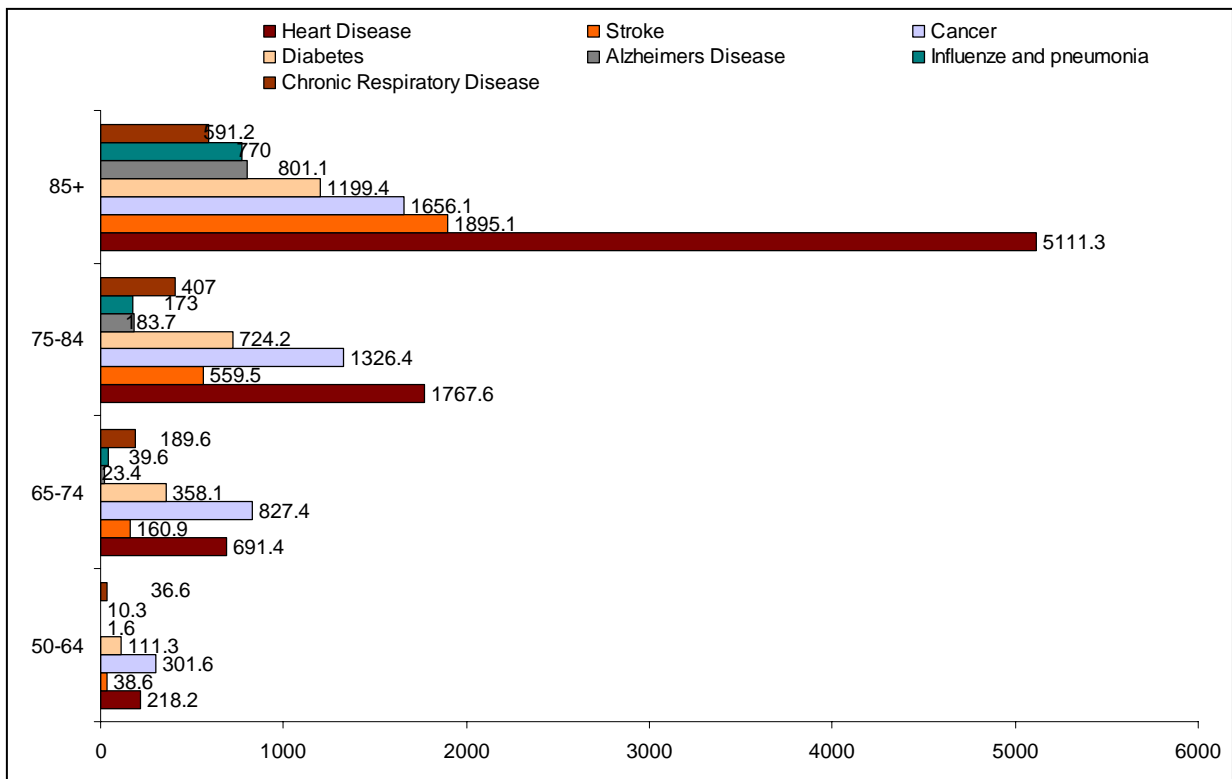


North Carolina Hospitalization Average Length of Stay by Disease by Age (1999-2001)				
	50-64	65-74	75-84	85+
Alzheimer's	10.4	11.2	9.6	8.7
Mental Health	7.6	9.3	9.4	8.3
Hip Fracture	8.8	8.4	8.4	8
Motor Vehicle	7.8	8.5	7.9	7
Cancer	6.7	7.3	7.8	7.6
Other Unintentional	7.1	7.5	7.5	7
Pneum/Influenza	6.2	6.6	7	7
Diabetes	5.5	5.9	6.2	6.2
Osteoporosis	5.6	5.9	6.1	6
Stroke	5.3	5.3	5.9	6.2
Chronic Respiratory	5	5.5	5.8	5.8
Suicide	4	5.8	6.5	5.8
Heart Disease	4.5	5.1	5.5	5.4
Arthritis	4.4	4.6	5	5.6

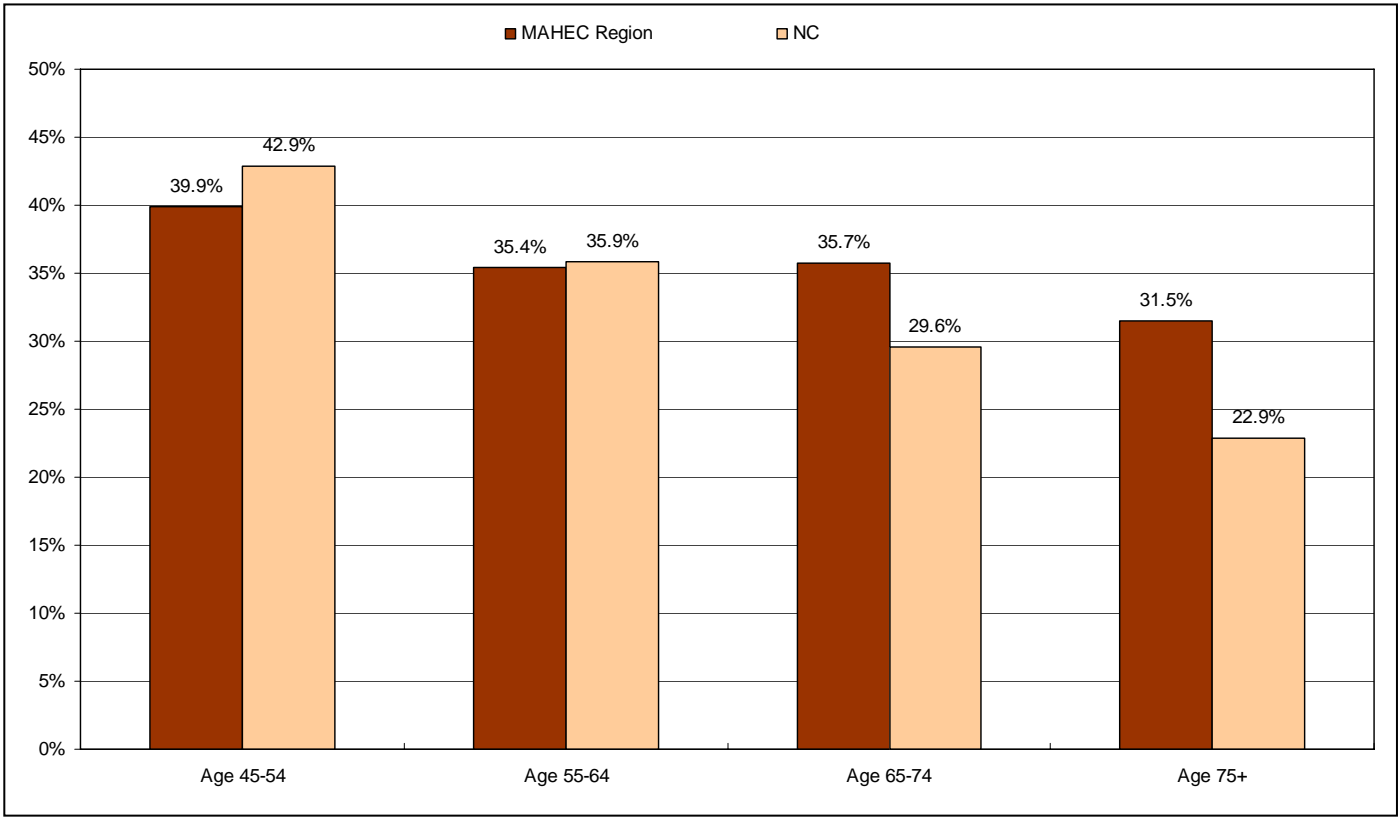
Joint publication of the State Center for Health Statistics and Older Adult Health Branch, NC division of Public Health and NC Division of Aging, NC DHHS, 4-03



North Carolina Death Rates by Cause by Age (1999-2001)				
	50-64	65-74	75-84	85+
Heart Disease	218.2	691.4	1767.6	5111.3
Stroke	38.6	160.9	559.5	1895.1
Cancer	301.6	827.4	1326.4	1656.1
Diabetes	111.3	358.1	724.2	1199.4
Alzheimers Disease	1.6	23.4	183.7	801.1
Influenza and pneumonia	10.3	39.6	173	770
Chronic Respiratory	36.6	189.6	407	591.2
Joint publication of the State Center for Health Statistics and Older Adult Health Branch, NC division of Public Health and NC Division of Aging, NC DHHS, 4-03				



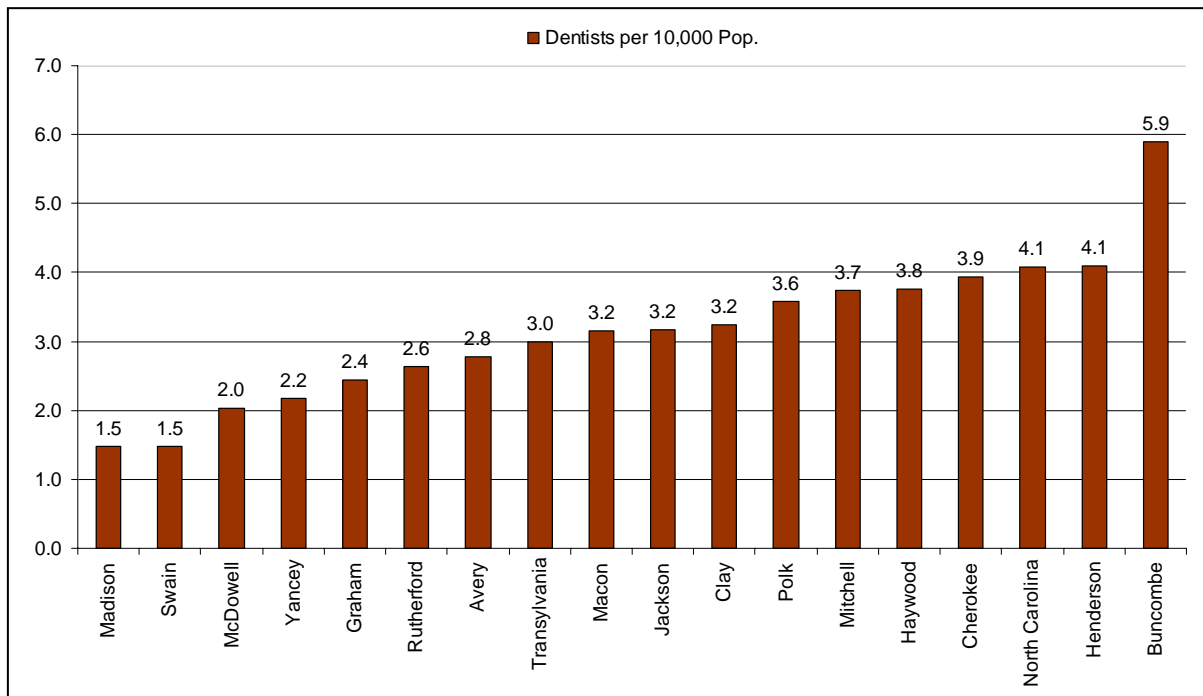
Percentage Who Say They Have Drunk Alcohol in the Past 30 Days		
	MAHEC Region	NC
Age 45-54	39.90%	42.90%
Age 55-64	35.40%	35.90%
Age 65-74	35.70%	29.60%
Age 75+	31.50%	22.90%
BRFSS, 2004. NC State Center for Health Statistics		



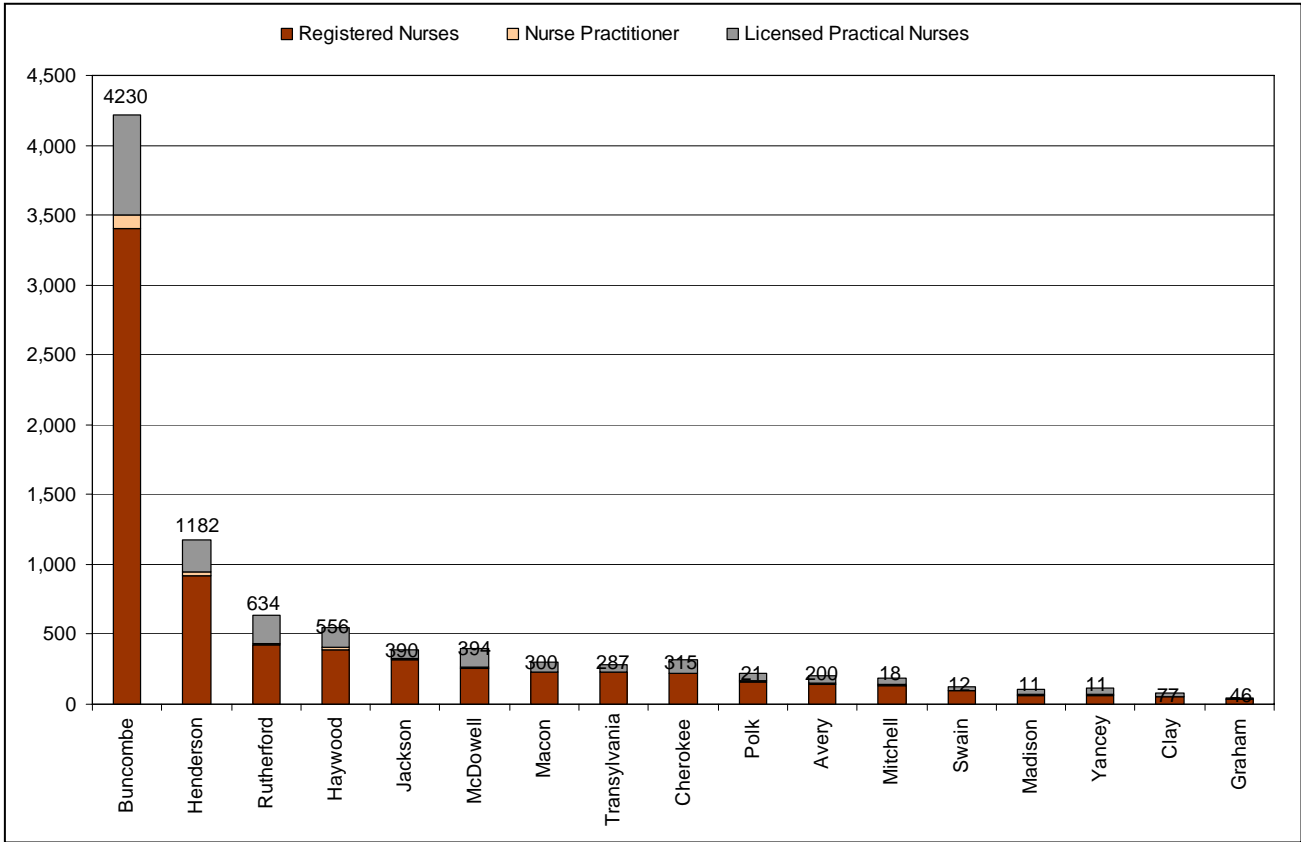
Dentists per 10,000 Population, Western Counties and NC, 2003

County	Dentists per 10,000 Pop.
Madison	1.5
Swain	1.5
McDowell	2.0
Yancey	2.2
Graham	2.4
Rutherford	2.6
Avery	2.8
Transylvania	3.0
Macon	3.2
Jackson	3.2
Clay	3.2
Polk	3.6
Mitchell	3.7
Haywood	3.8
Cherokee	3.9
North Carolina	4.1
Henderson	4.1
Buncombe	5.9

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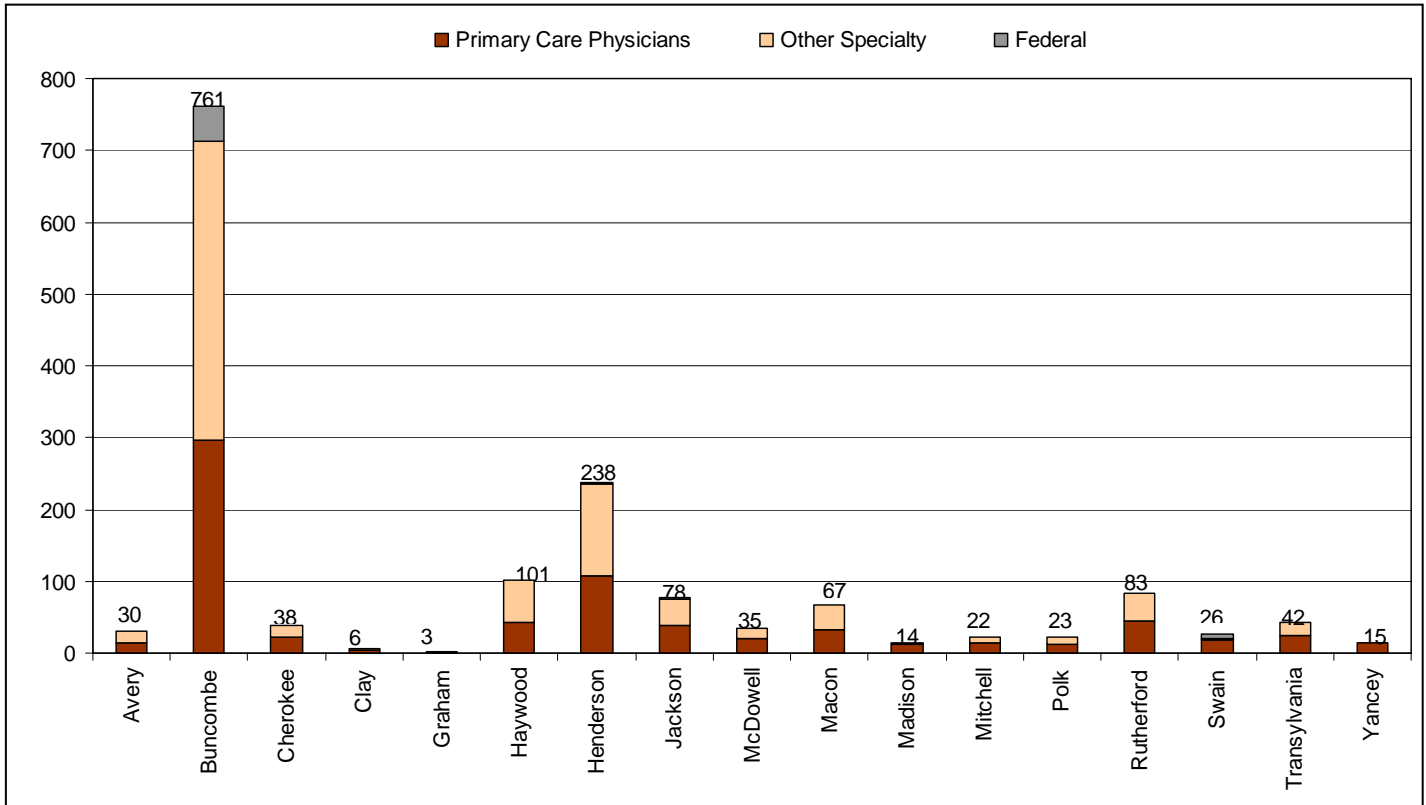


Number of Nurses in Western Region and NC			
County	Registered Nurses	Nurse Practitioner	Licensed Practical Nurses
Buncombe	3,408	94	719
Henderson	916	26	234
Rutherford	425	9	199
Haywood	392	13	147
Jackson	314	13	61
McDowell	259	8	127
Macon	231	2	66
Transylvania	230	1	56
Cherokee	220	5	90
Polk	160	6	52
Avery	142	5	52
Mitchell	135	7	44
Swain	95	4	26
Madison	66	3	40
Yancey	66	8	38
Clay	53	1	23
Graham	32	1	13
North Carolina	76,334	2,122	16,946
North Carolina Board of Nursing and the North Carolina Medical Board (NPs only) effective October 2003			



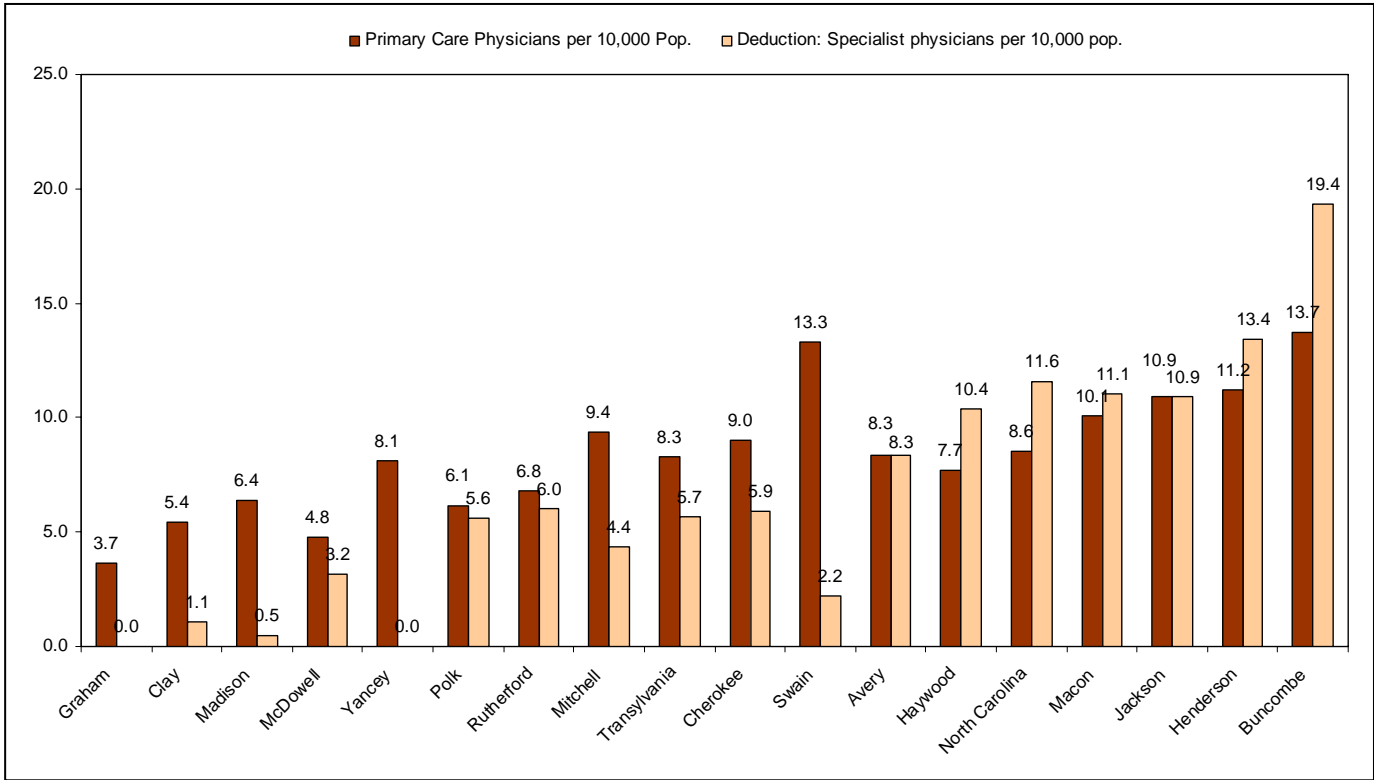
Number of Physicians by County (2003)			
	Other Specialty	Federal	Primary Care Physicians
Avery	15	0	15
Buncombe	417	48	296
Cherokee	15	0	23
Clay	1	0	5
Graham	0	0	3
Haywood	58	0	43
Henderson	128	3	107
Jackson	38	2	38
McDowell	14	0	21
Macon	35	0	32
Madison	1	0	13
Mitchell	7	0	15
Polk	11	0	12
Rutherford	39	0	44
Swain	3	5	18
Transylvania	17	0	25
Yancey	0	0	15

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Physicians per 10,000 Population, by Western County and NC (2003)		
County	Primary Care Physicians per 10,000 Pop.	Specialist Physicians per 10,000 pop.
Graham	3.7	0.0
Clay	5.4	1.1
Madison	6.4	0.5
McDowell	4.8	3.2
Yancey	8.1	0.0
Polk	6.1	5.6
Rutherford	6.8	6.0
Mitchell	9.4	4.4
Transylvania	8.3	5.7
Cherokee	9.0	5.9
Swain	13.3	2.2
Avery	8.3	8.3
Haywood	7.7	10.4
North Carolina	8.6	11.6
Macon	10.1	11.1
Jackson	10.9	10.9
Henderson	11.2	13.4
Buncombe	13.7	19.4

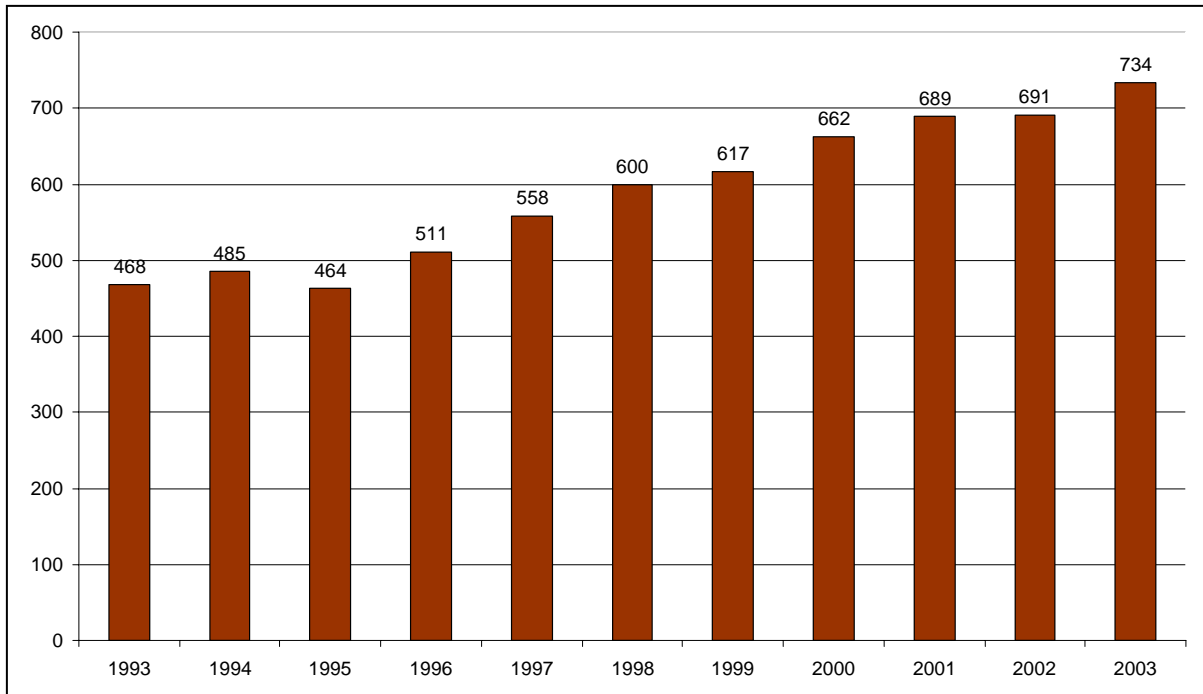
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Nbr of Primary Care Physicians in the Western Region, 1993-2003

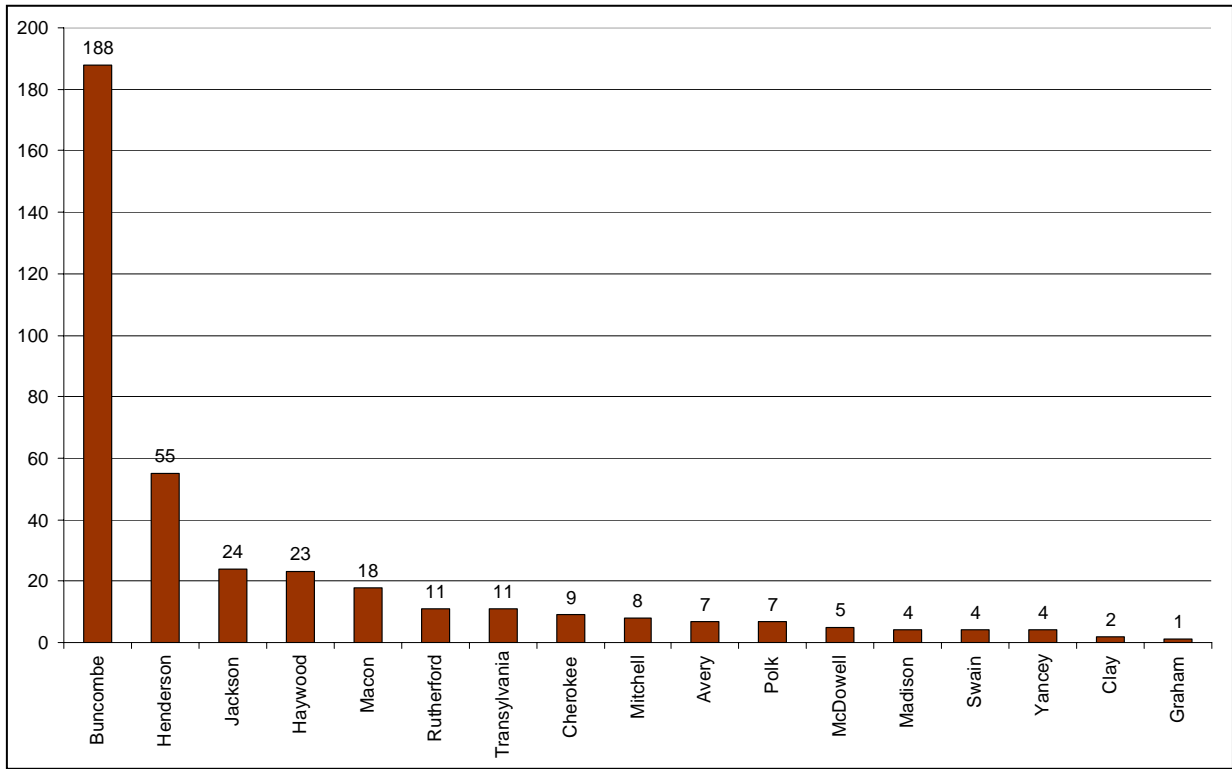
Year	Region
1993	468
1994	485
1995	464
1996	511
1997	558
1998	600
1999	617
2000	662
2001	689
2002	691
2003	734

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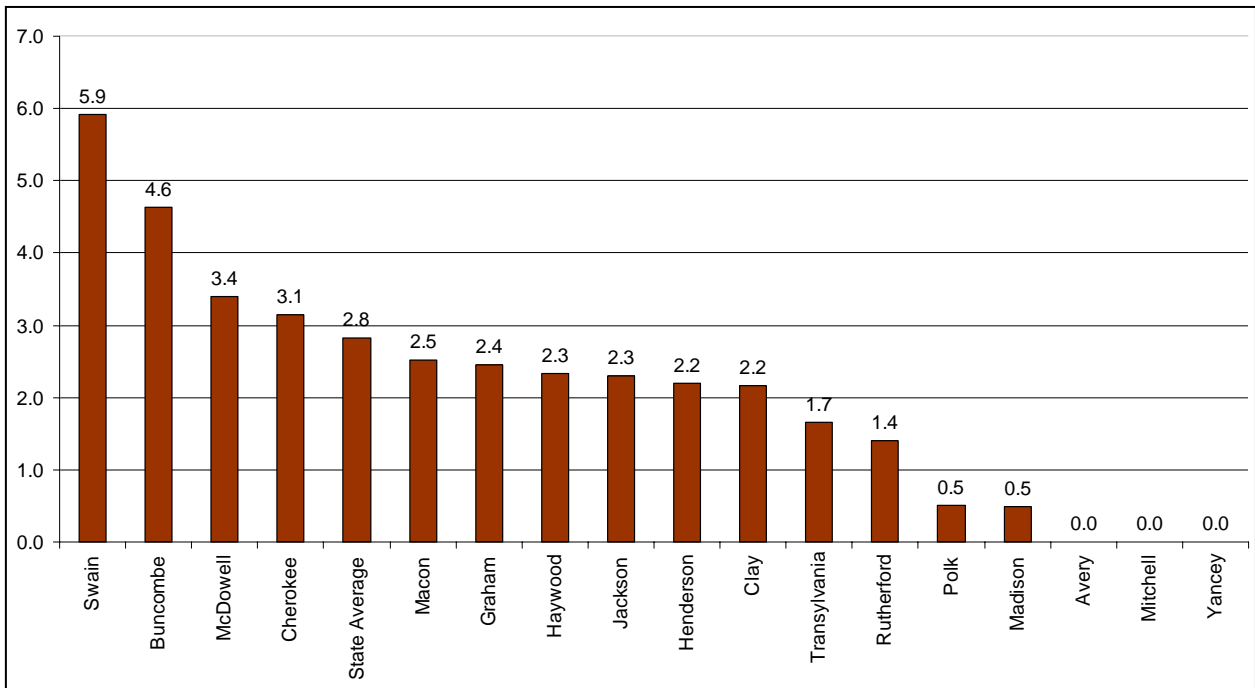
Physical Therapists in Western Counties (2003)	
County	Physical Therapists
Buncombe	188
Henderson	55
Jackson	24
Haywood	23
Macon	18
Rutherford	11
Transylvania	11
Cherokee	9
Mitchell	8
Avery	7
Polk	7
McDowell	5
Madison	4
Swain	4
Yancey	4
Clay	2
Graham	1

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Physicians Assistants per 10,000 Population, Western Counties and NC (2003)	
County	Physician Assistants per 10,000 Pop.
Swain	5.9
Buncombe	4.6
McDowell	3.4
Cherokee	3.1
State Average	2.8
Macon	2.5
Graham	2.4
Haywood	2.3
Jackson	2.3
Henderson	2.2
Clay	2.2
Transylvania	1.7
Rutherford	1.4
Polk	0.5
Madison	0.5
Avery	0.0
Mitchell	0.0
Yancey	0.0

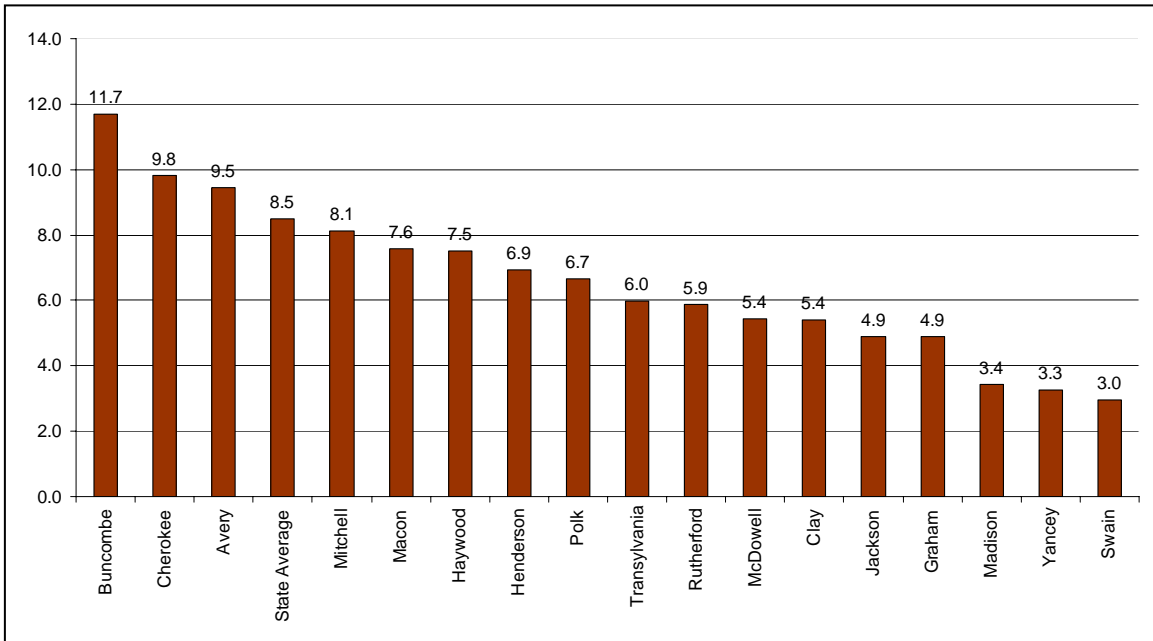
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Pharmacists per 10,000 Population, Western Counties and NC (2003)

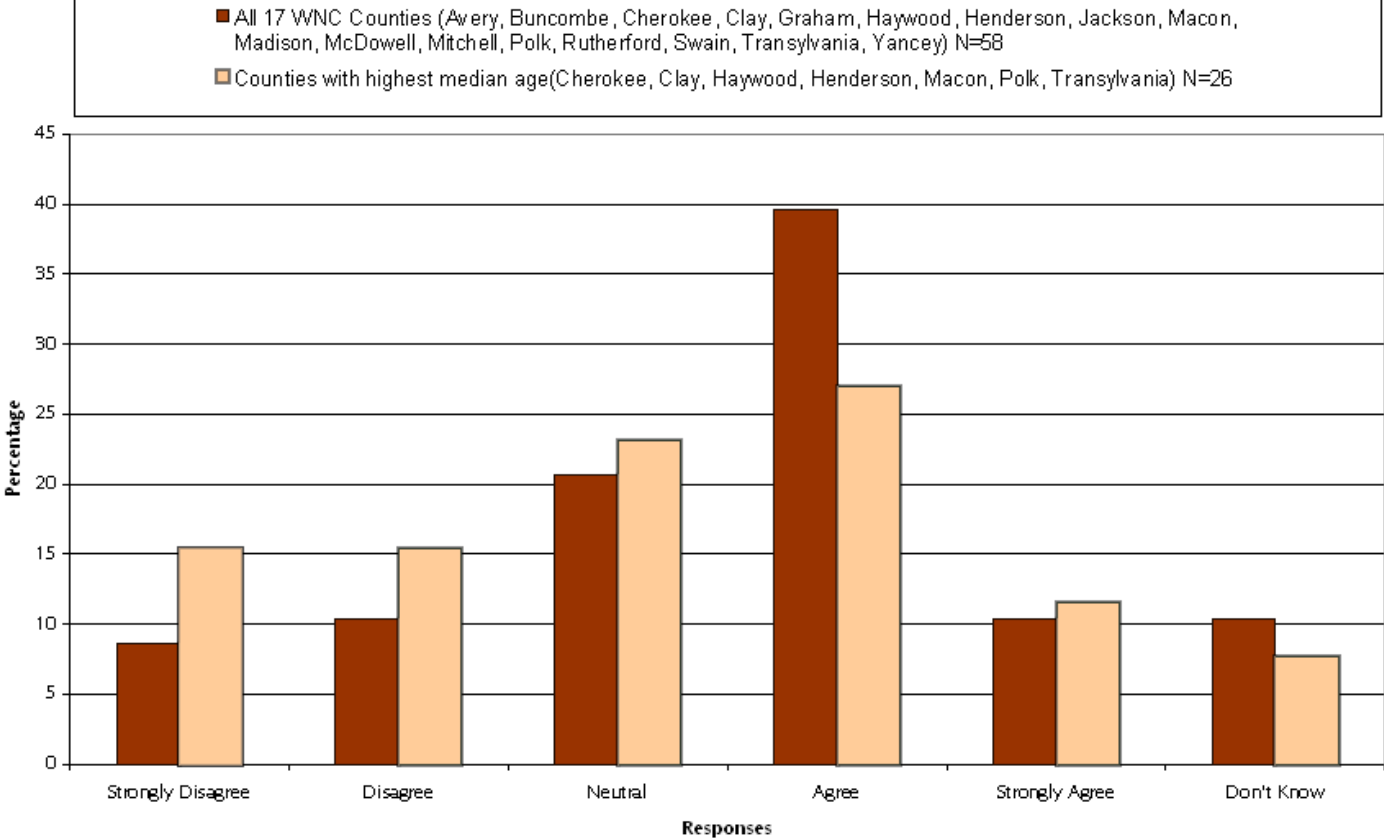
County	Pharmacists per 10,000 Pop.
Buncombe	11.7
Cherokee	9.8
Avery	9.5
State Average	8.5
Mitchell	8.1
Macon	7.6
Haywood	7.5
Henderson	6.9
Polk	6.7
Transylvania	6.0
Rutherford	5.9
McDowell	5.4
Clay	5.4
Jackson	4.9
Graham	4.9
Madison	3.4
Yancey	3.3
Swain	3.0

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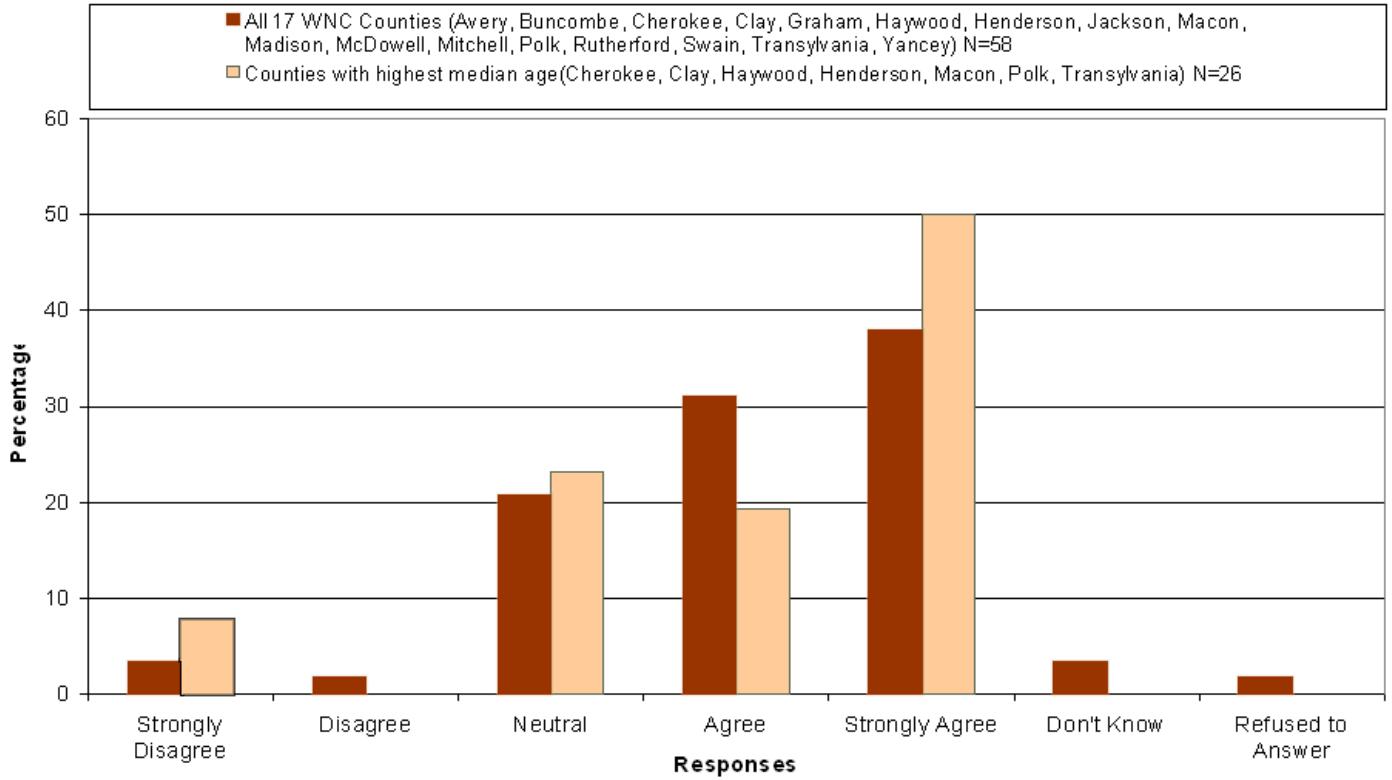
Basic Subsistence (Housing, Food & Utilities Assistance)

The local city or county governments have shown a commitment to providing assistance to the elderly in my community in the areas of housing, food, and other basic needs.



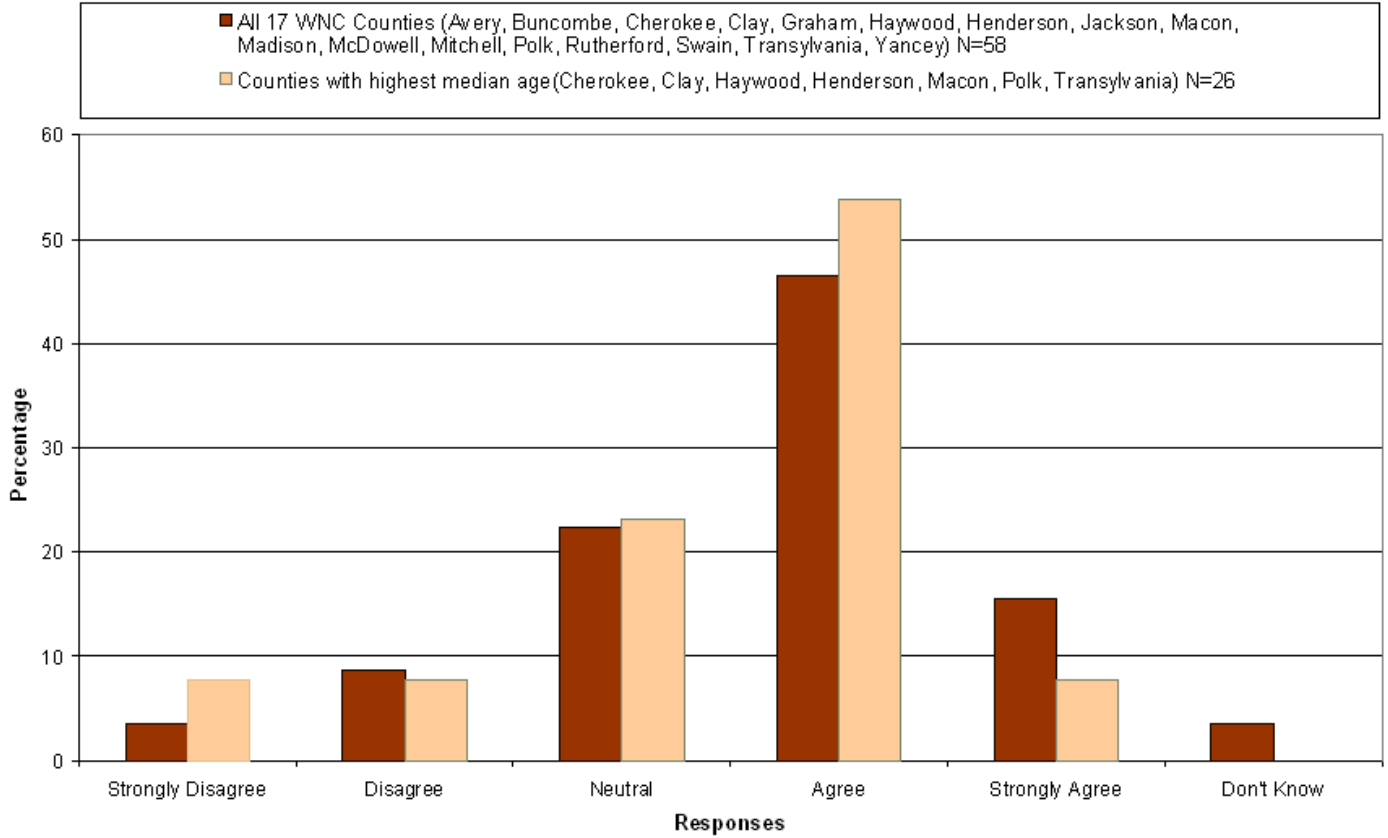
Basic Subsistence (Housing, Food & Utilities Assistance)

More needs to be done to provide resources that meet the basic needs of the elderly in my community.



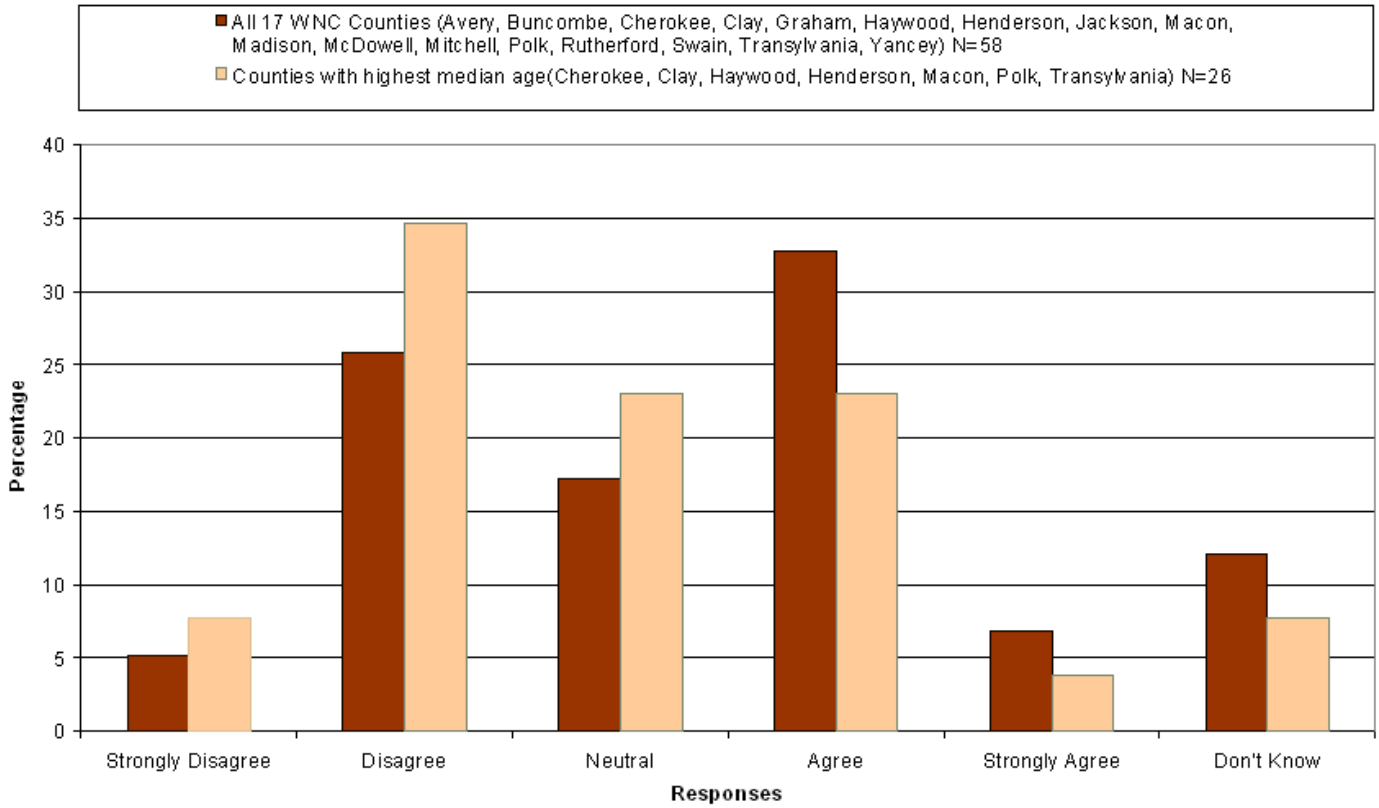
Basic Subsistence (Housing, Food, & Utilities Assistance)

In my community, the elderly rely on family or neighbors to help them with their basic subsistence needs.



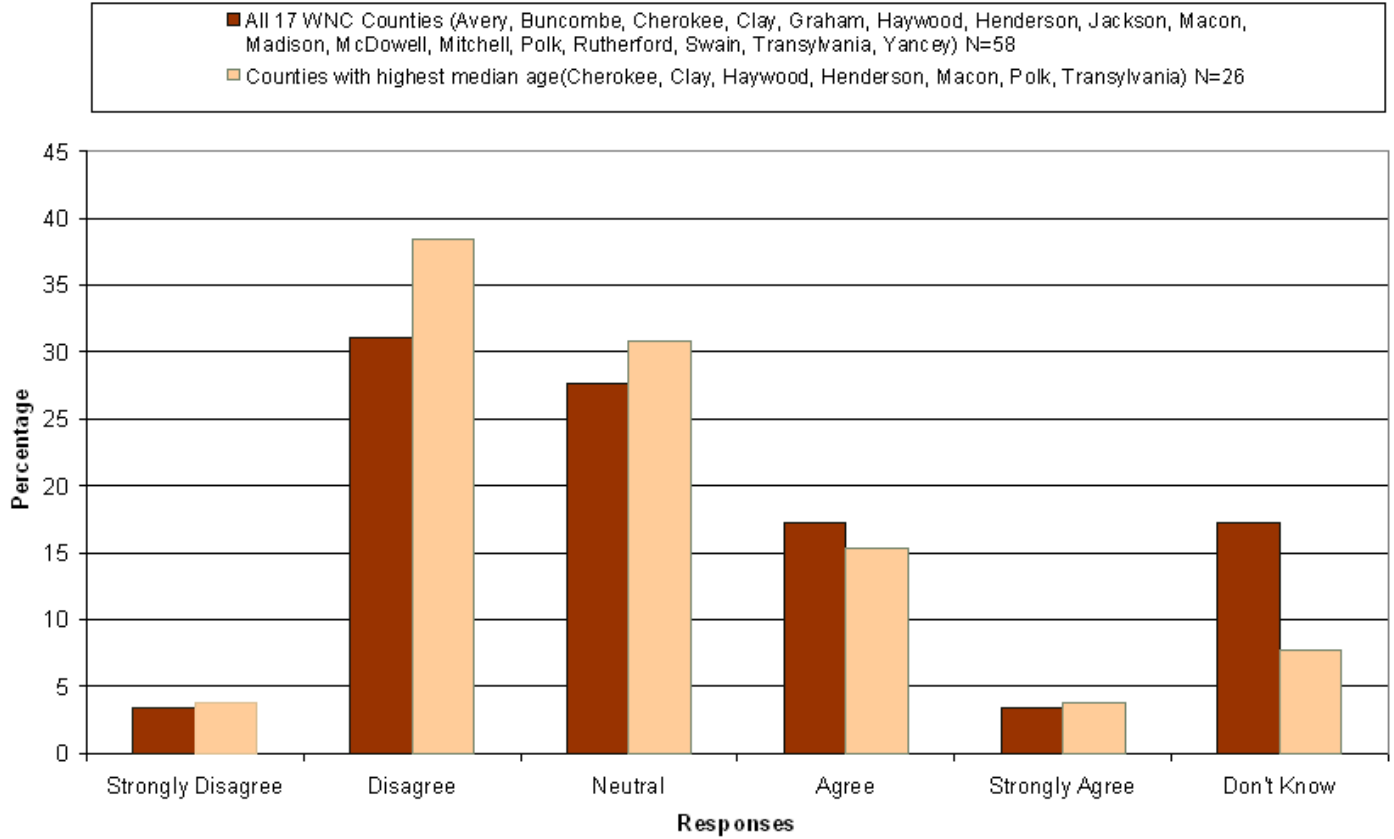
Health Care, Mental Health, and Substance Abuse

The supply of health care providers for the elderly in my community is adequate.



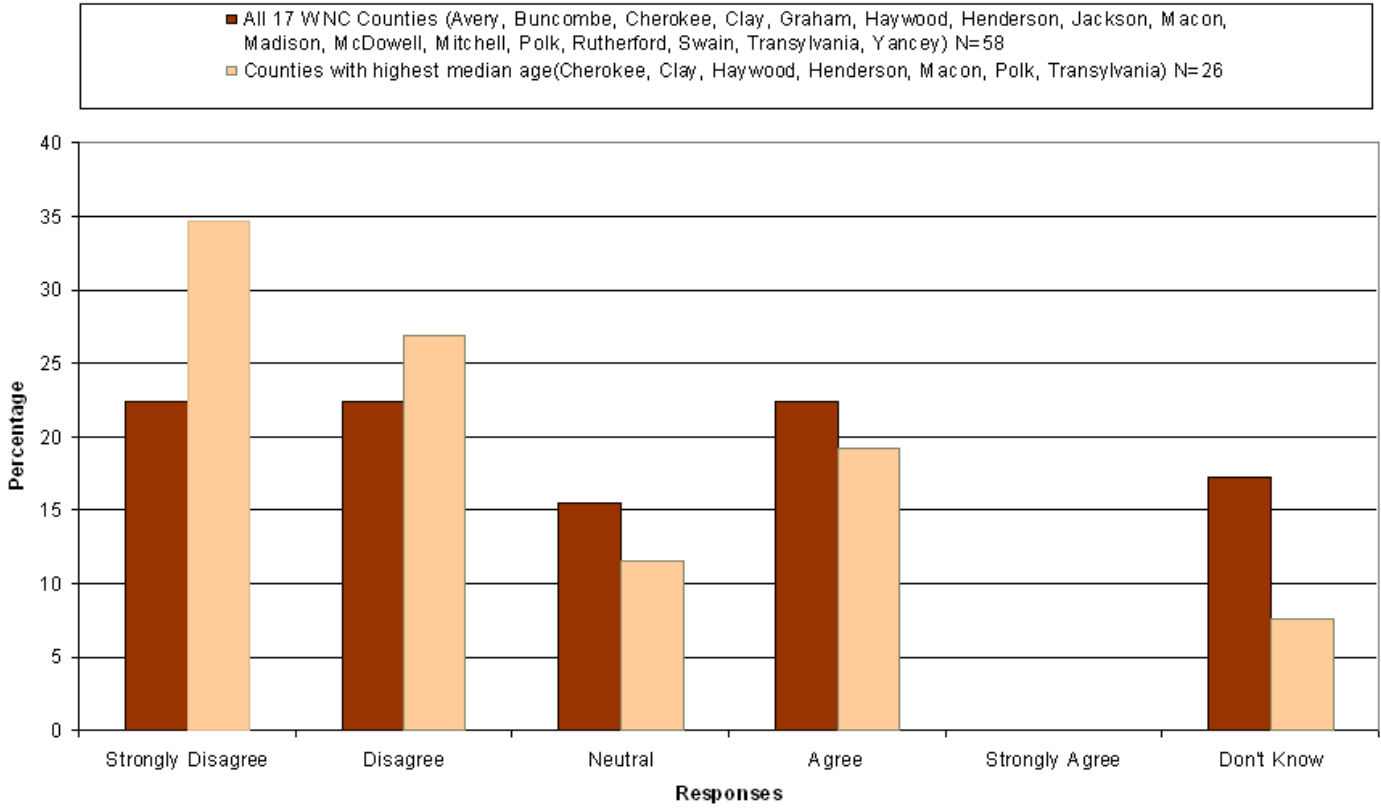
Health Care, Mental Health, and Substance Abuse

The health care needs of the elderly in my community are met.



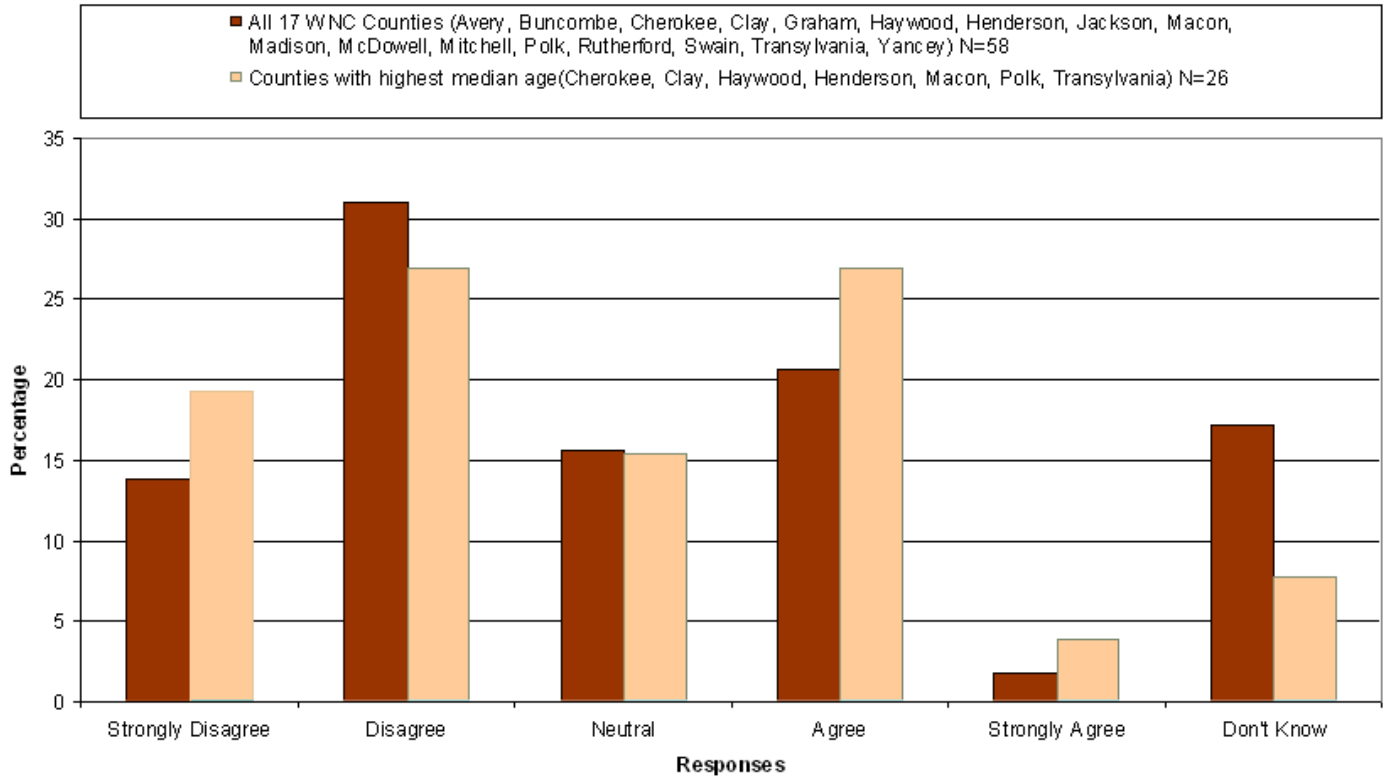
Health Care, Mental Health, and Substance Abuse

There are substance abuse centers where the elderly can seek treatment.



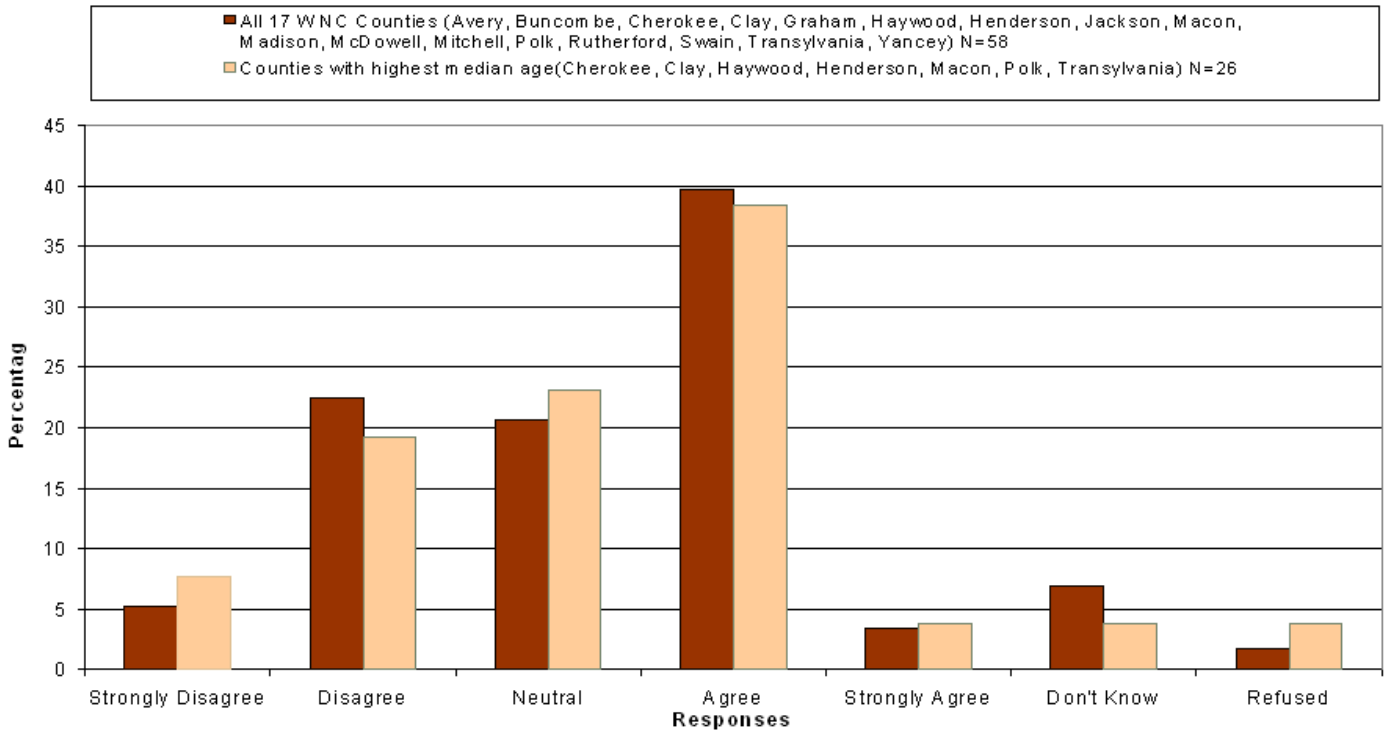
Health Care, Mental Health, and Substance Abuse

There are many support groups in my community to help the elderly deal with the struggles and issues relevant to aging.



Long Term Care, Assisted Living, Independent Living & Safety

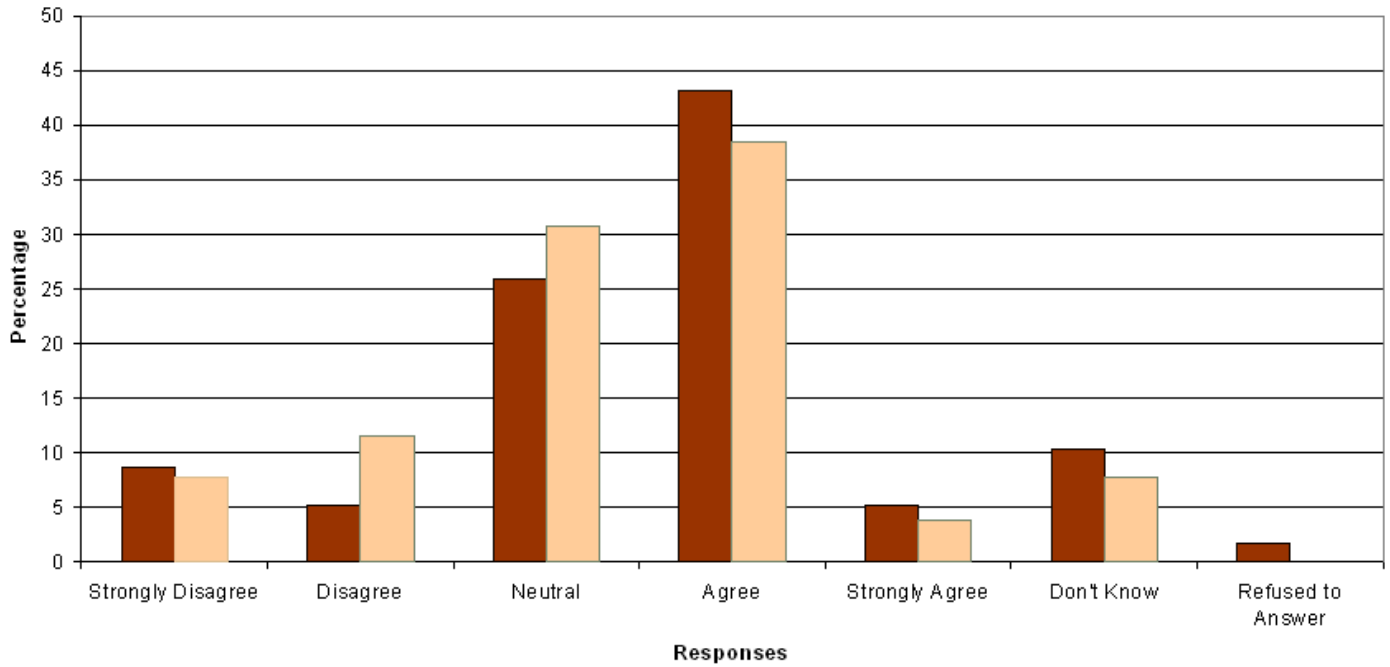
There is an adequate supply of long term care and nursing home facilities in my community.



Long Term Care, Assisted Living, Independent Living and Safety

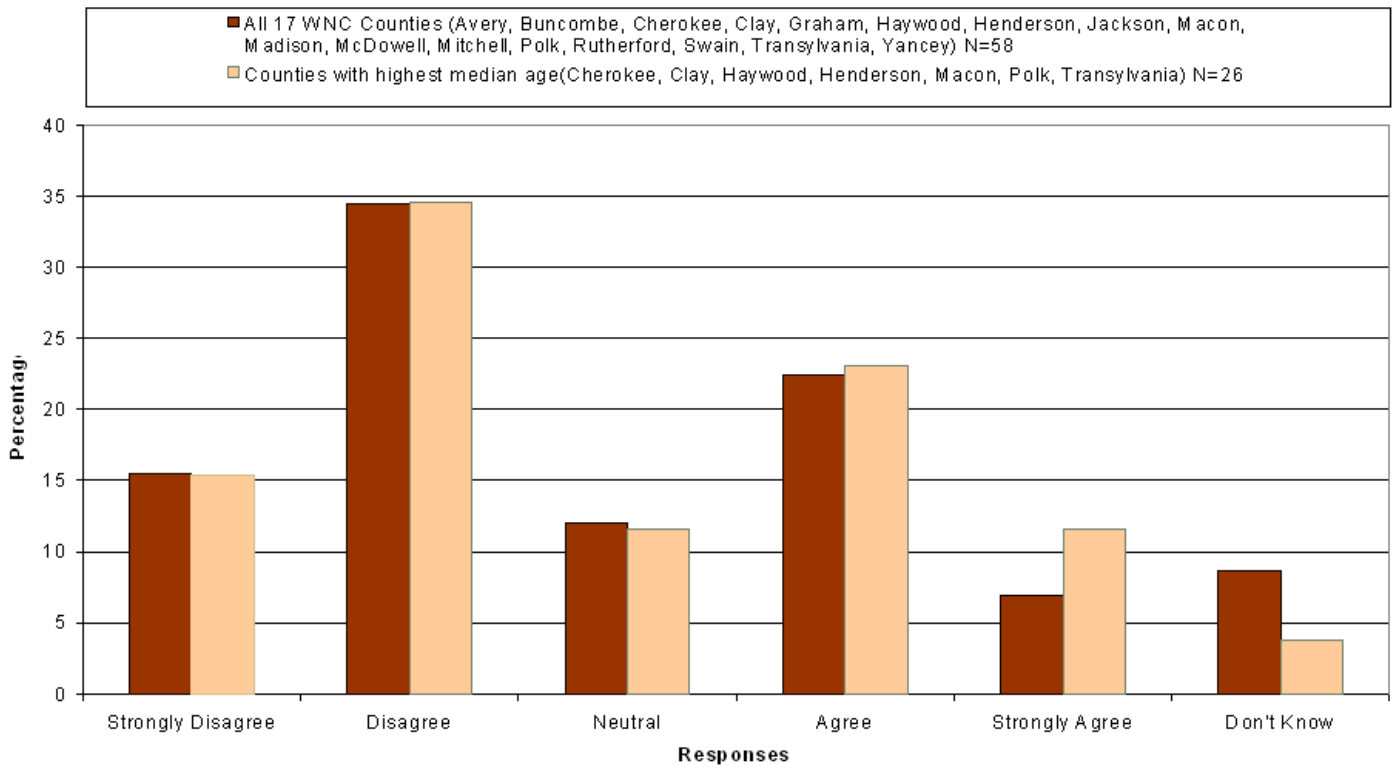
The long term care facilities in my community provide a nice environment for the patients.

■ All 17 WNC Counties (Avery, Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey) N=58
■ Counties with highest median age (Cherokee, Clay, Haywood, Henderson, Macon, Polk, Transylvania) N=26



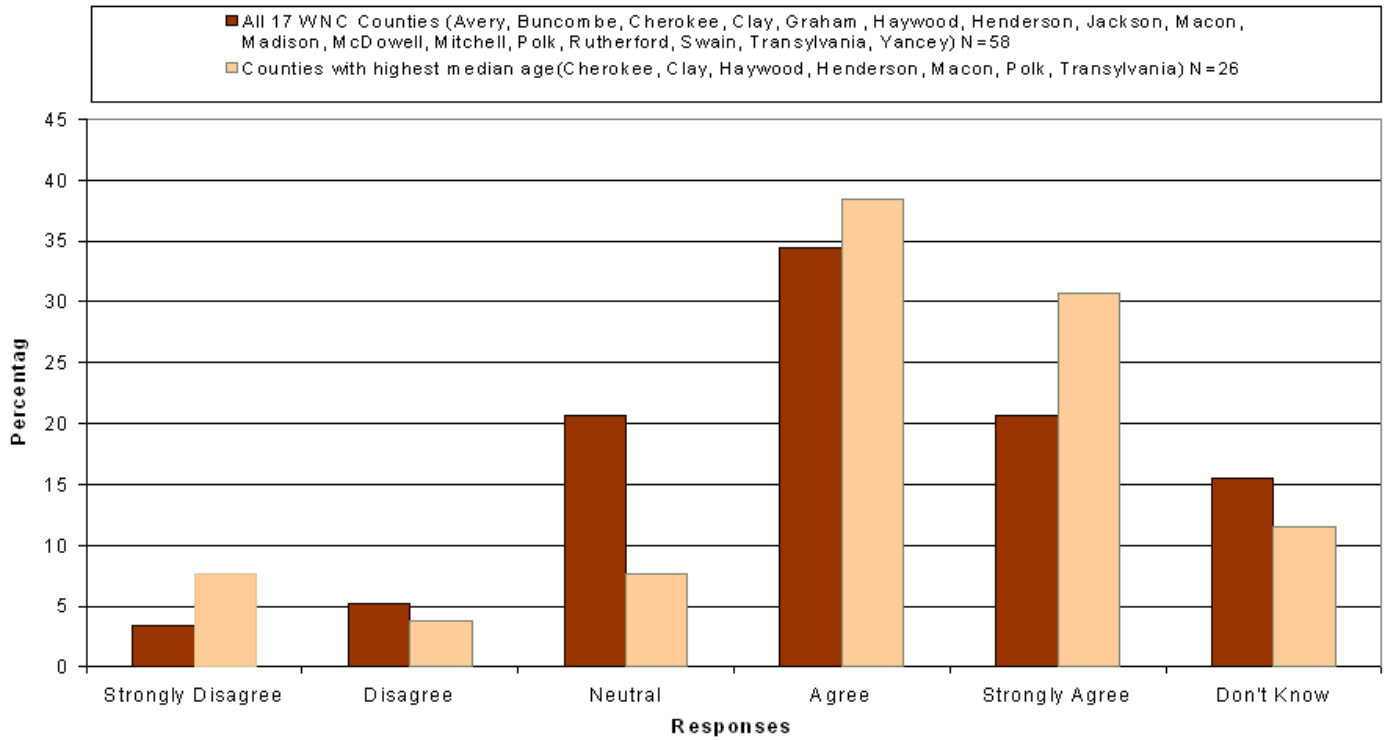
Long Term Care, Assisted Living, Independent Living & Safety

There is an adequate supply of assisted living facilities in my community.



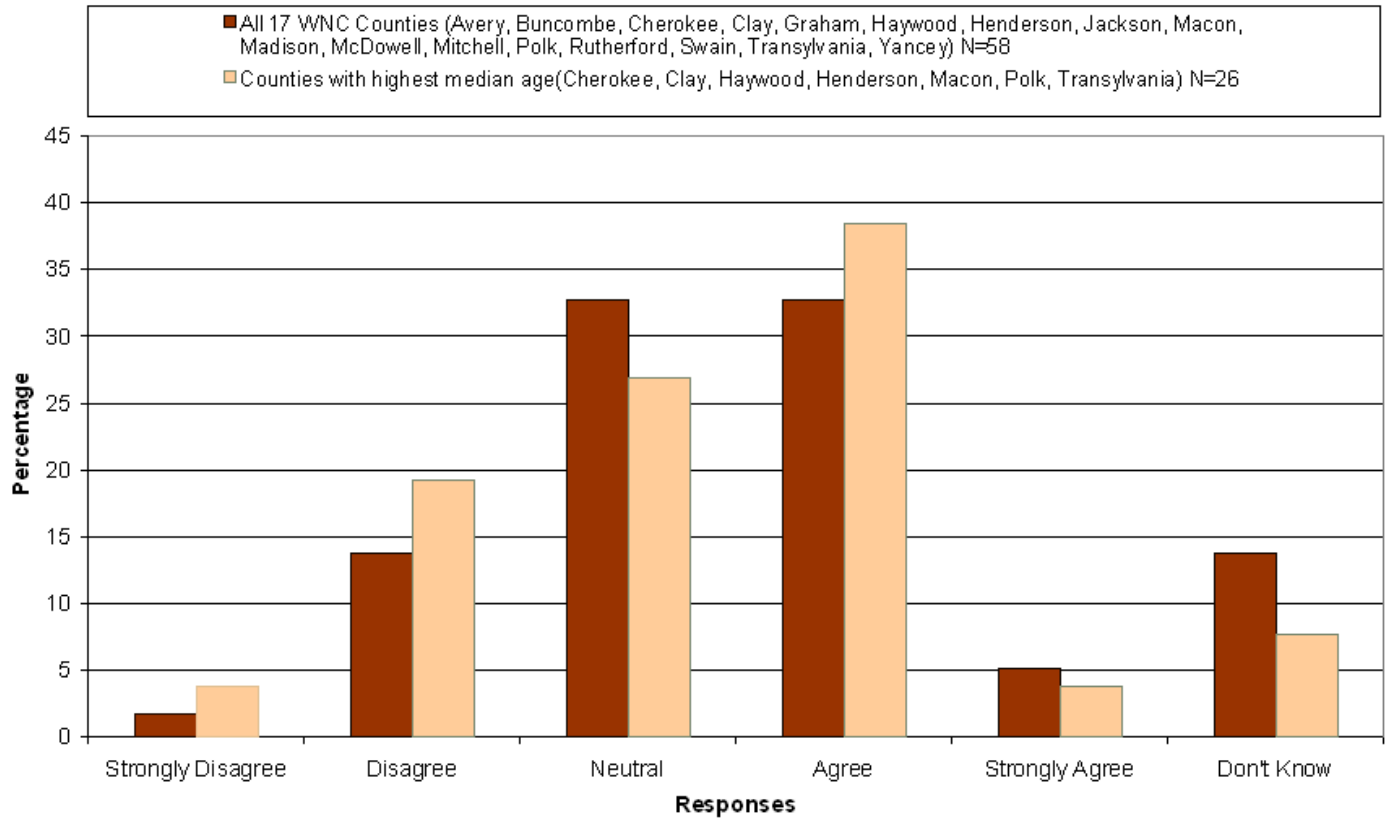
Long Term Care, Assisted Living, Independent Living & Safety

Many elderly live on their own in unsafe housing.



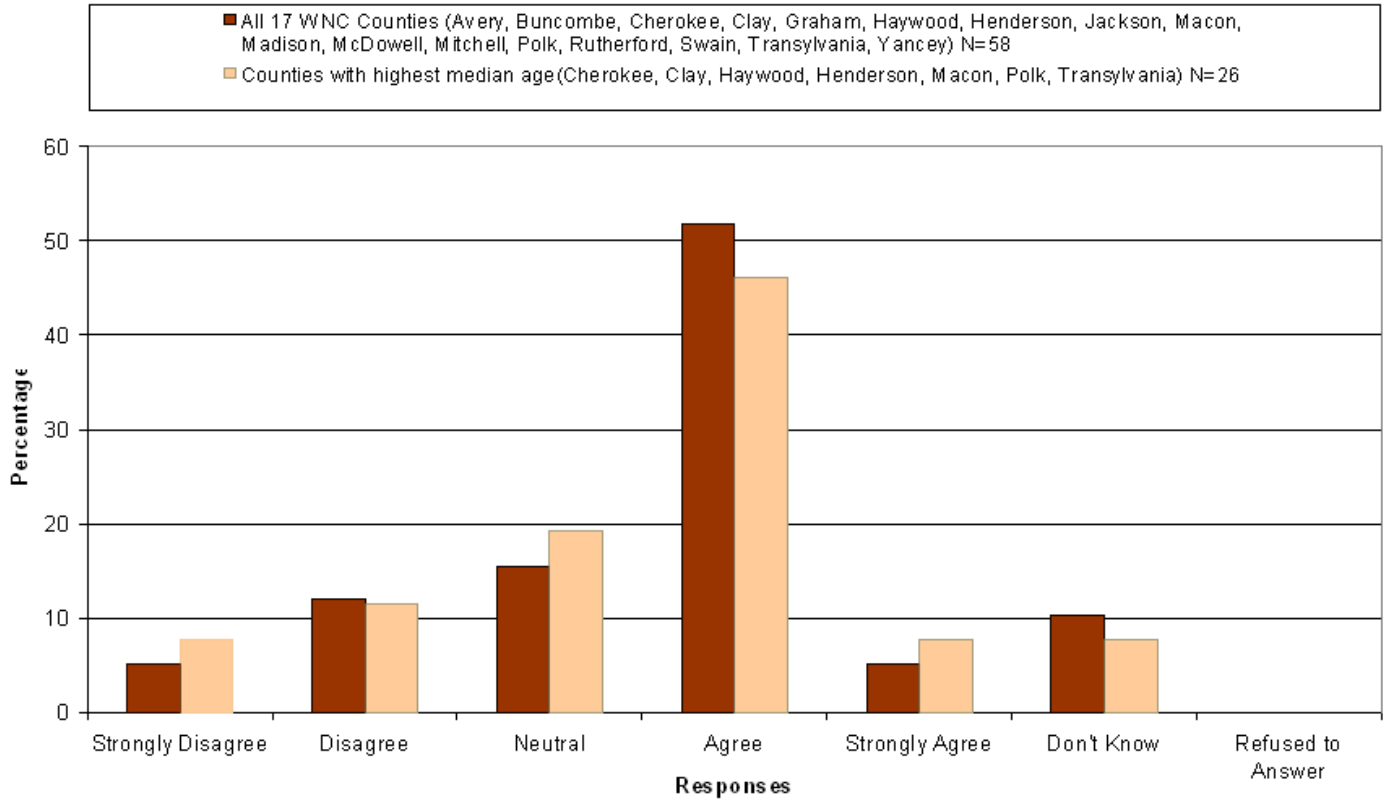
Long Term Care, Assisted Living, Independent Living and Safety

The safety needs of the elderly are addressed by community agencies and organizations.



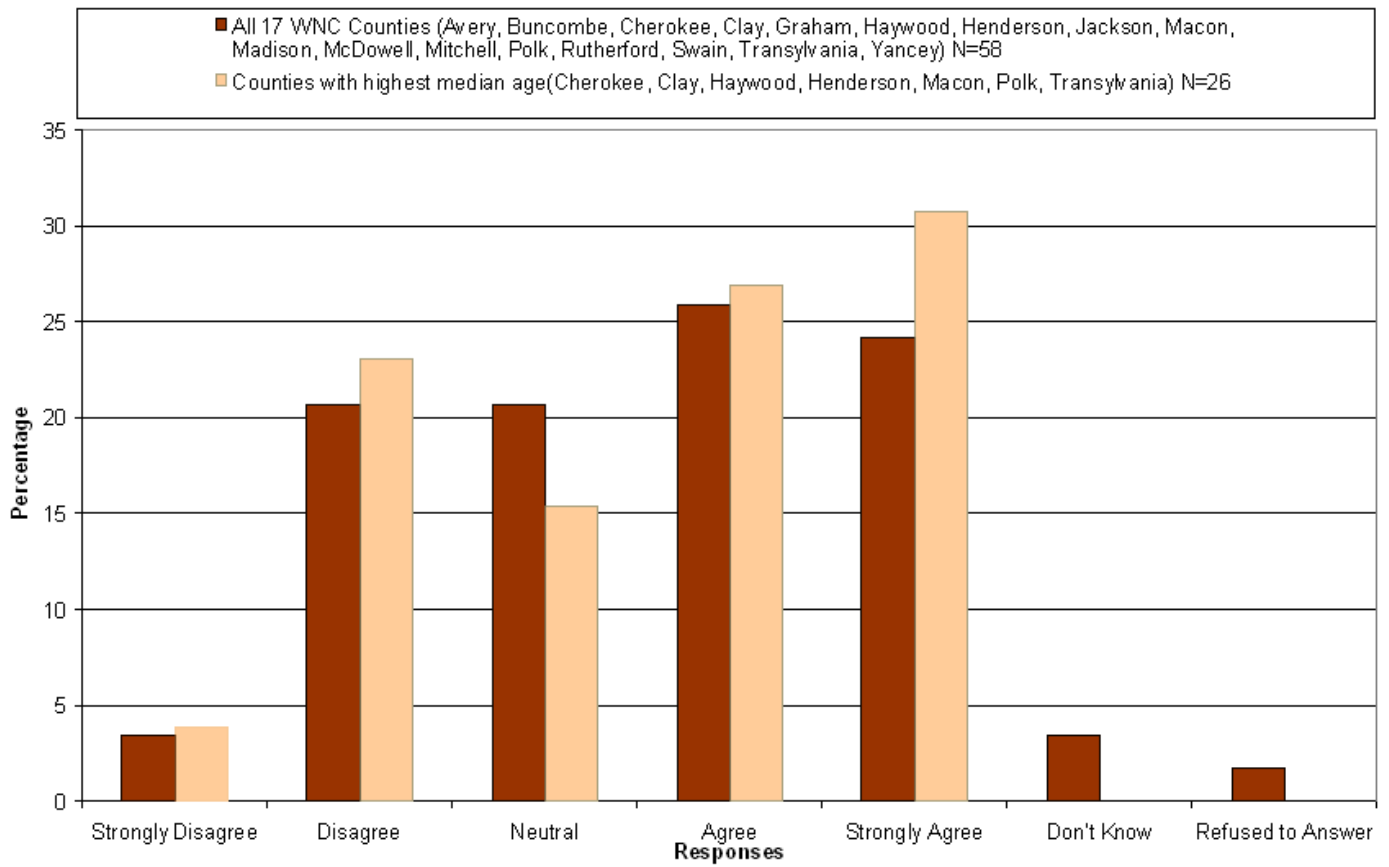
Long Term Care, Assisted Living, Independent Living and Safety

**It is easy to find out about long term care facilities
for the elderly in my community.**



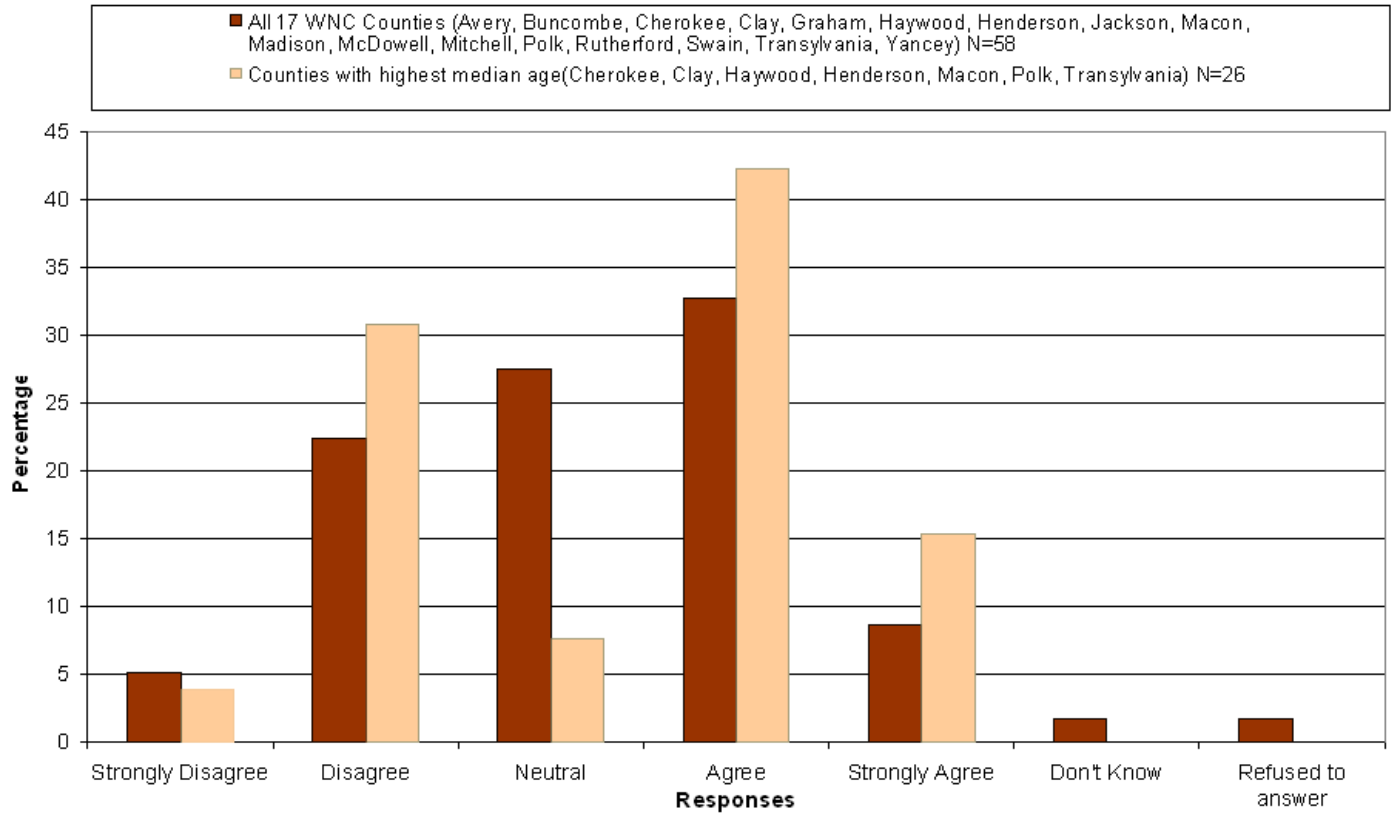
Transportation

Transportation options are limited for the elderly.



Life Enrichment

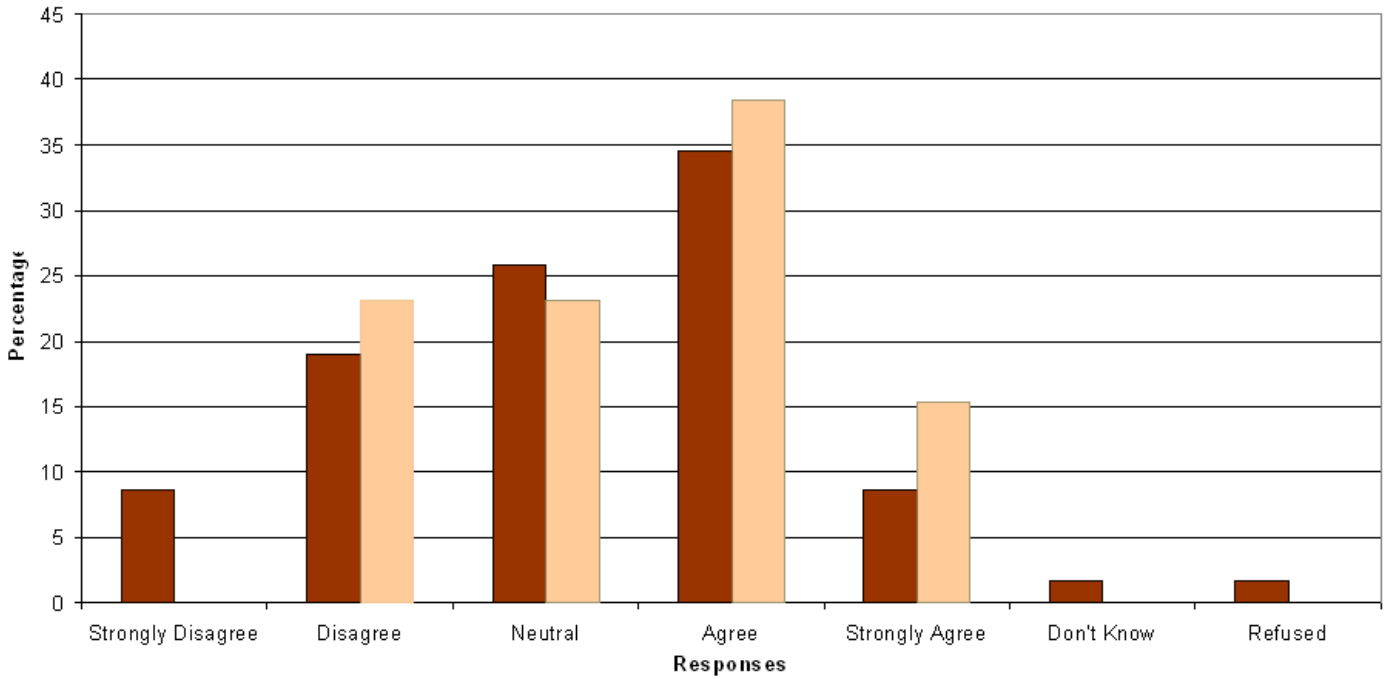
There are many opportunities for senior citizens to stay physically active.



Life Enrichment

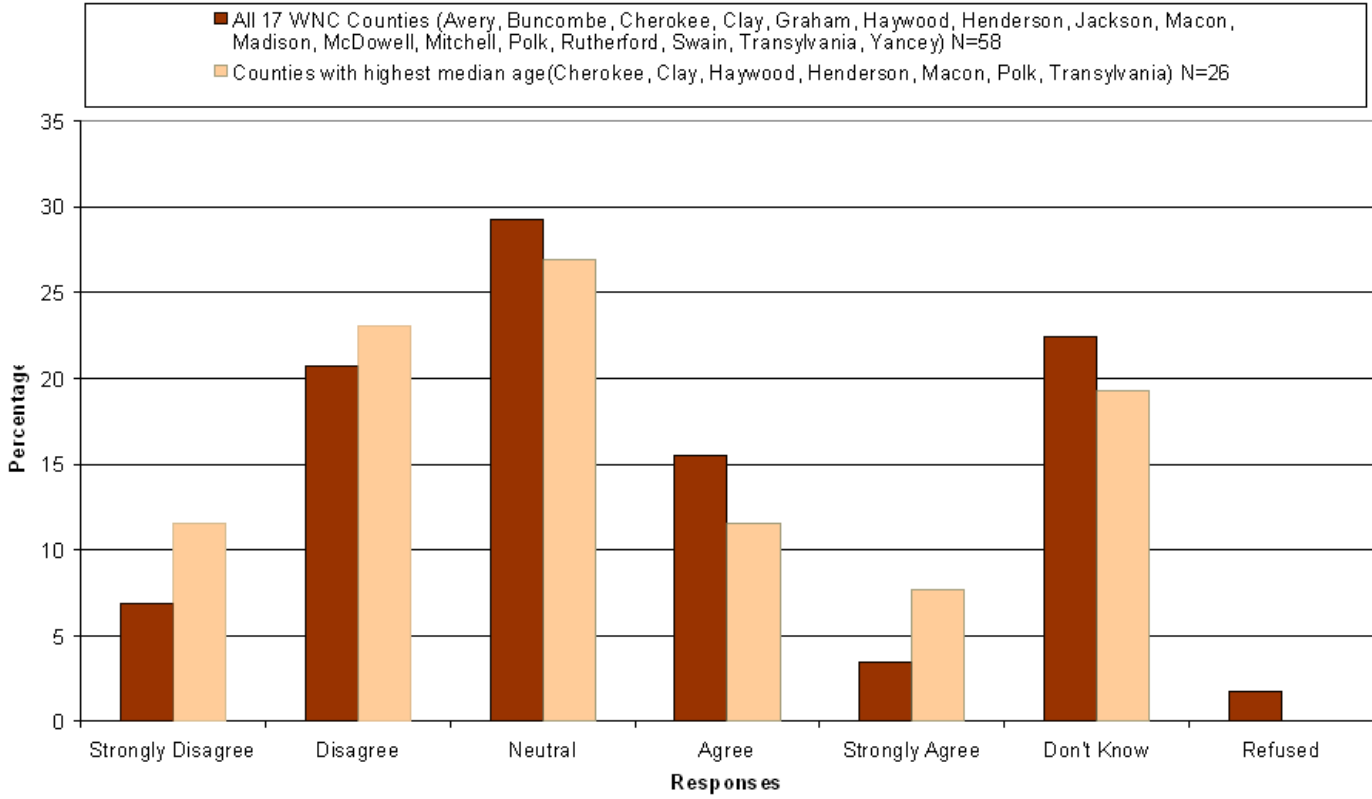
My community has many opportunities for senior citizens to stay active in the community and connect with people of all ages.

- All 17 WNC Counties (Avery, Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey) N=58
- Counties with highest median age (Cherokee, Clay, Haywood, Henderson, Macon, Polk, Transylvania) N=26



Legal, Tax and Financial Planning Assistance

There are adequate low-cost or free services available to the elderly to help with their legal, tax and financial planning needs.



Special Needs

There are adequate services for the disabled elderly.

