

South Central Partnership for Public Health Task Force for Primary Care and Worksite Wellness



The South Central Partnership for Public Health (SCPPH) includes
*Anson, Bladen, Cumberland, Harnett, Hoke, Lee, Montgomery,
 Moore, Randolph, Richmond, Robeson, Sampson, and Scotland*

Task Force Mission:

The primary focus of the task force will be to work toward a forum in the South Central region to include health directors, county commissioners, county managers, and others who will benefit from hearing what works and what challenges exist in offering a primary care clinic for county employees. The forum will take place in May or June, 2008. After the forum, a report outlining the findings from the region will be compiled and presented at a November statewide worksite wellness symposium at the Friday Center in Chapel Hill. After November, the task force will focus on implementing what works best in both primary care access and worksite wellness for county employees.

COUNTY	INITIATIVES in Worksite Wellness & Primary Care for County Employees
Lee	<ul style="list-style-type: none"> Lee County Primary Care Plus is an effort the health department has started that focuses on small employers who are not able to offer health insurance to their employees. For a fee (between \$25.00 and \$50.00 per person, per month, paid by the employer) the health department will provide primary care services to the employees. The challenge so far is in enrolling businesses into the program. More targeted marketing is getting started for the program. Lee County also has a CLEW program (County of Lee Employee Wellness) – they meet once a month to determine initiatives. It costs employees \$1.00 to use the enrichment center gym.
Moore	<ul style="list-style-type: none"> The Moore County Health Department coordinates a wellness works program and the county also offers an off-site county employee primary care clinic that is available full time by a contract private provider -- currently the provider is Sanford Medical. Sick and well visits are included. The County Commissioners have recently made all buildings and grounds smoke free. The County Manager also supports a physical fitness program coordinated by the risk benefits manager, Dawn Spivey Moore County participates in employee health and fitness day in May of every year. We should identify evaluation approaches to see how well employee clinic is working and how much of a cost savings is taking place.
Scotland	<ul style="list-style-type: none"> Scotland County provides wellness activities and services through their insurance provider for the county. They have a diabetes program, a walking program, and lunch-n-learns. The health educator does some employee health promotion through the Healthy Carolinians program.
Robeson	<ul style="list-style-type: none"> Since July '07 there have been wellness services offered for employees not affiliated with the health department. Robeson County contracts with a private company to provide wellness services for all county employees through the care of an FNP. The county wellness program is provided to everyone but if you choose not to participate, there is a \$25.00 fee per month. The county hired a wellness coordinator to oversee the efforts. Participation appears heaviest with

	<p>the health department employees.</p> <ul style="list-style-type: none"> • It is anticipated that results will be available in 5 years.
Montgomery	<ul style="list-style-type: none"> • Montgomery County did a survey with employees to investigate employee wellness. There was a very poor response rate however. • The health department holds lunch-n-learns. • Some wellness activities are sponsored by the insurance providers – Montgomery County is a self insured county and the insurance company changes pretty regularly. • The current insurance company sponsors the 10,000 steps program to encourage walking and employee wellness (HRAs, BMIs). • The County Manager did change a policy for break periods so that employees could get in 30 minutes of walking each day during working hours. • Capel Mills has a one day clinic for their employees in the county through 1st Health.
Bladen	<ul style="list-style-type: none"> • Bladen County partners with schools to provide a walking program. The program is growing with additional incentives (t-shirts) and they are adding county employees. The County Manager is very supportive. • A workplace wellness committee has started and will move toward the Eat Smart, Move More, Weigh Less model through a grant from the state PAN branch. • The county is currently looking for a PA or an FNP at the health department to help provide more primary care services. • The county encourages employees to sign up for the Blue Cross Blue Shield Blue Points program that focuses on wellness and measuring success. • The HD worked with the Chamber of Commerce to get smoke free restaurant signs up.
Harnett	<ul style="list-style-type: none"> • Recently the county has experienced a decrease in organized physical activities due to injury claims being filed from a softball team. • Although there is no formal walking program going on, there are good places to walk around the county buildings. • Harnett County Health Department partners with Rex Health Care to provide mobile van services to the community including county employees (focus on mammograms). • The Insurance provider for the county provides flu shots. • There is a water policy in place – provided at meetings. • Massages are also provided on site for \$5.00/5 minutes.
Anson	<ul style="list-style-type: none"> • Insurance provider for the county provides flu shots to employees • Wellness activities include the 10,000 steps program and the county manager is very supportive. • The health department and county employees used to have access to a shared gym with law enforcement, but it is rarely used as a shared resource. • There is a mobile clinic available for Anson county citizens that some employees may take advantage of “Healthy Ansonians.” • Smoke free policies are now in place in many Anson County buildings.
Richmond	<ul style="list-style-type: none"> • Richmond County has an employee health clinic on site at the Health Department that stays maxed out. Although there is a policy limit of 12 hours / week for county employees to use the clinic, that is almost always exceeded. • Employees may visit the clinic on county time. • The clinic is wellness focused instead of urgent care. Part time county staff, especially benefit a lot from the services offered. • The clinic is not available at all times – it is not a 24/7 primary care provider. • Richmond County contracts with LabCorp for lab work – basically everything that is available at a Drs office is available in the clinic through FNP and nursing care. • The clinic is having good success getting high BP and Diabetes patients under control.